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Women's Center Newsletter

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HAPPY NEW YEAR - INTERNATIONAL WOMEN'S YEAR!!

Women of the world are being united by International Women's Year which has been proclaimed by the United Nations for 1975. The U.N. has proclaimed the year as a call to action to promote equality between men and women; to integrate women into the total social and economic development effort of nations; and to recognize women's increasing contributions to strengthening world peace.

It is important that everyone give serious attention to International Women's Year, 1975. For a major world governmental body to finally recognize and actively support the efforts of 1/2 of the world's population is in itself a monumental statement. Not only will this affect the lives of women in "developed countries," it will also provide an excellent avenue for many of our less fortunate sisters in the third world.

Throughout the year, the U.N. will hold conferences, seminars and conventions to study the ways that women can be brought into the mainstream of the cultural and economic forces of the world. This will only be the first step in actively bringing to bear the powers of this major organization on the problems of women in our world society.

This year, for any woman interested in seeing the growth of world sisterhood, the U.N. is the place to look, listen and watch.

EVERYONE IS WELCOME

The Women's Center is located in the Old Journalism Building. It is open from 8 to 5, and the tea and coffee are always hot. You are welcome at the Center for information, relaxation, conversation, privacy and support. If you have an interest in a special area, such as self defense, consciousness-raising, etc., we will help organize groups. This newsletter will give you some idea of what's going on at the Women's Center. We'd like your reactions to our programs, so give us a call at 885-6616 drop by.

BROWN BAG SERIES

The popular brown bag series will be continued this semester. A variety of issues is presented in the informal atmosphere at the Women's Center, Wednesdays at noon. The following topics and speakers are scheduled for this semester. Bring your lunch and come.

- Feb. 5 - Birth Control - Jennie Hansen
- Feb. 12 - Literature - Betty Devereux
- Feb. 19 - WSU Women's Center - Donna Granville X
- Feb. 26 - Home Economics - Dr. Marie Carrano
- Mar. 5 - Women's Movement - Terry Anderson
- Mar. 12 - Motherhood Myth - Betty Devereux
- Mar. 19 - Spring Break
- Mar. 26 - Jobs - Sid Miller
- Apr. 2 - Women & the Law - Kathy O'Connell
- Apr. 9 - Women & the Law - Kathy O'Connell
- Apr. 16 - Gay Liberation
- Apr. 23 - Politics - Professor Heffron
- Apr. 30 - Dropout Rate - Dr. Jean Hill
- May 7 - Consumerism Clothing - Patti Jackson

FOCUS SERIES

Are you interested in alternative marriage and family relationships? Does women's liberation threaten marriage? Would you like to find a means to knowing yourself better? The focus series will provide a forum for studying the issues behind these questions. Topics this semester include on Jan. 28 and Feb. 4, International Women, Feb. 11, 18, 25, Mar. 4 and Mar. 11, Marriage and Alternatives will be discussed. Sensory Awakening is scheduled for Mar. 25. Know Yourself is the topic for April, Tuesday noon sessions. Included in this topic will be April 1, Yoga; April 8, Consciousness Raising; April 15, Religion; April 22, Counseling.

All focus series are held Tuesday noon at the Women's Center. Come interact - learn, teach, and participate.

This publication is on file at the International Women's History Archives, 2325 Oak, Berkeley, California 94708.

VOLUNTEER STAFF NEEDED

Do you have a spare hour during the week that you might like to spend meeting and talking with people in a friendly atmosphere; utilizing your talents on projects and ideas for and involving other people, or expanding your knowledge of your capabilities and helping others to realize theirs? These are just a few of the good experiences you would have as a member of the U. of I. Women's Center volunteer staff.

The Women's Center wants and needs all kinds of people with all outlooks on life. Volunteer time can be for as little or as much time per week as you desire.

If you haven't thought much about the Center before, you might check us out. We are doing a lot of meaningful things - for people.

