



University of Idaho Women's Center

corner of Idaho and Line streets 885-6616

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The Women's Center Newsletter is published six times during the academic year. It includes announcements and information about the many services and programs offered by the Center to the University and Moscow communities, as well as items of general interest about women's issues. If you have announcements or information you would like included in subsequent issues, please let us know. Suggestions for changes, improvements, or additional items are welcome.

"When I talk about solitude I am really talking also about making space for that intense, hungry face at the window, starved cat, starved person. It is making space to *be there*. Lately a small tabby cat has come every day and stared at me with a strange, intense look. Of course I put food out, night and morning. She is so terrified that she runs away at once when I open the door, but she comes back to eat ravenously as soon as I disappear. Yet her hunger is clearly not only for food. I long to take her in my arms and hear her purr with relief at finding shelter. Will she ever become tame enough for that, to give in to what she longs to have? It is such an intense look with which she scans my face at the door before she runs away. It is not a pleading look, simply a huge question: 'Can I trust?' Our two gazes hang on its taut thread. I find it painful."

—May Sarton
Journal of a Solitude

Women's Center Hours
 8 a.m.-5 p.m. Monday-Friday
 7-10 p.m. Wed.-Thur.

November/December Programs

Women's Center programs educate, enrich and entertain. Bring your lunch and join us! Unless otherwise specified, programs begin at 12:30 in the Women's Center lounge and are free and open to the public. If you have any suggestions for future programs, please call or stop by.

- Tuesday
Nov. 5
ELECTION DAY: Elizabeth Plumb will talk about women in politics. See last newsletter for details. Remember to vote! Polls are open noon to 8 p.m. and everyone votes at the Junior High Field House.
- Wednesday
Nov. 13
PANDORA'S BOTTLE: WOMEN'S HIDDEN ALCOHOLISM. A film and discussion about alcoholism, a disease affecting more than 7 million American women. Alcoholism is an incurable, progressive, genetic disease with the only proven solution being not drinking. Learn more about the little-known symptoms and dangers. If you're Irish, your chances of having the disease are one in three; American Indian, one in two; other populations, one in ten.
- Tuesday
Nov. 19
PORNOGRAPHY: Jan Dyer, Executive Director of the Idaho American Civil Liberties Union, and Judy Lyons, Idaho's representative to the Northwest Booksellers Association Board of Directors, will discuss issues surrounding the complexities of pornography. Do people agree on what is and is not pornographic, what is and is not erotic? Examples of magazines, books and pictures readily available in Moscow will be presented and discussed. NOTE: THIS PROGRAM IS 12:00-1:00.
- Wednesday
Nov. 20
THE TRADITIONAL THANKSGIVING POTLUCK: Staff may come and staff may go, but the time-honored tradition of the Turkey Potluck goes on. The Women's Center will provide the BIG turkey and you bring the trimmings. And everybody will share the good times, good food, and good season. We will begin eating about noon.
- Tuesday
Dec. 3
WE ONLY GET ONE BODY IN A LIFETIME, SO LET'S TAKE CARE OF IT: Dr. Connie Brum, a local physician, will talk about general women's health issues, self-examination of breasts, regular check-ups, what's essential at what ages, and how to tell and ask your doctor what you want.
- Wednesday
Dec. 4
SELF MASSAGE & YOGA: Airin Wheeler, The Palouse Masseuse, will guide us through some simple self-massage techniques and yoga exercises. These will teach us one more way to alleviate tension and stress, energize the body, and cleanse the mind. Wear comfortable clothing.
- Tuesday
Dec. 10
HERITAGE AND HOLIDAYS: Bring your favorite gift, inheritance from your past, and share the story behind it. Mine is a locket from my paternal grandmother and what a story it has! Also bring your musical instruments and singing voices and we'll sing holiday songs and probably some traditional women's songs. Holiday Punch will be provided.

Networking News

The Moscow Chapter of the **National Organization for Women** will have its business meeting November 12 at 7:30 p.m. at the Purple Mall. Watch the local papers for the program which will be presented to members and the community November 26. Tentative plans for a holiday potluck dinner has been scheduled for December 10th preceding the business meeting. Location to be announced later. The potluck dinner is a great place to meet NOW members and to find out about the organization.

