



University of Idaho Women's Center

corner of Idaho and Line streets 885-6616

Director: Betsy Thomas
 Secretary: Carolyn Caster
 Counselor: Cindy Carlson

Work Study: Vicki Bressette
 Susan Folk
 Mary Hecker
 Linn Saindon
 Serra Scannell
 Karleen Stroud

The Women's Center Newsletter is published six times during the academic year. It includes announcements and information about the many services and programs offered by the Center to the University and Moscow communities, as well as items of general interest about women's issues. If you have announcements or information you would like included in subsequent issues, please let us know. Suggestions for changes, improvements, or additional items are welcome.

This is what I am: watching the spider rebuild — "patiently," they say,

but I recognize in her impatience — my own —

the passion to make and make again
 where such unmaking reigns

Adrienne Rich
 from "Natural Resources"

The Dream of a Common Language

November/December Programs 1986

Women's Center programs educate, enrich and entertain. Bring your lunch and join us! Unless otherwise specified, programs begin at 12:30 in the Women's Center lounge and are free and open to the public. If you have any suggestions for future programs, please call or stop by.

- Tuesday**
Nov. 11
KILLING US SOFTLY: ADVERTISING'S IMAGE OF WOMEN and STALE ROLES AND TIGHT BUNS. The film "Killing Us Softly" presents hundreds of ads from magazines, newspapers, and window displays to provide a concise analysis of the \$50 billion dollar advertising industry that preys on sex—role stereotyping of women in America. "Stale Roles and Tight Buns" is a slide show that presents the stereotyping of men. The two together should provide a thought—provoking, yet entertaining program.
- Wed.**
Nov. 12
A JOB INTERVIEW, WHAT DO I WEAR, WHAT DO I SAY, HOW DO I ACT??? Mike Grady, Curriculum Career Planner at the Career Planning and Placement Center will answer all those questions as well as resume writing and more. The job interview season is upon us and this will be a great opportunity for students and others.
- Tuesday**
Nov. 18
POETRY, POETRY: Four area poets will join us today to share some of their poems as well as talk about their skill and their art. The Women's Center is proud to present **Ruth Bull, Tina Foriyes, Deanna Mason and Florence Roberts.**
- Wed.**
Nov. 19
THE TRADITIONAL THANKSGIVING POTLUCK: It's the tradition here and we wish to continue it. But let's also start a new one today. **Bring a friend** with you who has never been to the Women's Center or at least not been here for a year. The **Center** will provide the turkey and **you** provide the trimmings. Your guest for the day does not need to bring anything. There should be plenty of food. We will start eating shortly after noon.
- Tuesday**
Dec. 2
1986 TAX REFORM LAW: RE—DOING YOUR INVESTMENTS: Tom Richardson, Registered Representative for D.A. Davidson & Co., will talk about recent changes in the tax laws and how they will affect our tax returns. Richardson believes it is best to plan early and re—think our portfolios now. This will be a good program for both those who invest already as well as those who are only preparing for investments in the future. To be informed is to make wise investments.
- Wed.**
Dec. 3
AIDS AWARENESS: FEAR IS IN THE AIR, AIDS IS NOT: Carol Moehrle, Registered Nurse with the North Central Health District, will present a program on the facts, not the hysteria, about Acquired Immune Deficiency Syndrome (AIDS). She will discuss diagnostic blood testing, what it shows and doesn't show, statistics of prevalency of the disease in the area, transmission, and confidentiality. She will discuss counseling AIDS victims, safe sex practices, and avoiding exposure to the virus. She will also, of course, answer questions.
- Tuesday**
Dec. 9
HOLIDAYS AND MUSIC: A last chance to gather and relax before finals week to wish each other a happy holiday. A special treat today will be classical guitarist **Michelle Ward** playing some of her favorite selections for us. The Women's Center will provide a Holiday Punch.
- Wed.**
Dec. 10
SCHOLARSHIPS FOR WOMEN: HOW DO I PAY FOR SCHOOL? Dan Davenport, Director of Student Financial Aid and Nancy Savage, Research Assistant at the University Research Office will present a program on scholarships available on this campus and at other institutions. They will also discuss where to find information about scholarships and the how—to's of competing for them.

Women's Center Hours
8 a.m.-5 p.m. Monday-Friday

MYTHS ABOUT BATTERING:

Myth 1

Battering only affects a small percentage of the population.

FACT: Two to four million women of all races and classes are beaten every year.

Myth 2

Battering is only a momentary loss of control.

FACT: Battering can go on for hours. Many batterers plan their assault or foresee it.

Myth 3

Battered women are masochistic: they like violence.

FACT: No one likes to be abused. We often stay because we have no options or because we hope our partners will change or we want the kids to have a father. This does not mean that we like the violence.

Myth 4

Battering does not produce serious injuries. It is just a love pat.

FACT: Battered women are often seriously injured. In one study of 100 women, 42 said a weapon had been used in the attack.

Myth 5

Drinking causes men to batter.

FACT: Men batter when sober and when drunk. They use the fact that they were drinking as an excuse, "I didn't know what I was doing." But in reality they get drunk in order to say that they are not responsible for their behavior.

Myth 6

Therapy will stop his violence. If he goes to therapy, I will be safe at home.

FACT: The best way to get your spouse to stop the violence is to separate from him, at least for a while. Unless he takes responsibility for his violence and says violence is his fault and stays in counseling for 6-12 months to stop his abusive behavior, he will probably batter you again. We don't know yet if counseling is effective. If the batterer blames you for his violence, he probably will batter you again. His violence is not your fault.

