



# University of Idaho Women's Center

corner of Idaho and Line streets 885-6616

## December 1984

Director: **Alayne Pettyjohn**  
 Secretary: **Carolyn Caster**  
 Work Study: **Dawn Kahm**  
               **Mitzi Richards**  
               **Brenda Ross**  
               **Darla Anglen**  
 Newsletter: **Kerrin McMahan**

The Women's Center Newsletter is published six times during the academic year. It includes announcements and information about the many services and programs offered by the Center to the University and Moscow communities, as well as items of general interest about women's issues. If you have announcements or information you would like included in subsequent issues, please let us know. Suggestions for changes, improvements, or additional items are welcome.

"Understanding the changing world demands that we talk a bit about history.... Women have been told, over and over again, that they have a traditional role which they've always played, and that this means it's ordained by God — or at least by nature, or evolution, or biology or some other large and uncontrollable force.... There is absolutely no validity to the idea that women have only one role to play, that it has always been the same, that it was always played within the family or that the family has meant the same thing from time immemorial. If liberating women from their traditional role is a revolutionary idea, it is because the revolution has already happened, out there in the changing world. What we have to do is try to catch up.

— from **Between Myth and Morning: Women Awakening**, by Elizabeth Janeway

**Women's Center Hours**  
8 a.m. — 5 p.m., Monday — Friday.

*Women's Center programs educate, enrich and entertain. Bring your lunch and join us! Unless otherwise specified, programs begin at 12:30 in the Women's Center lounge and are free and open to the public. If you have suggestions for future programs, please call or stop by.*

Tuesday, December 4

**CHRISTMAS IS COMING: WHY AM I SO BLUE?** **Joan Pulakos**, counselor at the U of I student counseling center and trained in clinical psychology, will talk about the phenomenon of holiday blues. Thanksgiving, Christmas, and the time between are experienced by many as depressing; rates of suicide, domestic violence and other crises rise. Why does this happen and what can you do about holiday blues?

Wednesday, December 5

**CLUSTERING: A UNIQUE APPROACH TO ORGANIZING YOUR LIFE AND YOUR IDEAS.** **Glenda Hawley**, stress management therapist, will talk about "clustering" or "mind mapping," a method for personal brainstorming and organizing which draws on the right side of the brain. The right side of the brain speaks in symbols, and clustering draws upon such knowledge to help us understand ourselves and our lives.

Wednesday, December 12

**A CHRISTMAS CELEBRATION** In yet another time-honored Women's Center tradition, we offer our Christmas potluck and end-of-semester goodbye party. This potluck featured lasagne, both vegetarian and non-vegetarian, Christmas carols, and general good cheer. Bring food to share for this one last break before finals and going-home-for-the-holidays. We'll begin eating about noon.

### NETWORKING EVENTS AND NEWS

Monday, December 3

**TO HAVE AND TO HOLD: A FILM ABOUT MEN WHO BATTER WOMEN.** Alternatives to Violence of the Palouse and the Women's Center are co-sponsoring a showing of this film, the first documentary to examine the problem of wife abuse through the man's experience. Composed of interviews with men who have assaulted their wives and lovers, this film explores the personal and societal attitudes which lead men to do violence to those nearest them. It also examines the changes in attitudes essential for men to stop their violent behavior. The film will be shown at 7:30 in the SUB Borah Theater, U of I. Don't miss this one!

Tuesday, December 11

**National Organization for Women Business Meeting.** This is an important one featuring **ELECTION OF OFFICERS**, so all members be sure to attend. U of I SUB, 7:30.

Wednesday, December 12

**American Association of University Women Branch Meeting.** The program for this meeting will feature a flutist. In addition, there will be a Christmas craft and service auction. The program begins at 7:30 at Cavenaugh's; it is free and open to the public. For those who would like to share a no-host dinner preceding the meeting, dinner will be served at Cavenaugh's at 6:30.



---

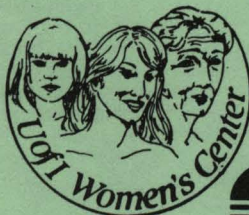
The Women's Center has information about the WOMEN OF COURAGE series, educational packages designed to help the children of today grow up with greater knowledge and understanding of the historical contributions of women and their place in our national history and heritage. WOMEN OF COURAGE is a bi-monthly subscription series of 45 rpm records and folder/books for children. Each issue focuses on one American woman of courage. A song about the woman is on one side of the record and a story on the other. The booklet provides additional information which is helpful in understanding the story and song. Each issue also gives directions for further study about the woman, her era, and related people and events. Issues are sent every month. For further information call or stop by the Women's Center.

---

ARE YOU AN OLDER WOMAN STUDENT WHO NEEDS FINANCIAL SUPPORT? Soroptimist International has established an award program for mature women completing or involved in undergraduate programs or entering vocational or technical training programs. The awards are designed to promote upward mobility in women and to assist them in their efforts toward training and entry, or re-entry, into the job market. Awards are given by local clubs as well as by region and area; regional and area awards are for \$1500. The Women's Center has application forms; stop by to pick one up. THE APPLICATION DEADLINE IS DECEMBER 15th.

---

IT'S TIME TO GET YOUR CHRISTMAS COPIES OF THE WOMEN'S HERSTORY CALENDAR: Alternatives to Violence of the Palouse is selling copies of the always-popular **Woman's Herstory** calendar. It is a beautiful weekly engagement book with biographies of western women on each week's facing page. This year's is more beautiful than ever; it makes a wonderful gift for your friends and for yourself. It sells for \$8.95 plus tax; stop by or call the Women's Center for your copies.



Moscow, ID 83843



---

The Women's Center continues to update its mailing list. The list is now on computer so changes are quick and easy. If your address has changed, please let us know; it is a waste of money to send the Newsletter to people who are not interested and, furthermore you might not get your very own copy! If you know someone else who might enjoy the Newsletter, please pass her/his name on to us.

---

Postage Paid  
Bulk Rate  
Permit #120

Moscow, ID 83843