WOMEN'S CENTER LIBRARY

The Women's Center is an excellent place for browsing through books and magazines in a warm, friendly, comfortable environment. Several magazines are readily available for your perusal including: "Ms," "Feminist Art Journal," "Momma," "The Executive Women," "Prime Time," "Amazon Quarterly," "Country Women," "Pandora," "Women Today," "Women's Press," and "Majority Report." The easy chairs and free coffee (and literary discussion if desired) complement your browsing.

The Center maintains a loan library and presently has a collection of over 100 books concerning women's as well as non-sexist children's books, which may be checked out for 2-week periods.

The Women's Center is also a resource center and maintains a collection of literature in an up-to-date file for several topics, including legislation, sexism in education, employment opportunities for women, birth control, discrimination, and many more. If you want to research a topic about women, the Women's Center can help and often can supply current and comprehensive information.

BOOK REVIEWS

Fear of Flying - If price has kept you from this book previously, you'll be happy to know it is now in paperback. Erica Jong has

done a good job of looking at a woman who is beginning to deal with her self, her sexuality, independence, and philosophies (Please don't let the cover of the book lead you astray - it is a fine book about a woman, written by a woman for other women.)

Betty Devereux

Mother's Day is Over - Shirley Radl builds a good case that not everyone is fit to be a mother. By interviewing hundreds of women, she is able to make us feel that we are not alone in our complicated emotions when it comes to dealing with our children. She shows the societal pressures, subtle and often not so subtle, which are brought to bear on all women. This book is strongly recommended for anyone seriously considering having a child - whether you are considering that option for your immediate future or as a long range possibility.

Betty Devereux

The Growth and Development of Mothers - This book deals with the emotions of guilt, anxiety and frustration that every mother feels but all are conditioned not to admit. Angela McBride, a psychiatric nurse uses her professional experience as well as her own personal experiences with her child to illustrate the sometimes technical and always complicated emotions she deals with. Again, even if you already have a child, this book is a must in learning about and dealing with the emotions and feelings you have about your child.

Betty Devereux

The Four-Gated City - Doris Lessing - The Last in a quartet; Martha Quest continues to experience her life, digest it, and validate her motives, conclusions, and discretions. During this book she develops an involved relationship with an insane woman who has flashed on wisdom unnoticed by those who feel they are sane and she insane. Martha's brave, fresh and strong pursuit of her own perceptions is dramatically created by Doris Lessing providing supportive material for self knowledge and legitimate individualism.

Jane Leeson

Restless Spirit - This is a biographical work on Edna St. Vincent Millay, the leading poet of our country in the early part of

our country in the early part of this century and even now regarded as a leader. This work is well documented, written with warmth and interest, and accompanied by several examples of her poetry.

Jane Leeson

An Ancient Gesture - One example of more work by Edna St. Vincent Millay is:

I thought, as I wiped my eyes on the corner of my apron:
Penelope did this too.
And more than once: you can't keep weaving all day
And undoing it all through the night;
Your arms get tired, and the back of your neck gets tight;
And along towards morning, when you think it will never be light,
And your husband has been gone, and you don't know where, for years,
Suddenly you burst into tears;
There is simply nothing else to do.

And I thought, as I wiped my eyes on the corner of my apron:
This is an ancient gesture, authentic, antique,
In the very best tradition, classic, Greek:
Ulysses did this too.
But only as a gesture, -a gesture which implied
To the assembled throng that he was much too moved to speak.
He learned it from Penelope
Penelope, who really cried.

STOP THE WORLD WE WANT TO GET ON!

The American Association of University Women (AAUW) and the Women's Center are co-sponsoring the day long conference, "Stop The World, We Want to Get On." The conference is for community and campus women. It is designed to "build women's self confidence to take themselves seriously; to determine and value their needs and then to implement these in their lives." A main reference for the conference is the book, Stop the World We Want to Get On. This book will be available at the Public Library and the Women's Center in early February for pre-conference inspection.