Myth 7

Religious faith will prevent him from beating you.

FACT: Even the clergy have beaten their partners. Religious faith does not stop men from believing that they have a right to beat their wives.

Myth 8

It is easy for battered women to leave their abuser.

FACT: It is often very hard to leave. It is often hard to find shelter for yourself and children. Money is tight. He often promises never to batter again and so we give him one more chance. The kids and you don't want to uproot yourself. The unknown is always scary.

Myth 9

Even if he is violent, it is better for the children to have a father.

FACT: Children are very upset and scared by violence. It is better for them to be without a father than to be frightened of their fathers.

Myth 10

If you are battered by one man, you'll be battered by the next, too. Once a battered woman, always a battered woman.

FACT: Many battered women rebuild their lives and realize how strong and courageous they have been. Because you have been battered does not mean that you will be battered again. Battering is the responsibility of the batterer and has nothing to do with your behavior.

Above taken from "Violence Against Women: A Curriculum for Empowerment, Resident's Workbook."

SEXUAL ASSAULT SUPPORT GROUP: The Women's Center and Alternatives to Violence of the Palouse (ATVP) will again be sponsoring a group for survivors of sexual assault. If you or a friend have experienced rape or other sexual assaults by either strangers or acquaintances or dates or big brothers, then you need to know you are not alone and the trauma and fear you are feeling is normal no matter how long ago the assault occurred. Call Cindy Carlson at 885-6616 for details about the group.

The **government**, for the purposes of gathering statistics, defines "family" as a group of two or more persons living together who are related by blood, marriage, or adoption.

Using this definition, there are 62 million families in the U.S. today. Of these, 50 million are married couples.

10 million are families headed by women

2 million are families headed by men

This definition of "family" leaves out thousands who are living alone or with someone to whom they are not married — either a man or a woman.

Today, there are 20 million persons living alone and almost 2 million unmarried partnered households.

The "traditional nuclear family" (working husband, homemaker wife and children) is disappearing. Only 7 — 10% of all households are of this type.

GAY DOCUMENTARY: KWSU—TV is producing a documentary on gay life on the Palouse and the increase in the oppression of and violence against gay people. Alan Lifton, UI School of Communications, is assisting with this production and is looking for persons who are willing to be interviewed for the documentary. Anonymity can be provided; both visual and audible disguising can be done. The producers are interested in interviewing a wide variety of people, one does not need be gay to be interviewed. Call Lifton at 885-6458 to set up an interview or for more information.

SINGLE MOTHER'S SUPPORT GROUP: Teri Newsome who works for the Displaced Homemakers' Program in Latah County will be forming a group for single mothers. This group will provide an opportunity to share resources, emotional support, and tips for single parenting. For more information call Teri at 882-5804.

From SYLVIA: The President's press secretary announced today that although the administration could not locate any hungry people in America, they did find two people who believe in the policy of constructive engagement.

SMART GIRLS/GIFTED WOMEN: In this new book written by psychologist Barbara A. Kerr, the author explores ways that parents can help their daughters to develop high career goals. New research shows that girls involved in all-day classes for the gifted had far higher career aspirations than did equally gifted girls left in ordinary classrooms, where they feel socially "different." Boys didn't require the separation to develop high career goals. All students from both classroom situations scored just as high on the Scholastic Aptitude Test (SAT). In another study of 150 gifted boys and girls, age 12 to 15, psychologist Thomas Buescher found that, as a coping mechanism, about 65% of girls hide their ability, compared to 15% of boys. Kerr suggests the following as guidelines for growth in raising and encouraging a gifted daughter. **Preschool:** Dress her for activity, not sitting on the sidelines; select non-sexist day care and preschools; expand sex-role models; point out and challenge the limiting stereotypes on TV. **Elementary:** Encourage her to read, provide math puzzles, home computers; don't push social relationships; watch for signs of boredom with school. She may need acceleration, an individualized program or a different school. **High School:** Expect her suddenly to want to be like every other girl, but continue to encourage school work, career planning; insist that she keep taking math and science, even if they've become optional; help her find good college information and non-sexist career guidance; encourage her to focus attention on just a few areas.

November Networking Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 ATVP Training CUB - B7	4 VOTE	5 12:00 LWV SUB - Appaloosa	6	7	8
9	10	11 Women Center Program	12 Women's Center Program 12:30 AAUW Branch Meeting 6:30/7:30 Cavanaugh's	13	14	15 8:00 - 3:00 pm Cavanaugh's AAUW "INVEST IN YOURSELF" 882-8540 882-7181
16	17	18 Women's Center Program 12:30 PM "Are All Pregnancy Counseling Centers the Same?" WSU Fine Arts Aud. 7:30 pm	19 Thanksgiving POTLUCK Noon LWV 12:00 SUB Appaloosa	20	21	22
23	24	25	26 NO CLASSES	27 Thanksgiving Day	28	29

For more information about these events, see this newsletter or call the Women's Center, 885-6616

December Networking Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Women's Center Program 12:30 PM	3 Women's Center Program 12:30 PM 12:00 LWV SUB Appaloosa	4	5
8	9 Women's Center Program 12:30 PM	10 Women's Center Program 12:30 PM 12:00 LWV SUB Appaloosa	11	12



Non-Profit Organization
 U.S. Postage
PAID
 Permit No. 120
 Moscow, ID 83843