



# University of Idaho Women's Center

corner of Idaho and Line streets 885-6616

Director: **Betsy Thomas**  
 Secretary: **Carolyn Caster**  
 Work Study: **Brenda Ross**  
**Kim Barfuss**  
**Teresa Morgan**  
**Virginia Marquez**  
**Caroline Masar**  
**Lee Ann Pratt**  
**Tim Ryan**  
 Newsletter: **Kerrin McMahan**

The Women's Center Newsletter is published six times during the academic year. It includes announcements and information about the many services and programs offered by the Center to the University and Moscow communities, as well as items of general interest about women's issues. If you have announcements or information you would like included in subsequent issues, please let us know. Suggestions for changes, improvements, or additional items are welcome.

### Living the Dream Pledge

In honor of Martin Luther King, Jr.'s life and work, I pledge to do everything that I can to make America and the world a place where equality and justice, freedom and peace will grow and flourish. On January 20, 1986 I commit myself to living the dream by:  
 Loving, not hating  
 Showing understanding, not anger  
 Making peace, not war.

And in the words of Susan B. Anthony,  
 "Failure is Impossible" and  
 "... and I shall earnestly and persistently continue to urge all women to the practical recognition of the old Revolutionary maxim, 'Resistance to tyranny is obedience to God.'"

**Women's Center Hours**  
 8 a.m.-5 p.m. Monday-Friday  
 7-10 p.m. Wed.-Thur.

## January/February Programs

*Women's Center programs educate, enrich and entertain. Bring your lunch and join us! Unless otherwise specified, programs begin at 12:30 in the Women's Center lounge and are free and open to the public.*

- Jan. 20 Martin Luther King, Jr. Holiday. Events all day. See schedule inside.
- Tuesday, Jan. 28 **WHITE SLAVERY IN TODAY'S WORLD:** Are women still being forced into prostitution? Yes, says **Carol Bollinger-Sasaki**, Executive Director of HOME, Helping Ourselves Means Education and SAVE, Stopping Abuse Via Education. Carol will discuss white slavery in third world countries, particularly in Thailand and India where she has traveled and worked. She will share both the personal stories of the women and the violence committed against them as well as the broad problem of drawing world attention to this. Carol will remain until at least 2:00 to answer questions about HOME and SAVE.
- Tuesday, Feb. 4 **TAKE CHARGE: DON'T WAIT FOR A KNIGHT IN SHINING ARMOR: Amber Thiemens**, a local Black Belt Kokondo Karate instructor, will demonstrate how to take charge in and control life-threatening, holding, and nuisance situations. Kokondo Karate is not a "sport" karate; it is strictly self defense and does not require power or strength. Thiemens will also address the psychology of the attacker and what the person attacked can do verbally.
- Wed. Feb. 5 **WHERE WE'VE BEEN, WHERE WE ARE, AND WHAT WILL IT ALL MEAN: Helen Remick**, University of Washington faculty member and noted national authority on comparable worth and sexual harassment, will talk about issues concerning women and the impact they have had, and will have, upon our lives and relationships with others.
- Tuesday, Feb. 11 **HOW TO BEAT THE COLD WEATHER BLUES: Cyd Ropp**, a Moscow marriage, family, and child counselor, will discuss full-spectrum lighting as one way to deal with the short days and long nights of winter on the Palouse. Cyd will share other techniques for keeping ourselves happier and healthier.
- Friday, Feb. 14 **SUSAN B. ANTHONY BIRTHDAY AND VALENTINE'S DAY PARTY:** To continue a time-honored tradition, the Women's Center will again host a potluck. Bring food to share. We will supply the cake and punch. Join us for fun, good food, and a toast to Susan B. on her 166th birthday. "One Fine Day," a 5-minute video of women in history, will be shown at least once. We'll begin around noon. Come anytime.
- Wed. Feb. 19 **SUSAN B. AND HER CO-WORKERS: Dolores Janiewski**, UI History Professor, will take us on a history trip back to the days of Susan B. Anthony, Elizabeth Cady Stanton, Carrie Chapman Catt, the young Alice Paul, and others. Hear again what these women did in order to gain the vote for women.
- Wed. Feb. 26 **WHAT IS THE LEGISLATURE DOING TO ME NOW: Jane Pritchett**, a long-time political activist, will show her newly developed slide show on Idaho's legislative process. Tools to improve your effectiveness with the legislature will be discussed. The current status of bills affecting university employees and women in particular will be reviewed.
- March 2-8 **WOMEN'S HISTORY WEEK.** Watch for an exciting week of programs and activities at the Women's Center. Call for details.
- March 3-7 **Elizabeth Wolgast**, noted philosopher, will be on campus and at the Women's Center for a noon program. The exact date had not been confirmed at the time of printing. Watch the next newsletter or call for details.