The conference is Feb. 22, 9-4:30, Moose Lodge. Registration fee of \$1.50 is charged to offset costs of conference. Pre-registration is urged and can be done by calling: Women's Center (885-6616). Lunch is bring your own. Bring a friend!

SPEAKERS BUREAU

In an effort to approach and communicate with people, the Women's Center now has a speakers bureau. If your organization, living group, or group of friends is interested in the Women's Center and the Women's Movement, we will be happy to arrange a speaker for you.

COURSES

For a better understanding of the changes in contemporary society, two courses are currently offered at the U. of I.

Women's and Men's Roles in Society, Guid. and Coun. 200. This two-credit course is taught Tuesdays and Thursdays at 10:00 A.M. The purpose of this course is to examine the traditional roles, and explore the social forces that are changing these norms.

Rhetoric of the Feminist Movement, Speech 191. This one-credit course is taught on Tuesdays and Thursdays at 9:00 A.M. Taught by Dr. Mendoza, this course will analyze the speeches and writings of women prominent in the development of the women's rights movement.

WSU WOMEN'S CENTER

The focus series for February at the Center is titled, "Exploring the Total Woman." The series is held in the Center in Pullman, Thursdays at noon. The following sessions are scheduled.

- Feb. 13 - Medical Care for Women
Barbara Kirschner
- Feb. 20 - Panel: Gay Women Speak
- Feb. 27 - Panel: Female sexuality (expectations of partners)

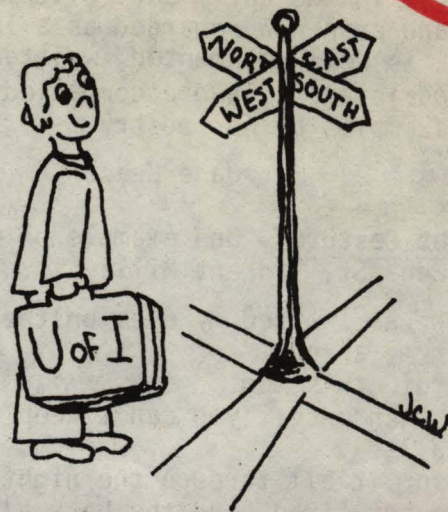
The WSU Women's Center is planning an all day workshop, "Assertiveness Training for Women" for Sat., Mar. 1. If you have an interest in this workshop, call the Center (335-6830) for details.

RAPE CRISIS LINE

We need volunteers interested in issues of rape to form a Moscow Rape Crisis Line and work with various agencies within the county regarding their dealings with rape. Contact Women's Center; training available.

INTERESTED IN WOMEN'S STUDIES?

If you have been thinking about expanding your knowledge about women, but have been frustrated by the University of Idaho's lack of programs, you should consider the National Student Exchange Program. The NSE Program provides U of I students an opportunity to attend other colleges and universities in the United States and take advantage of courses and experiences not offered here. Schools on the NSE Program which offer Women's Studies include: Brooklyn College, North Texas State University, University of Delaware and Rutgers College of New Jersey. Since out of state tuition is waived, the NSE experience costs little more than your basic cost at the U of I. Applications and information are available from Corky Bush, Women's Center. Deadline is February 21.



WHERE IS THE RURAL WOMAN? If you have grown up in rural Idaho, you have probably grown up watching women rearing their families, cooking for harvest crews, driving grain trucks and herding cattle; but have you ever stopped to think how important the rural woman's work has been to the maintenance of rural communities and to the development of the State of Idaho? Taking a look at the rural woman--your mothers, aunts, sisters, maybe even you--is the goal of a grant awarded to the Women's Center by the Association for the Humanities in Idaho. This project involves interviewing women and making presentations to groups and organizations in north central Idaho. If you know anyone woman who has an interesting story to tell about her life, we would appreciate knowing about her. Please contact Corky Bush, Rural Women's Oral History Project, Women's Center, University of Idaho.

WOMEN'S CENTER
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