



# University of Idaho Women's Center

corner of Idaho and Line streets 885-6616

## January - February Programs <sup>1983</sup>

*Women's Center programs educate, enrich, and entertain. Bring your lunch and join us! All programs begin at 12:30 at the Women's Center and are free and open to the public.*

**Director: Alayne Hannaford**  
**Secretary: Sue Dinauer**

**Work-Study: Dawn Kahm**  
**Rebecca Lawson**  
**Brenda Ross**

Tuesday, Jan. 25th

**KOKONDO KARATE: WOMEN'S SELF-DEFENSE** **Jeff Soltez**, qualified karate instructor, will be joined by several women experienced in karate to discuss and demonstrate self-defense for women. Their presentation will include some basic kicks, throws, and strikes, as well as how to deal with an attacker psychologically.

Tuesday, Feb. 1st

**RIGHT BRAIN/LEFT BRAIN** **Terry Armstrong**, Executive Assistant to the President, will discuss his research about the functions of the right and left hemispheres of the brain. He will include recent information about gender differences in neurological development and functioning in humans. Fascinating stuff!

Wednesday, Feb. 2nd

**THE POLITICAL QUILT** **Arlene Jonas**, Assistant Professor of Home Economics, will talk about the history of quilt pattern names in 19th Century America. Ms. Jonas will explore the relationships between historical events and quilts—a unique and interesting look at both subjects.

Tuesday, Feb. 8th

**CREATIVE RELATIONSHIPS: MAINTENANCE AND CHANGE** In this first of a series of four programs, **Jeff Grimm**, PhD candidate in Education, will discuss **THE PINCH THEORY**. The program will focus on the ways people in significant relationships make, break, and change expectations, rules, behaviors, and other ways of relating to each other.

Wednesday, Feb. 9th

**CREATIVE RELATIONSHIPS: MAINTENANCE AND CHANGE** In this second program of the series, **Elaine Johnson**, PhD in Counseling Psychology and Counselor at the Student Counseling Center, will talk about **ENDINGS: THE EMOTIONAL STAGES OF DIVORCE**. When too many pinches accumulate and negotiating skills falter, relationships end. Ms. Johnson will explore the nature of such endings.

Tuesday, Feb. 15th

**HAPPY BIRTHDAY SUSAN B.!** In a time-honored tradition, the Women's Center honors the birth of our famous foremother. Bring food to share and come by the Center for a party. We provide the birthday cake. Celebrating and eating will begin about noon.

Wednesday, Feb. 16th

**THE WHEEL OF FORTUNE: MONEY FOR THE LIFESPAN** **Betty Turner**, consumer specialist and Professor in Home Economics Extension, will discuss managing money effectively throughout one's life. Money talks, and especially for women, money management skills are crucial if we are to avoid the almost complete feminization of poverty by the year 2000.

Tuesday, Feb. 22nd

**CREATIVE RELATIONSHIPS: MAINTENANCE AND CHANGE** **Jeff Grimm** returns to talk about **MATCHING AND MISMATCHING BEHAVIORS** in relationships. Participants may, if they wish, complete the **FIRO-B** (Fundamental Interpersonal Relations Orientation—Behavior), a short behavior clarification tool. Jeff will provide guidance for assessing its results. Bring your partner if you can; you may discover some interesting insights into your interpersonal behaviors.

Wednesday, Feb. 23rd

**CREATIVE RELATIONSHIPS: MAINTENANCE AND CHANGE** **Harold Rosen**, minister for the Moscow-Pullman Unitarian Church, will lead a discussion of **CHOICES AND TRANSITIONS**. The program will focus on values clarification, how to shape our life choices and changes to reflect our self-concepts, values, and pleasures.

Please post

The Women's Center newsletter includes announcements and information about the many services and programs offered by the Center to the University and Moscow communities. It is published and distributed at the beginning of each month during the academic year. If you have announcements or information you would like included in subsequent issues, please let us know. Suggestions for changes or improvements in our format are welcome!

The Women's Center continues to update its mailing list for the 1982-83 academic year. If your address has changed or if you would like to have your name added to the mailing list, please call or stop by the Women's Center to let us know. If you know someone else who would like to receive the newsletter, please pass her/his name on to us.