---

# Networking News

The National Organization for Women (NOW) Moscow Chapter program meeting will be Tuesday, January 28, from 7-9 p.m. at the SUB Appaloosa Room. The topic will be "Martin Luther King, Jr.: A Legacy — A Woman's Perspective." The public is invited. Their business meeting will be Tuesday, February 11, at 7:30 (members only). The chapter has already begun planning for the Mardi Gras parade on February 22. They will again be having a contingent in the parade called "Women Making History." They invite the public to join them in portraying a past or current woman who has or is making history. Call NOW at 882-5229 or the Women's Center for more information and ideas.

The Moscow Branch of the American Association of University Women has a very busy month planned. Monday, February 3, is their State Legislative Day in Boise following the state Board meeting on the 1st and 2nd. The Branch meeting on February 12 will be at Cavanaugh's, dinner at 6:30 and meeting at 7:30. Reports will be given from the Legislative Day, followed by a working session for the February 15 seminar. "Invest in Yourself" is the title of the all-day seminar on Saturday, Feb. 15 at Cavanaugh's from 9 a.m. to 3:30 p.m. The cost will be \$10 and will include both lunch and materials. Topics will range from real estate to IRAs, business to divorce, bankruptcy to bank loans, and

will and probate to tax problems. The public is invited to all functions. Call 882-7181 in the evenings for more information or to make reservations. The board meetings will be January 22 and February 26, both at 7:30.

And this from Alternatives to Violence of the Palouse (ATVP):

Support Group to be Offered. If you have been the victim of domestic violence or sexual assault, you probably feel pretty much alone. You don't have to be alone with the pain. Beginning the first Wednesday of February and continuing every first and third Wednesday each month, ATVP will offer a support group for those who have been the victims of violence and want to become survivors. As of this writing, we will meet February 5, from 7-8:15 p.m. at the Campus Christian Center, 822 Elm (just up the street from the UI Bookstore in the SUB). There is off-street parking available. For more information call 882-3720 or 885-6616.

ATVP Tackles Winter! The best way to get through winter is to think about the spring, and at ATVP "the spring" means training time. We need more advocates and more safe home providers. This might just mean that we need YOU! If you aren't just interested, but want to be actively involved in reducing the hurt of sexual assault and domestic violence, call us at 882-3270. We particularly need men and women of color in order that we can better serve the spectrum of people needing help.

---

**Special Services**, a federally funded program to help students raise their GPA and graduate from college, is admitting new students spring semester. Eligible students are offered free seminars and private instruction to improve reading speed, comprehension, vocabulary, study skills and spelling. Special Services is located in Phinney Hall 302; their number is 885-6746. Stop by or call to see if you are eligible for their help.

**Martin Luther King, Jr. Holiday Celebration:** At press time, this agenda is still tentative. Watch the newspapers for details or call the Women's Center.

10-11 a.m. — Coffee Hour at the Campus Christian Center.  
12 noon — Carillon Chiming; Join us by committing yourself to Living the Dream★

2-3 p.m. — Speakers, readings from King's speeches, SUB Ballroom.

3-4 p.m. — Birthday party, SUB Gold and Silver Room. Cake, punch, and joyful celebration. The Vandaleers will sing.

11 a.m. - 2 p.m. — Continual showing of videotapes of King and the civil rights movement, SUB Ballroom. Call for detailed schedule. Videos may start earlier.

8 p.m. — James Farmer, founder of CORE, Congress of Racial Equality, WSU CUB Auditorium.

