

# University of Idaho Women's Center

corner of Idaho and Line streets 885-6616

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The Women's Center Newsletter is published six times during the academic year. It includes announcements and information about the many services and programs offered by the Center to the University and Moscow communities, as well as items of general interest about women's issues. If you have announcements or information you would like included in subsequent issues, please let us know. Suggestions for changes, improvements, or additional items are welcome.

"And if any man should ask me  
 If I would sell my vote,  
 I'd tell him I was not the one  
 To change and turn my coat...."

But when John Thomas Reder brought  
 His wife some bread and meat,  
 And told her he had sold his vote,  
 For something good to eat,

You ought to see Aunt Kitty raise,  
 And heard her blaze away,  
 She gave the meat and flour a toss,  
 And said they should not stay ...

Day after day did Milly Green  
 Just follow after Joe,  
 And told him if he voted wrong  
 To take his rags and go.

I think that Curnel Johanson said  
 His side had won the day,  
 Had not we women radicals  
 Just got right in the way ...."

— Frances Ellen Watkins Harper

Women's Center Hours  
 8 a.m.-5 p.m. Monday-Friday  
 7-10 p.m. Wed.-Thur.

## October 1985 Programs

*Women's Center programs educate, enrich and entertain. Bring your lunch and join us! Unless otherwise specified, programs begin at 12:30 in the Women's Center lounge and are free and open to the public. If you have any suggestions for future programs, please call or stop by.*

- Tuesday, October 1**  
**Marti Peterson**, the Governor's Financial and Budget Manager, will talk about the proposed budget for fiscal year 1986. He will explain how the budget is drafted, how citizens can influence the decision-making process, and what revenues have to be raised from where. Testimony from the public will be taken tonight in Room 2B of the county courthouse. Peterson will answer questions about the testimony process.
- Wednesday, October 2**  
**I'M GROWN UP — SO WHY AM I HAVING A CRISIS?** We are the people our parents warned us about! This program will highlight dealing with predicable crises and growth stages for people aged 30 and beyond. **Nancy Saser** and **Carolyn Wyatt**, therapists in private practice in Moscow, will present this program. If you're over 30, this program will shed light on your adult crises; if you're under 30, you can get an idea of what you're in for — so these adult crises and changes don't come as such a shock.
- Tuesday, October 8**  
**KILLING US SOFTLY: ADVERTISING'S IMAGE OF WOMEN.** Using hundreds of ads from magazines, newspapers, album covers and storefront windows, this film provides a concise analysis of the \$50 billion dollar advertising industry that preys on sex role stereotyping of women in America. The film demonstrates how ads that seem harmless and funny by themselves add up to a powerful form of cultural conditioning — and their message is deadly serious.
- Tuesday, October 15**  
**WOMANTREK: BIKING IN INNER MONGOLIA.** **Bonnie Bordas**, director of Womantrek, will share slides and experiences about the trip she led recently in China. Womantrek is a program for women who wish to combine adventure, travel, challenging experiences and the comradeship of women.
- Wednesday, October 16**  
**TAI CHI.** Is it dancing? Is it exercise? Is it martial arts? Is it beautiful? Yes. **Deb Darnier**, local Tai Chi instructor and masseur, will talk about this ancient art form. Deb approaches life in a holistic manner and will discuss nutrition, meditation, and health.
- Tuesday, October 22**  
**I'M TALKING TO MYSELF AND LOVING IT.** **Glenda Hawley**, a local stress management therapist, will discuss how our self-image affects our stress levels. She will explain the helpfulness of self-talk and the use of affirmations in our personal and professional lives. Glenda has done extensive work in motivation, "burn-out" prevention, and alternative healing of cancer.
- Wednesday, October 23**  
**"IF ELECTED, I WILL ..."** Candidates for Moscow City Council and for Mayor will be invited for a candidate forum. A question and answer period will follow brief presentations. The filing dates are Sept. 26 to Oct. 8, making it impossible at printing time to invite whomever is going to file. We will contact candidates at the close of filing.
- Tuesday, October 29**  
**JUST WHAT IS ACQUAINTANCE SEXUAL ASSAULT?** More popularly defined as "date rape," this is probably the most prevalent form of rape in Moscow and Pullman and the two campuses. **Joan Pulakos** counselor at the U of I student counseling center, and **Cynthia Scanlin**, director of Alternatives to Violence of the Palouse, will discuss dynamics, consequences, and referrals for services.
- Wednesday, October 30**  
**SAMHAIN:** Come celebrate the roots of Halloween with **Jeanne Wood** and the rest of us at the Women's Center. Jeanne will discuss witches, women as healers, wise women, the bearers of religion and ritual. In special celebration of Halloween we will have a treat a'boilin' in our cauldron.
- Tuesday, November 5**  
**ELECTION DAY: WHAT'S IN IT FOR WOMEN?** **Elizabeth Plumb**, Assistant Professor of Political Science, will talk about women in politics in the past, and what to expect for the present and future by looking at the trends. Why women should be thinking about running for office and grooming their friends to run will also be discussed.



