



University of Idaho Women's Center

corner of Idaho and Line streets 885-6616

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March 1985 Programs

Women's Center programs educate, enrich and entertain. Bring your lunch and join us! Unless otherwise specified, programs begin at 12:30 in the Women's Center lounge and are free and open to the public. If you have any suggestions for future programs, please call or stop by.

The Women's Center Newsletter is published six times during the academic year. It includes announcements and information about the many services and programs offered by the Center to the University and Moscow communities, as well as items of general interest about women's issues. If you have announcements or information you would like included in subsequent issues, please let us know. Suggestions for changes, improvements, or additional items are welcome.

"The first victory for woman suffrage on the American continent came very quietly in contrast to later gains, so quietly that very little was known back East about the events leading up to it until the battle was over. It took place, neither in California, then in the throes of heady expansion, nor in the Northwest, but in the Territory of Wyoming — a sparsely settled area where the main occupation was cattle-raising, with a population...hard working, hard-drinking and hard-shooting."

— from *Century of Struggle* by Eleanor Flexner

Women's Center Hours
8 a.m. - 5 p.m., Monday-Friday.

Tuesday, March 5

EXPERIENCES IN EGYPT. Karen Davis, Assistant Professor of Food Science, recently returned from Egypt and will be sharing her observations and adventures regarding women and their role in the development issues of this north African nation.

Wednesday, March 6

The local chapter of **LADIES AGAINST WOMEN** will visit the Women's Center and discuss their views of National Women's History Week. Their ideas are certainly interesting and should be provocative!

Thursday, March 7

Culminating Women's History Week is a program by **Delores Janiewski**, Assistant Professor of History. **SISTERS UNDER THEIR SKINS** is an examination of the race, gender and class issues that have shaped women's history.

Tuesday, March 19

USING YOUR SIZZLE WITHOUT GETTING FRIED focuses on building your own image. **Marythea Grebner**, Director of University Information, will share ideas on how you can be more effective in your own organization.

Wed., March 20

An opportunity to better understand **SOUTH AFRICAN WOMEN AND THE APARTHEID** in conversation with **Leah Tutu**, an active organizer of women's cooperatives. Join us at the Women's Center in welcoming Leah to the University and the 1985 Borah Symposium. This pre-Borah coffee will be held from 10:30-11:30 and give you an opportunity to chat informally with one of the world's most interesting women.

Thurs., March 21

To learn more about **HOW TO ADVANCE IN THE JOB YOU'VE GOT**, mark this date! **Don Harter**, Director of Personnel Services, will focus on jobmanship — the rules for success, verbal and non-verbal communication on the job, and career goals.

Tuesday, March 26

The topic for the 1985 Borah Symposium is **Southern Africa: In the Shadow of Apartheid**. As a special brown bag program, Borah presenters **Jennifer Whitaker**, Fellow at the Council on Foreign Relations, and **Jean Sindab**, Education Director of the Office on Africa, will discuss **WOMEN IN SOUTHERN AFRICA**, 11-noon. You won't want to miss this one! Note change in time.

Wed., March 27

Pauline Oliveros, visiting the University as a Distinguished Scholar in the Humanities, will present a program about her music and share some of her experiences. A prominent experimental composer, with numerous published pieces, she will delight us all in this lunchtime gathering.

March, 1985 Networking Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 ATVP training 7:30 SUB	5 Women's Center program 12:30	6 Women's Center program 12:30 AAUW — 7:30 Hilltop	7	8	9 Vandal Women's Basketball Mountain West Athletic Conference Championships 7 & 9 p.m.
National Women's History Week and AAUW Week						
10	11 ATVP training 7:30 SUB	12 NOW business meeting 7:30	13	14	15	16
Spring Break						
17	18 ATVP training 7:30 SUB	19 Women's Center program 12:30	20 Women's Center Leah Tutu 10:30- 11:30	21 Women's Center program 12:30	22	23 Dusty Lentils rugby 11 a.m.
24	25 ATVP training 7:30 SUB	26 Women's Center program 11 a.m.	27 Women's Center program 12:30	28	29	30
31			AAUW board meeting			

For more information about these events, see this newsletter or call the Women's Center, 885-6616

NETWORKING NEWS

The monthly meeting of the Moscow Branch of the American Association of University Women will be held Wednesday, March 6 with the Pullman Branch at the Hilltop Restaurant. The program, "Eleanor Roosevelt's Public Statements: A Helpmate Role", will be presented by Dr. Betty Winfield, WSU Department of Communications. The meeting is free and open to the public. For those interested in sharing a no-host dinner preceding the meeting, dinner will be served at the Hilltop. For reservations, call Mary Banks (882-4310).

The National Organization for Women (NOW) Moscow Chapter business meeting (members only) will be held

Tuesday, February 12. Call the Women's Center (885-6616) for information concerning the location and for the details of the monthly program meeting.

Alternatives to Violence of the Palouse is in need of safehome providers! During the first five weeks of 1985, ATVP provided services to 25% of the 1984 caseload. Tremendous growth indicates a need for more confidential shelter space. If you have an extra bedroom or two that you'd be willing to share with a woman, or a woman and her children, for a few days of safe living, call ATVP for details on how to become a safehome.

