



# University of Idaho Women's Center

corner of Idaho and Line streets 885-6616

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## NOVEMBER/DECEMBER PROGRAMS 1988

*Women's Center programs educate, enrich and entertain. Bring your lunch and join us! Unless otherwise specified, programs begin at 12:30 in the Women's Center lounge and are open to the public. If you have any suggestions for future programs, please call or stop by.*

Wed - Nov 2

**DEATH & DYING:** November is Hospice month and *Connie Simonsmeier*, Director of the Hospice of the Palouse, will talk about the program and the ways in which loved one's and families can make death an emotionally healthy and healing process despite the pain. She will show a video and bring a handout called "personal death awareness" that will assist us in assessing our own comfort with these issues.

Wed - Nov 9

**REIKI--A NATURAL HEALING ART:** *Kathy MacLaren*, a practicing Reiki Master in Boise, will honor us with a visit to present this program on how the Japanese self-healing art works, the healing process, what it feels like and its history. Actual healing sessions will be held for those wishing to experience the method during the program.

Tues - Nov 15

**NEVADA RANCH WOMEN:** *Evelyne Pickett*, author of the forth coming book, *Ladies in the Empty Quarter*, will share some of her oral research about Nevada ranch women from 1928 until the present. These women's roles on ranches 30 to 80 miles from the closest towns have been drastically changed by technology. She will talk about how they cope with emergencies and education, and also touch briefly on the Basque women and Indian women.

Wed - Nov 16

**THE TRADITIONAL THANKSGIVING POTLUCK:** Once again we will host the time-honored tradition of the Thanksgiving Potluck. The Women's Center will provide a BIG turkey and you bring the trimmings. Everybody will share the good times, good food, and good season. We will begin eating about noon.

Wed - Nov 30

**AIDS AWARENESS:** *Mary Pluhta*, Registered Nurse with the North Central Health District Office in Latah County, will present a program on the facts, not the hysteria, about Acquired Immune Deficiency Syndrome (AIDS). She will discuss diagnostic blood testing, what it shows and doesn't show, statistics of prevalence of the disease in the area, transmission, and confidentiality. She will discuss counseling AIDS victims, practicing safer sex, and decreasing the likelihood of exposure to the virus. She will also share the latest research about AIDS and women.

Tues - Dec 6

**WOMEN OF SUMMER:** Bryn Mawr College admitted working women from the factories and mills to their summer school during the years of 1921-1928. This documentary video shows not only the working conditions of the time and the school program but also about the impact this education had on their lives for the next 50-60 years. An outstanding film.

Wed - Dec 7

**MUSIC & HOLIDAYS:** *Michelle Ward*, UI graduate student of classical guitar, will present classical selections at this special program. This is our last lunch presentation prior to finals week, the holidays, and for the year 1988. Take a few moments for fun and relaxation and attend this one which is fast becoming another Women's Center tradition; this is the third year we've had the pleasure of Michell's music.

The Women's Center Newsletter is published six times during the academic year. It includes announcements and information about the many services and programs offered by the Center to the University and Moscow communities, as well as items of general interest about women's issues. If you have announcements or information you would like included in subsequent issues, please let us know. Suggestions for changes, improvements, or additional items are welcome.

**Women's Center Hours**  
8 a.m.-5 p.m. Monday-Friday

...the first step  
toward liberation  
for any group is to  
use the power in  
hand....And the  
power in hand is  
the vote.

Helen Gahagan  
Douglas  
(1900-1980)

WE HAVE THE PROGRAMS ON AUDIO TAPE AT THE WOMEN'S CENTER FOR THOSE WHO ARE SIGHT IMPAIRED. LET US KNOW AND WE CAN ARRANGE FOR YOU TO HEAR THE TAPE.

**Women's Center Hours**  
8 a.m.-5 p.m. Monday-Friday



**VOTE: TUESDAY NOVEMBER 8 Polls open 8 a.m. to 8 p.m.**

**ONE VOTE DOES COUNT:** One vote saved President Andrew Jackson from impeachment. (1868) One vote saved the selective service system only 12 weeks before Pearl Harbor. (1941)

**TITLE IX IS BACK IN ACTION:** When Congress overrode President Reagan's veto of the Civil Rights Restoration Act on March 22, 1988, it reversed the effects of the U.S. Supreme Court decision in *Grove City College v. Bell*. Thus, once again Title IX (which prohibits sex discrimination in federally funded education programs) applies to an entire institution, not just the specific program or activity receiving federal funds. Almost immediately after the Congressional vote, the U.S. Department of Education announced that its Office for Civil Rights (OCR) will review approximately eight hundred civil rights cases to determine if they should be reopened under the new law. The OCR will reexamine all the cases closed or narrowed because of the *Grove City* decision to determine if there may be continuing actions which would now constitute a violation of the civil rights statutes enforced by the department. OCR officials estimate that slightly more than half of those eight hundred or so cases involve Title IX. The *Grove City* decision affected the scope of similar civil rights statutes that covered discrimination based on race, color, national origin, age, and handicap. Officials say that in recent years Title IX cases have accounted for approximately ten percent of OCR cases filed. (*Excerpt from On Campus With Women, Vol. 18, No. 1, Summer 1988*)