# Networking News

The Moscow Branch of the **American Association of University Women** will meet Oct. 9 at Cavanaugh's. A no-host dinner will begin at 6:30 p.m.; reservations for dinner must be made by Oct. 7 by calling 882-7181. The program, titled "Choices — Decision Making for Young Women," will begin at 7:30. AAUW has adopted this decision-making program as a project, and materials will be available at the meeting for discussion and study. The meeting is free and open to the public. For further information call the above number.

Also remember the day-long used book sale at the 4-H Building at the Latah County Fairgrounds on Saturday, Oct. 12. Proceeds from the book sale go in part to fund AAUW scholarships for women.

The Moscow Chapter of the **National Organization for Women** cancelled its Sept. 24 program meeting because of numerous requests from members to attend the play "Abigail and Harvey." The program is now scheduled for Tuesday, Oct. 1, at 7:30 in the SUB Appaloosa Room. **Kay Keskinen**, former

National NOW Board member, will talk about NOW's history and will discuss the organization's top priorities. This would be an excellent meeting for those who have been thinking about joining NOW or wondering what the organization is doing.

October 8, the chapter will have its business meeting at 7:30 in a meeting room across the hall from Mercy Beanz. This is located in the ABC building at 527 South Main, and can be entered either from Main Street or from the alley from the Jackson Street parking lot.

October 22 will be another program meeting, and it will also be in the ABC Building. Watch the local papers for details.

**Alternatives to Violence of the Palouse** is conducting its fall training. There are about 25 people being trained as new advocates to serve the communities in domestic violence and sexual assault. The training sessions are at the SUB every Monday at 7 p.m. ATVP has been assisting in the training of advocates on acquaintance sexual assault. These advocates are university students who hope to lead discussions on the topic in the living groups during the month of October. The ATVP Board will meet Oct. 22 in Pullman at 7:30. Call for definite location.

**NEW STAFF:** Many of you may have noticed a new face at the Women's Center. **Cindy Carlson** is a graduate student in the Department of Guidance and Counseling and is doing her practicum at the Center. She will be available for peer counseling on Thursdays from 9 to 5 on a drop-in basis or by appointment. Cindy will be available at other times by special appointment.

**RETURNING WOMEN STUDENTS.** The Women's Center is initiating a new program! RWS, or Returning Women Students, is directed toward female students returning to school after a lapse of time in their formal education. These students often wear many hats. The additional roles of spouse, parent, and employee present a set of needs and concerns unlike those of the traditional younger student. Recent relationship changes can add further burdens. The purpose of RWS is to provide information, support, and socialization. The group will gather Thursday, Oct. 10, at the Women's Center at 7 p.m. for the first organizational meeting. Future meetings will cover topics such as study skills, financial aid, time management, stress, self-esteem, and problem solving. Join us! Exchange information, share concerns, and meet new friends. Contact Cindy Carlson at 885-6616 for further information.

**THE FOURTH ANNUAL BUSINESS CONFERENCE FOR WOMEN.** Business owners, managers, and professional will explore and discuss issues and problems faced by women in small businesses. Participants may select from a variety of workshops or select from one of four tracks. The four tracks are Home Business, Start-up/Early Growth Business, Mature Business, and Management and Professional Concerns. This conference will be October 4 and 5 at Cavanaugh's Motor Inn in Moscow. For further information stop by the Women's Center and look at the brochure, or call Sue Catana at WSU at 509-335-2946.

**EATING DISORDERS NETWORK.** The network of helping professionals and other interested persons that began last year will soon start meeting regularly again. Some of the goals for the network are providing programs for the communities, forming a speakers bureau, collecting a resource library, and raising the awareness on the issue to both the public and the social and health care delivery systems. For more information about the network or details about meeting times and places, call Stephanie Witt at 509-334-6317 or 335-2118.

**WOMANTREK:** "The ultimate in outdoor travel adventure offers trekking, touring, skiing, rafting, bicycling for the amateur and hardy traveler young and old. Womantrekkingers range in age from 21 to 68 years old; sharing a common desire: to explore this

spectacular earth, from the Grand Canyon to the steppes of Mongolia." This is taken from the newsletter of Womantrek. **Bonnie Bordas**, director of Womantrek, will be in Moscow on Tuesday, Oct. 15. She will present a lunch program at the Women's Center. That night, she will present a program on **TREKKING IN NEPAL** at the SUB Borah Theatre at 7:30. There will be a small charge for the evening program.

**TUTORING.** **Virginia Marquez** is at the Women's Center every Wednesday and Thursday evening from 7 to 10 p.m. and is offering tutoring in math and algebra courses and introductory level courses in calculus and chemistry. Feel free to drop in and take advantage of this.