★Legislation sets aside the third Monday of January as the official federal holiday. According to the Act, "the holiday should serve as a time for Americans to reflect on the principles of racial equality and nonviolent social change espoused by Martin Luther King, Jr." This can be a day in which we put aside all that separates us to focus on all that binds us as a community, not only in this country but throughout the world, for as Dr. King taught, "We cannot walk alone."

The Northwest Gay People's Alliance will hold their annual Valentine's Day Dance at the Moscow Community Center on February 15, from 9 p.m. to 1 a.m. Alcoholic and soft

drinks will be available. ALL proceeds will go to benefit AIDS research and education. Call the Women's Center for more information.

**Cindy Carlson**, counseling student in the graduate program here, will again be at the Women's Center second semester. She will be here two full days, probably Wednesdays and Thursdays. She will continue to coordinate the Returning Women Students group on Thursday evenings. The group will meet every other Thursday at the center from 6-8 p.m. Everyone is welcome and, in fact, is encouraged to attend. Cindy will be available for group and individual counseling in career planning, life management, financial planning, and stress reduction. Stop in or call for an appointment.

**Women's Cross Country Ski Weekend:** For the third year, the Women's Center is sponsoring a cross country ski weekend. As in the past, we expect this to be one of the events of the winter! On Saturday, February 8, we will go to Huckleberry Heaven, a lodge in Elk River, for skiing, socializing, hot tubbing, Trivial Pursuit, and general fun, fuss, and commotion. Lodging will cost \$11 or less, depending on how many go. You can either cook for yourself in the private kitchen we will have, or you may purchase three meals at the lodge for a total of \$12. We will car pool; it is about an hour's drive. There will be an organizing meeting on Thursday, January 30, from 12:30 to 1:30 at the Women's Center. You are welcome to attend the ski weekend whether you can attend the planning meeting or not, and whether you ski or not. All we insist on is that you have a good time. Call us at 885-6616 and let us know that you plan to attend no later than February 3. We will return to Moscow on Sunday afternoon, or sooner or later, depending on the group's wishes and plans. Remember that if you don't have your own ski equipment, UI Outdoor Rental is located in the basement of the SUB and their rates are extremely reasonable. Their number is 885-6170.

# February, 1986 Networking Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>1</b>  AAUW State Board Mtg. Boise
<b>2</b> AAUW State Board Mtg. Boise	<b>3</b> AAUW Legislative Awareness Day in Boise  Helen Remick: Comparable Worth WSU Bryan Hall 8 p.m.	<b>4</b> Women's Center program 12:30	<b>5</b> Women's Center program 12:30	<b>6</b>	<b>7</b>	<b>8</b>  Women's cross country ski weekend Huckleberry Heaven
<b>9</b>	<b>10</b>	<b>11</b> Women's Center program 12:30  NOW business mtg. 7:30	<b>12</b> AAUW Branch mtg. 6:30-7:30 Cavanaugh's	<b>13</b>	<b>14</b>  noon — potluck & Susan B. Anthony birthday & Valentine's Day party. Women's Center.	<b>15</b> AAUW "Invest in yourself" 9-3:30 Cavanaugh's  Susan B. Anthony's Birthday  NWGPA Valentine's Day Dance/AIDS benefit. 9-1 Community Center
<b>16</b>	<b>17</b>  UI closed Women's Center closed	<b>18</b>	<b>19</b> Women's Center program 12:30	<b>20</b>	<b>21</b>	<b>22</b>  Mardi Gras. Join NOW with "Women making history"
<b>23</b>	<b>24</b>	<b>25</b>  NOW program mtg. 7:30	<b>26</b> Women's Center program 12:30  AAUW Board mtg. 7:30	<b>27</b>	<b>28</b>	

For more information about these events, see this newsletter or call the Women's Center, 885-6616

# January Networking Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
20  Martin Luther King, Jr. Holiday. Programs — SUB 10-4 James Farmer, 8 p.m. WSU CUB auditorium	21	22  AAUW Branch board mtg. 7:30	23	24
27	28  Women's Center program 12:30  NOW program mtg. 7 p.m. SUB	29	30	31



Moscow, ID 83843



Non-Profit Organization  
 U.S. Postage  
**PAID**  
 Permit No. 120  
 Moscow, ID 83843

10300  
 KESKINEN, KAY  
 COMPUTER SERVICES