The Moscow Branch of the **American Association of University Women** will meet November 13 at Cavanaugh's. The program, which begins at 7:30 p.m., will be a film and discussion on Women and Alcohol. A no-host dinner begins at 6:30; reservations for dinner must be made by November 11, call 882-7181 in the evenings. A Christmas party is scheduled for December 3. Call the above number for details.

The Moscow League of Women Voters will hold a Candidates' Fo-

rum October 29 at the Community Center at 7:30 p.m. The League meets every Wednesday at noon in the Student Union Building. Issues currently being studied are the national deficit, solid waste, and the national defense. December 11 has tentatively been planned as a legislative meeting. Call the League for details.



Dear Spirits of the Holidays,

My friends at the Women's Center told me I shud rite to yu to tell yu what they need. The holiday season is coming soon and they told me that yu like the Women's Center a lot and that yu like all the programs and services that they offer to the campus and community. They said yu know there isn't any other place like it anywhere in Moscow and that everybody is always welcome and made to feel comfortable. They said that I shouldn't write to just Santa because not everybody selibrates Christmas and that wud leave some of their friends out. That's just like the people at the Women's Center, they are always thinking about others. Anyway they said that just about everybody selibrates a winter holiday and lilkes to give gifts to people they love and that you had conections and could get the word out to all their friends about their holiday wish list. They're real poor over there, you know. So here are the things they need and some things they want.

A coffee pot, a subcripshon to "MS. Magazine," "Plainswoman," "Frontiers — a Journal of Women's Studies," or "The Women's Book Review," packages of copy machine paper, typing paper or all kinds of office supplies, coffee, tea, sugar, coffee filters and stuf like that, a printer stand for an Epson printer, a bathroom fan, a wall clock, sanitary supplies, a paper cutter (they said that wasn't a pair of scissors and yu'd know what

The **WSU Women's Center** is continuing its eight-week series on pornography. The programs are in the Women's Center in the CUB at 12:00 noon every Thursday and continue through November 21. October 31 is "Pornography and Civil Rights;" November 7 is "Is it Porn," featuring material that is readily available on campus and in the community; November 14 is the NOW position and the New Right with representatives explaining their differing viewpoints and descriptions of pornography; and November 21 is "What Does Pornography Mean to Our Lives."

"**Building Leadership Skills**" is the name of the fifth annual Women in Business Conference in Lewiston. The conference will be in Spalding Hall on the Lewis-Clark State College campus from 8:30 a.m. to 6 p.m. on Friday, November 1. Speakers in the morning include Jane Kissinger on "Communication and Leadership" and a panel on "Leadership Styles: Male and Female." Afternoon workshop choices include "Women and Sexuality," and "Business Body Language — The Silent Communicator," among others. Further information and registration forms are available at the Women's Center.

The **Returning Women Students Group** continues to meet. Its regular time is 6-8 p.m. Thursdays at the Women's Center. The first hour is set aside for eating and socializing and networking. The second hour is a presentation and information sharing on an issue of concern such as financial aid, time management, making friends, stress reduction, housing. For details call Cindy Carlson at the Women's Center at 885-6616 or 883-0890. Cindy continues to be at the Women's Center every Thursday for peer and career counseling. She can be seen on a drop-in basis or by appointment. She is also available at other times by appointment.

Next semester the Women's Center is considering doing our "noon" programs one month from 11:30 to 12:30 and the next month from 12:30 to 1:30, or we could do eight weeks of each. We know that many of you are not able to attend our programs because of class and work schedule conflicts. Please let us know what you think about this idea. Also, let us know what other schedule you think is better and what programs you would like to attend second semester.