### HOURS:

8a.m.-5p.m., Monday - Friday  
7p.m.-9p.m., Monday,  
Wednesday,  
and Thursday

**THE GENDER GAP IS REAL** "This election will go down in history as the first national election in which the women's vote made the difference," wrote Judy Mann in a November 5, 1982, Washington Post article. "The gender gap did not turn out to be a ghost. It is now a formidable reality that will change the course of American politics. Women favored Democrats over Republicans by 21 points in congressional races, according to ABC exit polls, and they provided margins of victory for Democratic candidates from congressional districts to major statehouses. . . The influence this gives women voters on issues they feel strongly about, ranging from nuclear war to gun control to unemployment, as well as women's rights, is incalculable. . . This year women asserted themselves as voters, as serious candidates, and as people who wanted their concerns and issues addressed."

Women increased their presence in state legislatures from 12 to 14 percent, according to Mann. In Idaho the number of women now serving as state legislators increased by 50 percent. Of 24 women who ran for the Idaho legislature, 15 were elected, a gain of 5 from the past session.

**CONSTITUENTS MAKE A DIFFERENCE** Last fall, Senator Orrin Hatch (R-UT) withdrew his proposal to drastically limit the scope of Title IX, prohibiting sex bias in education. His bill would have restricted Title IX applicability only to those educational programs receiving direct federal aid. It would also have eliminated Title IX coverage of employment in schools and colleges. The bill's withdrawal was the outcome of meetings between Hatch and over 100 educational groups in his home state. In a letter to those groups, Hatch reported that he had "become more acutely aware of the gains across a wide front which had been made for women in Utah because of Title IX," and stated, "since reviewing the progress made because of Title IX and the rational way it has been administered in Utah in the past few years, I am withdrawing my amendment."

**DISCRIMINATION IS STILL WITH US.** . . A Bureau of Labor Statistics survey did not turn up one single job category in which men and women were paid equally. In those occupations in which at least 50,000 workers are employed (representing 95% of the full-time workforce), women averaged 65% of men's weekly earnings. Whether the percentage of women working in a field is high (e.g. 91% of nurses, dietitians, and therapists) or low (women make up less than 5% of engineers), a gap still remains between salary levels for men and women. Women engineers earn only 67% of what their male counterparts receive, and even in such fields as nursing, dietetics and therapy, women average \$326 per week, as compared to \$344 for men.

**In addition,** according to the BLS, women and minorities were 68.5% of the workforce in 1980. White women held 11.2% of managerial jobs, and increase of .5% since 1970. Minorities, including minority women, held 5.2% of the management jobs, an increase of 1.6% since 1970. At this rate, and assuming no change in the proportion of women and minorities in the

workforce, it will take white women 624 years, and minorities 130.6 years, to achieve equity in managerial jobs!

**HAVE YOU MARKED YOUR CALENDAR** for the second annual Women and Small Business conference? The conference will be held March 18 and 19, 1983, at the WSU CUB. Plans are progressing for an exciting and useful time. Check the March Women's Center Newsletter for full information about places, times, speakers, and workshops. Meanwhile, save those dates—Friday evening March 18, and all day Saturday March 19.

**FREE TUTORING/STUDY TABLE** The Women's Center will be available for free tutoring according to the following schedule:  
Monday, 7 - 9 PM Chemistry 103  
Wednesday, 7 - 9 PM Math 160 and Physics 114  
Thursday, 7 - 9 PM Math 180

These sessions are free and open to anyone; just drop by for help. Tutors are trained and provided by the Special Services program at the U of I. In addition, you may drop by the Women's Center Monday, Wednesday, and Thursday evenings from 7-9 PM if you need a quiet place to study. The coffee pot and tea kettle are always available to assist you!

The Special Services program is also offering free tutoring in Math 107 and Math 140. Sessions for these subjects will be held in the FOC-West, Room 305. Call 885-6746 for times.

**Annie Gage**, feminist comedian, will be performing at WSU towards the end of February, date to be announced. Watch the local media for further information.

**A Women's Center friend** has been donating her copies of *Time* magazine to the Center, after she finishes them. Do you have a magazine subscription you would like to share in a similar way? If you are interested, call the Center; if your magazine or journal does not duplicate the subscriptions we already carry, your gift would be much appreciated.

**WOMEN IN THE CURRICULUM PROJECT** General Project Meeting scheduled for January 19th, St. Augustine's Catholic Center, Moscow, 4:30-6:30 p.m. (Wine and cheese).