**REQUIRED READING:** "The Well-Being of Academic Women Is Still Being Sabotaged--by Colleagues, by Students, and by Themselves" is an article that deals with the need for realistic awareness of the "traps" inherent in the covert sexism that still exists in the ivory towers of America. This article can be found on the back page of the September 1, 1988 issue of *The Chronicle of Higher Education*. If your department does not receive this paper we have copies available.

**COLLEGES URGED TO INCREASE EFFORTS TO PREVENT RAPE:** In a survey last year 6,000 students on 32 campuses, one in six female students reported being the victim of rape or attempted rape in the preceding year. The majority of those assaults were "acquaintance rapes". (We see this as consistent with the study by Mary Koss in 1985 that surveyed 7,000 students at 35 schools. She found that 1 in 4 women in college had been the victim of rape or attempted rape and that almost 90 percent of them knew their assailants. She did not ask only about the one preceding year as this study does.) One of every 15 men said he had committed rape or had attempted rape in the same period. Another survey found that 90 per cent of rape victims had not reported the assaults to the police.

In a report sent late August to 3,200 institutions of higher education, college presidents are called on to beef up campus security, adopt written policies condemning rape, and establish programs to help victims of sexual assaults.

The report urged campuses to: >Adopt an official policy that condemns rape and other sexual assaults. >Revise student-conduct codes to specifically prohibit rape and

sexual assault. >Establish procedures to modify living arrangements when the victim and the accused live in the same residence hall. >Implement educational programs on sexual assault. >Establish effective programs for victims of assault, including written statements to tell how college staff members should respond, immediate medical treatment, and referrals to therapists. >Put security measures into effect to reduce the likelihood of assaults.

It was noted that universities are responsible for protecting students and that most of the above proposals would not be costly considering the potential liability risk to universities. (*"Colleges Urged to Step Up Efforts to Prevent Rape, a Major Menace to Students on Campuses," The Chronicle of Higher Education, Sept. 1, 1988*)

**NEED ACADEMIC ASSISTANCE?** Student Support Services can help. This federally funded program helps students graduate from college by providing academic services tailored to meet student's individual needs. Academic advising and management, individualized tutoring, guided study groups, career advising and personal support are only a few of the services offered. To qualify for this program, students must be either financially limited, have a physical or learning disability, or be first generation (neither parent has received a four year college degree). If you are eligible, and feel that you could benefit from this comprehensive academic assistance program, contact Student Support Services office for an appointment, Phinney Hall 302, 885-6746.

**ATHENA:** Athena, An Association Supporting the Interests of Faculty and Other Professional Women at the University of Idaho, is an organization that promotes professional women's concerns at the University. The group meets monthly for a catered dinner and to discuss issues on campus, to share research, to critique books, and to meet colleagues. We meet in the Sweet Avenue House which is located diagonally across from the Music Building. The gatherings begin at 6:00 p.m. for socializing, dinner at 6:30 p.m. and the meeting at 7:30 p.m.. All are welcome and encouraged to attend and join. It is quite acceptable to bring your own food for dietary, nutritional or whatever reasons instead of purchasing the catered dinner. Child care is available at most meetings. Meeting and business announcements are sent to all the women we can identify. The November meeting is Wednesday the 2nd and the topic is Sexual Harassment. Thursday, December 1st is the following months meeting and Maria Krasnec will present her research on Gender Bias in Teaching. During the month of November members or interested women are encouraged to join other members for lunch on Wednesdays at the Blue Bucket at 12:30 p.m. and/or for coffee on Wednesdays at the Satellite SUB at 2:30 p.m.. In December the days for lunch and coffee will be Thursdays. Members of the Executive Committee are Joan West, Joanne Reece, Karen Kiessling, Carol Hahn, and Betsy Thomas. For additional information or to place your name on the mailing list, call any member of the executive committee.