**CHILD SUPPORT.** A California mother of two children won \$24,000 in an out-of-court settlement from her ex-husband's former employer. The employer had fired the ex-husband because a court order had instructed the company to deduct child support from his pay and assign it to his former wife. The civil code section of the California child support statute makes it unlawful for an employer to fire an employee because of wage assignment for child support. This is the first time someone other than the fired employee had sued; the statute does not specify who can sue. Based on the theory that the law was enacted to protect the children, the mother sued on behalf of the children. The company moved the case into federal court because of its interstate business and charged that the mother and children had no standing to sue under the California statute. The federal district court judge ruled they did have standing. The company subsequently settled in August out of court for 3½ times what the original child support would have been. The mother was awarded not only the child support but damages for the pain and suffering inflicted, as well as attorney fees. This case may set precedent for the new wage assignment/child support federal law which goes into effect Oct. 1, 1985.

**The Project on the Status and Education of Women** is collecting general information about campus rape prevention, sexual assault awareness activities, and other policies and procedures which deal with sexual assault on college campuses. The Project is planning a guide about campus gang rape which will make specific recommendations to help colleges and universities heighten awareness of rape and sexual assault issues, prevent incidents of campus, deal with them when they occur, and provide support systems for victims. The project is still seeking information about specific incidents of gang rape. If you know about any such incidents, write directly to the Project on the Status and Education of Women, Association of American Colelges, 1818 R. St., N.W. Washington, D.C. 20009.



# October, 1985 Networking Calendar

| Sunday    | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|-----------|--|---|--|---|--|---|
|           |  | <b>1</b> Women's Center Program 12:30<br><br>NOW program mtg. SUB Appaloosar Rm. 7:30-9 p.m.                    | <b>2</b> Women's Center Program 12:30  | <b>3</b>  | <b>4</b><br><br>Business Conference for Women Cavanaugh's Moscow<br><br>4:30-9:30 p.m. | <b>5</b><br><br>7:30 a.m.-6 p.m.  |
| <b>6</b>  | <b>7</b> ATVP training SUB 7:00                      | <b>8</b> Women's Center Program 12:30<br><br>NOW business mtg. 7:30 527 S. Main                                 | <b>9</b><br><br>AAUW Branch Mtg. Cavanaugh's 6:30/7:30                         | <b>10</b><br><br>Returning Women Students, 7 p.m. | <b>11</b>  | <b>12</b><br><br>AAUW used book sale, 8 a.m.-5 p.m., 4-H bldg., Latah fairgrounds |
| <b>13</b> | <b>14</b> ATVP training SUB 7:00<br><br>Columbus Day | <b>15</b> Women's Center Program 12:30<br><br>Womantrek 7:30 Borah Theatre                                      | <b>16</b> Women's Center Program 12:30   | <b>17</b>   | <b>18</b>  | <b>19</b>   |
| <b>20</b> | <b>21</b> ATVP training SUB 7:00                     | <b>22</b> Women's Center Program 12:30<br><br>ATVP board 7:30, Pullman<br><br>NOW program mtg. 7:30 527 S. Main | <b>23</b> Women's Center Program 12:30<br><br>AAUW board mtg. 7:30 715 Mabelle | <b>24</b>   | <b>25</b>  | <b>26</b>   |
| <b>27</b> | <b>28</b> ATVP training SUB 7:00                     | <b>29</b> Women's Center Program 12:30  | <b>30</b> Women's Center Program 12:30   | <b>31</b><br><br>Halloween                        |  |   |

For more information about these events, see this newsletter or call the Women's Center, 885-6616

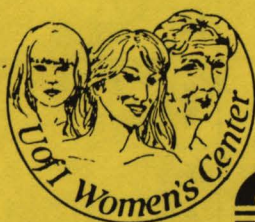


# New Books at the Women's Center

**Male Chauvinism! How it Works** by Michael Korda was published in 1973. It is about the ways in which women are discriminated against by men in the working world, about the reasons men feel, think and behave the way they do, and about the alternatives to a system that makes all sorts of special demands on women and rewards them, on the whole, with lower pay, fewer opportunities and thinly veiled contempt. Chapters cover such topics as "A Day in the Office," "The Dynamics of Male Chauvinism," "Sex and Sexism," and "Living Beyond Eden."

**Lifelong Career Planning** by John Milton Dillard was written for the Eighties, with a realization that adapting satisfactorily to the career market in these times of

expanding options and never-ending changes is not always an easy task. This book can be used by various college students — those entering college immediately following high school as well as those entering at a later time; those attending community/junior colleges, four-year colleges and universities, as well as those who are shifting gears at midlife. Each chapter contains a special feature called "Tips for Self Assessment," which asks the reader to apply the concepts discussed in that section. This career planning book is unique in that it is concerned with ongoing life planning and decision making. It maintains that practical career planning and decision-making skills are useful not only for obtaining a career, but for getting off to a good start in a new career, for maintaining a career and for switching to another career.



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