March 3 through 9 has been designated AMERICAN ASSOCIATION of UNIVERSITY WOMEN WEEK in Idaho by Governor John V. Evans. As stated in the official proclamation, AAUW has been active in Idaho for fifty-four years and currently is comprised of over 800 women in 19 local branches. Dedicated to education and life-long learning for all of the state's citizens, AAUW has as its primary focus the promotion of equity for women and the opportunity for women to be effective participants in all aspects of public life.

The Borah Foundation is pleased to announce the 1985 Borah Symposium, SOUTHERN AFRICA: IN THE SHADOW OF APARTHEID, to be held at the University of Idaho, March 25 and 26. Several of the Women's Center programs in March will have a relationship to the symposium, an additional opportunity to learn about women in Southern Africa. A collection of readings related to the study issue for 1985 is available for purchase at Kinko's. Included in the readings are articles by Symposium presenters.

A word about the Symposium: The Borah Foundation was established in the memory of Idaho Senator William E. Borah to investigate the causes of war and the conditions necessary to establish peace in the modern world. The Borah Foundation, established by friends of the Senator, has annually sponsored the Symposium since 1961. Subjects have varied but must always deal with some aspect of human aggression; peace and war.

NATIONAL WOMEN'S HISTORY WEEK, March 3-9, 1985, is a special time to recognize and celebrate the lives of countless women of all races, ages, cultures, ethnic traditions and ways of life. Women are honored who have participated in history by living out their lives, whether in ways grandly eloquent or steadfastly ordinary, and by so doing have contributed to our shared history.

The study of women's history is relatively new and comparatively quiet. It is purposeful; the goal is nothing less than constructive and expansive social change, change that must come with honest and thorough education. Through knowing these true stories, we can recapture the inspiration of earlier women, and become more optimistic about the power we have over our lives today and affect change in our long and varied journey for equal rights for women.

The multi-cultural study of women's history means

reclaiming the contributions and impact of ALL women. Knowing how the lives of women before us were spent, we gain the richness of our heritage and the inspiration of this tradition of activism and accomplishment. Correspondingly, boys and men are able to expand their perceptions and expectations of the real lives and work of women.

TAMPON REGULATION UPDATE: A coalition of women's health and consumer groups has been working for over two years with tampon manufacturers and the Food and Drug Administration to establish voluntary standardization for tampons. The Task Force's major accomplishment has been the development of a method to measure tampon absorbency. In April, 1984, the consumer coalition wrote the FDA urging it to require absorbency disclosure and to convene an independent, scientific panel to develop a research agenda for tampons. As a result, in June, the FDA announced its intention to require standardized absorbency labeling in response to the complaints of individuals and the consumer coalition.

TAMPON ABSORBENCY

Brand/Style	Grams of saline solution absorbed by tampon
Tampax Junior	5.18
Tampax Original Regular	6.82
Tampax Slender Regular	6.97
Kotex Stick Regular	8.17
Kotex Security Regular	9.13
Tampax Super	9.30
Pursettes Regular	10.28
O.B. Regular	10.69
Kotex Stick Super	10.92
Pursettes Super	12.09
Kotex Security Super	12.12
Playtex Deod. Regular	12.61
O.B. Super	12.84
Playtex Non Deod. Regular	13.16
Playtex Non Deod. Super	15.66
Playtex Deod. Super	15.78
Tampax Super Plus	15.93
O.B. Super Plus	16.71
Playtex Non Deod. Super Plus	17.05
Playtex Deod. Super Plus	17.40

(Network News)

Congressional Resolution

Designating the week March 3-9, 1985 as
"Women's History Week"

Whereas American women of every race, class and ethnic background helped found the Nation in countless recorded and unrecorded ways as servants, slaves, nurses, nuns, homemakers, industrial workers, teachers, reformers, soldiers and pioneers;

Whereas American women have played and continue to play a critical economic, cultural and social role in every sphere of our Nation's life by constituting a significant portion of the labor force working in and outside of the home;

Whereas American women have played a unique role throughout our history by providing the majority of the Nation's volunteer labor force and have been particularly important in the establishment of early charitable philanthropic and cultural institutions in the country;

Whereas American women of every race, class and ethnic background served as early leaders in

the forefront of every major progressive social change movement, not only to secure their own right of suffrage and equal opportunity, but also in the abolitionist movement, the emancipation movement, the industrial labor union movement and the modern civil rights movement; and

Whereas despite these contributions, the role of American women in history has been consistently overlooked and undervalued in the body of American history: *Now, therefore, be it resolved by the Senate and House of Representatives of the United States of America in Congress assembled, That the week beginning March 3, 1985, is designated as "Women's History Week", and the President is requested to issue a proclamation calling upon the people of the United States to observe such week with appropriate ceremonies and activities.*



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The Women's Center continues to update its mailing list. The list is now on computer so changes are quick and easy. If your address has changed, please let us know; it is a waste of money to send the Newsletter to people who are not interested and, furthermore you might not get your very own copy! If you know someone else who might enjoy the Newsletter, please pass her/his name on to us.
