



University of Idaho Women's Center

corner of Idaho and Line streets 885-6616

SEPTEMBER PROGRAMS 1988

Women's Center programs educate, enrich and entertain. Bring your lunch and join us! Unless otherwise specified, programs begin at 12:30 in the Women's Center lounge and are open to the public. If you have any suggestions for future programs, please call or stop by.

Tues. - Sept. 13

GEORGIA O'KEEFE: This film features O'Keefe talking candidly about her work and life. She recounts her involvement in the modern art movement in America alone and with her photographer husband, Alfred Steiglitz. O'Keefe's paintings figure prominently in this film. Back by request.

Wed. - Sept. 14

CONTEMPORARY WOMEN'S MUSIC: *Kim Stockton*, recent Masters graduate in Music, will share some of today's women's music which bridges several styles, folk, pop, rock. She will discuss the founding of Olivia Records by Meg Christian and Chris Williams and why it was necessary. Stockton will bring music to share.

Tues. - Sept. 20

WHEN LOVE HURTS: Love and longing are frequently mis-entwined in current romantic relationships and patterns of recreating love that hurts are developed. *Marie Karabetsos*, a local mental health professional in private practice, will discuss these concepts and the redefining of love.

Wed. - Sept. 21

WOMEN IN GREECE: *Kristin Pressey*, a senior in Communications with a minor in Classical Greek Studies, spent Spring semester in Greece translating ancient works of theater and philosophy. This was her second trip to Greece and she spent most of her time in small rural villages. She will share her knowledge about the status of women in today's Greek society.

Tues. - Sept. 27

MAN DOES NOT MEAN OR INCLUDE WOMAN: *Jim Heaney* will discuss the how to's, reasons, advantages, disadvantages and some humorous results of the use of non-sexist language in publishing. Heaney is the Director of the University of Idaho Press and the impetus behind the American Association of University Presses' establishing gender inclusive guidelines which the UI Press already had in place.

Wed. - Sept. 28

PSYCHOLOGY AND ENGINEERING-A MARRIAGE? *Sallie Gordon & Thomas Dingus*, psychology professors, and *Richard Gill*, a mechanical engineering professor, teach in the UI Human Factors Program. UI, along with 40 some other U.S. colleges, offers a graduate program in this new field that evolved in the post World War II period. Gordon and Gill will be here and explain why students with this degree are in such high demand as public and private industries take into consideration the human mind and body.

Wed. - Oct. 5

WHEN RELATIONSHIPS END: The end of a relationship can be an extremely stressful and painful time. *Beth Waddel*, UI counselor at the Counseling Center with expertise in relationship issues, will discuss ways to take care of yourself and speed the healing process.

WE HAVE THE PROGRAMS ON AUDIO TAPE AT THE WOMEN'S CENTER FOR THOSE WHO ARE SIGHT IMPAIRED. LET US KNOW AND WE CAN ARRANGE FOR YOU TO HEAR THE TAPE.

Director: Betsy Thomas
Secretary: Sherry Erickson
Counselor: Kathy Ruby

Work Study: Heidi Davis
Jacqueline Jakomeit
Anne Kornkven
Marigay Larson
Joan Pike
Betty Soliz

The Women's Center Newsletter is published six times during the academic year. It includes announcements and information about the many services and programs offered by the Center to the University and Moscow communities, as well as items of general interest about women's issues. If you have announcements or information you would like included in subsequent issues, please let us know. Suggestions for changes, improvements, or additional items are welcome.

Women's Center Hours
8 a.m.-5 p.m. Monday-Friday

"But once I
had set out, I
was already far
on my way."

Colette
(1873 - 1954)

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NEW STAFF: Welcome to Kathy Ruby, the new graduate counseling intern. She earned her Masters of Education in Counseling and Human Services from the University of Idaho and is currently in her last year of their specialist degree program. Kathy co-facilitated support/growth groups for non-traditional women students last year for the Women's Center. She was most recently a counselor at Human Services Inc. She has been a resident of Moscow since 1985. We are pleased to have her join us. Stop by to meet her and add your welcome.