**NOV 3, 1840 - JUDITH FOSTOR**, one of the first female lawyers in Iowa, temperance leader, head of National Woman's Republican Association. **NOV 4, 1864 - ANITA MCGEE**, founder of Army Nursing Corps, who helped



## NOVEMBER/DECEMBER 1988 NETWORKING CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	<b>NOV 1</b>  ATHENA 6:00 PM  SWEET AVE. HOUSE	2 * WOMEN'S CENTER PROGRAM  ~12:30~	3	4  NTS BROWN BAG  ~11:30 TO 1:30~	5 CRIS WILLIAM- SON IN CONCERT  SPOKANE @ 7:30PM
6	7	8  ~VOTE~  POLLS OPEN  8AM TO 8PM	9 * WOMEN'S CENTER PROGRAM  ~12:30~	10	11  NTS BROWN BAG  ~11:30 TO 1:30~	12
13	14	15 WOMEN'S CENTER PROGRAM  ~12:30~	16 * WOMEN'S CENTER  POTLUCK  ~12:00~	17	18  NTS BROWN BAG  ~11:30 TO 1:30~	19
20	21	22	23	24	25	26
'THANKSGIVING HOLIDAY'						
27	28	29	30 * WOMEN'S CENTER PROGRAM  ~12:30~	DEC 1 *  ATHENA 6 P.M. SWEET AVE. HOUSE	2  NTS BROWN BAG  ~11:30 TO 1:30~	3
4	5	6 WOMEN'S CENTER PROGRAM  ~12:30~	7 WOMEN'S CENTER PROGRAM  ~12:30~	8 *	9  NTS BROWN BAG  ~11:30 TO 1:30~	10

\*Remember every Wednesday at 12:30 is Athena lunch at the Blue Bucket & Wednesdays at 2:30 pm is Athena coffee at Satellite Sub in November. Thursdays in December.



shatter the bias against female Army nurses during the Spanish-American War. NOV 5, 1857 - **IDA M. TARBELL**, noted journalist who gained a reputation as a tough and accurate muckraker with her critical history of the Standard Oil Company. NOV 6, 1874 - **HELEN THOMPSON WOOLLEY**, pioneering psychologist in the field of child development, who began her career with a Ph.D. thesis on "Psychological Norms in Men and Women". NOV 9, 1871 - **FLORENCE SABIN**, the first female M.D. elected to the Academy of Science. She was from Colorado. NOV 11, 1744 - **ABIGAIL ADAMS**, urged her husband and all his Revolutionary War friends to "remember the ladies" in the Constitution. NOV 12, 1815 - **ELIZABETH CADY STANTON**, whose lifetime of feminist leadership began as a child, when she marked all the anti-female laws in her father's law books, planning to cut them out as a way of getting rid of them. NOV 14, 1860 - **ISABEL BEVIER**, University of Illinois teacher who preferred to call cooking class "Household Science" and first used a thermometer while cooking meat. NOV 15, 1887 - **GEORGIA O'KEEFFE**, painter known for her desert scenes of New Mexico. NOV 19, 1847 - **MARY ANNA FOOTE**, wrote and illustrated thrilling books about life on the mining frontiers in Colorado and Idaho. NOV 23, 1857 - **KATHARINE COMAN**, economics professor who helped form settlement houses in Boston and organized clubs for young working girls. NOV 25, 1846 - **CARRY NATION**, zealous temperance reformer who smashed saloons with her hatchet. DEC 16, 1901 - **MARGARET MEAD**, anthropologist whose book, *Coming of Age in Samoa*, made cultural anthropology accessible to a wide lay public. DEC 25, 1821 -

**CLARA BARTON**, founder of the American Red Cross and active participant in three wars (Civil, Franco-Prussian, Spanish-American).

**BROWN BAG FRIDAYS:** Every Friday from 11:30 to 1:30 the Women's Center is set aside for non-traditional students. This will be a time for students to meet each other, ask questions, pull out their hair in a safe setting, problem solve together, and hear guest speakers from various campus offices. The two hour period is to accommodate both lunch periods; you can come early, come late, leave early, stay late, come once or every time. A staff person will be available to assist in arranging guest speakers, making introduction, answering questions, etc.

**WOMEN'S CENTER HOLIDAY WISH LIST:** Since this is the time of year when people are especially conscious of showing their thanks and care in one form or another, we would like to offer some suggestions for those who would consider us: *Things that we wish for us! Subscriptions to magazines of interest; books for the library; (a gift certificate at a local bookstore or if you have something particular in mind, we would be glad to let you know if we already have it); miscellaneous items that are always needed/nice -- cassette tapes, large dictionary, Pictionary, file cabinet, basic hand tools, coffee, tea, sugar, a kind word. Things that we wish for you! Peace, enjoyment, equality, and justice.*

**CRIS WILLIAMSON IN CONCERT:** With Tret Fure & Lynn Wedekind, Northwest Artist. Spokane Falls Community College Music Auditorium, Saturday, November 5th @ 7:30 p.m.. Tickets are \$12.00 in advance or \$15.00 at the door. For information call (509) 536-7978.

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