**Speaker scheduled for February:** Dr. Barrie Thorne, a visiting Associate Professor at Stanford in Feminist Studies and Sociology, will be coming to our area sometime in February. An Associate Professor of Sociology at Michigan State University, Dr. Thorne has published several articles on gender and language.

During her visit she will give a presentation on gender as a research variable at WSU, conduct an informal seminar on integrating gender into research for those of us coping with this issue and those of us interested in the topic and give a presentation at Idaho on the Changing Nature of Social Sciences.

**The Women's Center is:**

- Sack Lunch Programs
- Library
- Resource Files
- Information and Referral
- Drop-in Lounge
- Peer Counseling
- Volunteer Opportunities
- Outreach

### RULES FOR FEMALE TEACHERS

1. Do not get married.
2. Do not leave town at any time without permission of the school board.
3. Do not keep company with men.
4. Be home between the hours of 8 p.m. and 6 a.m.
5. Do not loiter downtown in ice cream stores.
6. Do not smoke.
7. Do not get into a carriage with any man except your father or brother.
8. Do not dress in bright colors.
9. Do not dye your hair.
10. Do not wear any dress more than two inches above the ankle.

—From a 1915 Massachusetts school-department manual.

“The right to vote will yet be swallowed up in the real question, viz: has woman the right to herself? It is very little to me to have the right to vote, to own property, etc . . . , if I may not keep my body, and its uses, in my absolute right.”

Lucy Stone, in a letter to Antoinette Brown, 1855

## Roe v. Wade

10 years ago

## WOMEN'S CENTER RESOURCES

The Women's Center maintains a clipboard with up-to-date announcements about job openings. These include some local positions, although most of the announcements are for jobs elsewhere. In addition, the Center receives the **Career Opportunity Index**, a reference manual designed to provide recent graduates, professionals, and career counselors with comprehensive, succinct employment information. The **Index** outlines the products/services, the benefit packages, and the anticipated personnel needs of major employers seeking job candidates on a regular basis. The **Index** is published quarterly. Its companion, **Career Opportunity Update**, is published monthly and lists actual positions available. If you are a job-seeker, stop by the Center; we will help as much as possible.

### GOOD READING: Books at the Women's Center

**The Ms. Guide to a Woman's Health.** Cynthia W. Cooke, M.D. and Susan Dworkin. This book is one of the most up-to-date guides to women's health and well-being. From well woman care, birth control, and genetics to sexual health, this guide, in an easy-to-find information format, provides answers to your questions about all aspects of your health.

**Toward a New Psychology of Women.** Jean Baker Miller, M.D. According to Carolyn Heilbrun in the **New York Times Book Review**, this book “may help to change your life, not without risk, but without despair.” Dr. Miller examines the ways women's subordination has affected their self-concepts as well as humanity's view of itself. In addition, however, she notes that “women's position cannot be understood solely in terms of inequality...” Women have played a role in male-led society in ways no other suppressed groups have done. “They have been entwined with men in intimate and intense relationships creating the milieu—the family—in which the human mind is formed.” This small book is important, for understanding yourself as well as the world in which we live and work.

**Victorian Women: A Documentary Account of Women's Lives in Nineteenth Century England, France, and the United States.** Eds. Erna Olafson Hellerstein, Leslie Parker Hume, and Karen M. Offen. This massive collection of materials provides

a fascinating cross section of documents by and about women. It draws from a wide range of source materials: diaries, letters, advice manuals, medical and legal records and case studies, inquiries by governmental investigative committees, and the published findings of nineteenth century social scientists. Covering many social classes and geographical settings, the documents deal with such topics as child rearing, education, religious experience, courtship, marriage, motherhood, friendship, prostitution and reform work. Included are the voices of working women, ex-slaves, and peasants whose experiences are often ignored or forgotten. This book is a fascinating way to discover and recover information about women's history.

**Out of the Frying Pan... A Decade of Change in Women's Lives.** Karol Hope and Nancy Young. This extensive collection of interviews chronicles the way ordinary women have changed their lives using the lessons of feminism. It discusses the transformations women have undergone in their personal and public lives and the effects they have had on politics, business, and the arts. It includes sections about work, political and personal power, self-expression, and love. It is a testimony to the widespread and long term changes in women's lives because of the resurgence of the women's movement over the past decade and a half. Light, interesting reading.



Moscow, ID 83843