it was), a hot tub, an old stereo or radio or tape player (I think they'd accept a new one), a large 1986 month by month calendar, volunteers to report all their beautiful plants in the Spring and the new dirt for it, a microwave oven, basic hand tools (you know a hammer, pliers, things like that), a file cabinet — letter or legal size, a plane ticket to bring Geraldine Ferraro to campus, a coffee mug wall rack (lots of people are always stopping by the Center for coffee, tea, and company), gallons of white vinigar to clean the coffee pot with, or books like *Breaking Silence; Sex Discrimination in Educational Employment; Women's Place in the Academy; Loving; The Red Virgin; The New Our Bodies, Ourselves; Mother, Sister, Daughter, Lover; The Shameless Hussy; Women, the Family, and Freedom*, (they tell me this is edited by Karen Offen who graduated from the University of Idaho in 1961), or any other books about women's herstory, lives, issues. They sed to tell yu that most of the things on this list cost from \$5 to \$30 and of course some are more. They said if anybody wants to get them subcripshons or books, yu should tell them to check first to see when ther's runs out and to make certain nobody else got the same one. December 10th is the Holiday Party so, you cud tell them they cud bring their gifts then and tell them all donashons are tax deductible (what ever that means.)

Thank you for getting the word out and for making their holidays real happy.

Elizabeth Rachel Adams

News with Patty Murphy: "The Senate passed a bill today that would outlaw abortions unless the doctor's life is in danger. Film at 11:00" ...Sylvia.

The Women's Center will be closed on Thanksgiving Day and the following day. We will also be closed the week of Christmas.

Tutoring: The Women's Center is still open on Wednesday and Thursday nights from 7-10 for study table and tutoring. Virginia Marquez offers assistance in math and algebra courses and introductory level courses in calculus and chemistry.

Women who were top high school students feel significantly worse about themselves after two years of college. According to a University of Illinois study of 36 men and 45 women, while in high school 23% of the men and 21% of the women ranked themselves as "far above average" in intelligence. By the time they were college sophomores, an almost identical percentage of the men — 22% — graded themselves as highly, while only 4% of the women felt they compared that favorably. Co-researcher Karen Arnold says women's self image worsens in college because "they're not getting the same recognition, the chance to use their skills, the (potential employers) seeking after them, the chance to try things." (From Project on the Status and Education of Women).

May Sarton will be on our campus this month. Hooray, Hooray. What a very special occasion. The front page quote this issue is by May, and the Women's Center has several of her books, including *Journal of a Solitude*, in our library which can be checked out on loan. She will speak and read from several of her books Monday evening at 7:30, November 4, at the Science Auditorium (106) with a book signing later that same evening. Book People of Moscow at 512 S. Main. We hope that she will be able to visit the Women's Center while she is in Moscow, and if we know ahead of time, we will do our best to spread the word. It may be worth a call to us the morning of November 4. Tina Foriyes in the English Department is making the arrangements for Sarton's visit to the Palouse, and will have more details as the time approaches.

November, 1985 Networking Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Women in Business Conference, 8:30-6, Spalding Hall, LCSC, Lewiston.	2
3	4 ATVP training SUB 7:00 May Sarton, 7:30, Ag Science Auditorium	5 Women's Center Program 12:30 VOTE: polls open noon-8 p.m.	6	7 Returning Women Students 6-8 p.m. Women's Center	8	9
10	11 ATVP training SUB 7 p.m.	12 NOW business mtg. 7:30 Purple Mall	13 Women's Center Program 12:30 AAUW Branch Mtg. 6:30/7:30 Cavanaugh's	14 Returning Women Students 6-8 p.m. Women's Center	15	16
17	18	19 Women's Center Program 12-1 ATVP Board 7:30 Moscow	20 Potluck — Women's Center	21 Returning Women Students 6-8 p.m. Women's Center	22	23
24	25	26 NOW program mtg. 7:30	27 No classes	28 Thanksgiving Day	29	30 See December calendar on back.

For more information about these events, see this newsletter or call the Women's Center, 885-6616

December, 1985 Networking Calendar

Sunday	Monday	Tuesday	Wed.	Thursday	Friday
1	2	3 Women's Center program 12:30 AAUW Christmas party	4 Women's Center program 12:30	5	6
8 First day of Hanukkah	9	10 Holiday party — Women's Center NOW holiday potluck dinner	11	12	13



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