DEPARTING STAFF: Cindy Carlson, the student counseling intern for the last three years at the Women's Center, has completed all but her dissertation. She has decided to try to complete that awesome task in one year. We all wish you luck this year Cindy. But, we also expect to see you at some of the programs simply enjoying the presentations, not greeting visitors, introducing speakers, getting more chairs.

BROWN BAG FRIDAYS: This is a new program we are starting this year at the Women's Center. Every Friday from 11:30 to 1:30 the Women's Center will be set aside for non-traditional students. This will be a time for students to meet each other, ask questions, pull out your hair in a safe setting, problem solve together, and hear guest speakers from various campus offices. The two hour period is to accommodate both lunch periods; you can come early, come late, leave early, stay late, come once or every time. A staff person will be available to assist in arranging guest speakers, making introduction, answering questions, etc.

ATHENA: Athena, An Association Supporting the Interests of Faculty and Other Professional Women at the University of Idaho, is a relatively new organization formed to promote professional women's concerns at the University. The group meets monthly for a catered dinner and to discuss issues on campus, to share research, to critique books, and to meet colleagues. We almost always meet in the Sweet Avenue House which is located diagonally across the street from the Music Building. The gatherings generally begin at 6:00 p.m. for socializing, dinner at 6:30 and the meeting to commence at 7:30. Members of the Executive Committee are Joan West (Foreign Languages), President; Joanne Reece (Facility Planning), Vice-President; Karen Kiessling (Foundation Office), Treasurer; Carol Hahn (Affirmative Action Office) and Betsy Thomas (Women's Center), Secretaries. All are welcome and encouraged to attend and join. It is quite acceptable to bring your own food for dietary, nutritional or whatever reasons instead of purchasing the catered dinner. Child care will be available at most meetings. Meeting and business announcements are sent to all the women we can identify. During the month of September members or interested women are encouraged to join other members for lunch on Mondays at the Blue Bucket at 12:30 and/or for coffee on Mondays at the Satellite SUB at 2:30. In October the times and places for lunch and coffee will be the same but on Tuesdays. Come to the meetings or call and find out our logic. For additional information or to place your name on the mailing list, call any member of the executive committee. Congratulations to President Joan West for her selection as a member of the search committee for the new University President.

SUPPORT GROUPS: are forming now for those persons who wish to participate in a support group. If you are interested, please call us at 885-6616 or stop by the Women's Center and sign up for a pre-group interview.

LEARNING THE HARD WAY: A seminar on homelessness offered at Yale for the first time last fall, requires students to spend a day on the streets of New Haven without money, books, or a watch. One student said his "first contact with any human being" on his day of would-be homelessness was with shopkeepers who "threw me out because they said I didn't look like I had the money to pay for anything." The student, dressed in a flannel shirt and polyester pants, said he was also evicted

from the train station. The students are also required to volunteer at shelters or soup kitchens and to evaluate their effectiveness.

FOUR PERCENT: According to an article in the April 27, 1988 issue of The Chronicle of Higher Education four percent is the portion of foundation grants nationwide that benefits women and girls.

PREMENSTRUAL SYNDROME: Free information on PMS--its causes, symptoms, management, as well as physician referrals and additional resource suggestions are available at PMS ACCESS, a national organization. At 1-800-222-4PMS, pharmacists at PMS ACCESS, a division of Madison Pharmacy Associates in Madison, Wisconsin, are available to answer specific questions on Premenstrual Syndrome and methods to manage symptoms. According to PMS ACCESS, the pharmacists at Madison Pharmacy Associates are recognized nationally for their expertise on PMS and were the first in the nation to provide a full range of services to women with PMS and the health professionals who treat them. In addition to the toll-free PMS ACCESS line, they offer the bi-monthly PMS ACCESS Newsletter, reference books, cassette and slide/tape presentations, information on support groups, physician referrals, and specialized prescription compounding. For more information, contact PMS ACCESS, P.O. Box 9326, Madison, WI 53715 or call 1-800-222-4PMS between 9 a.m. and 5:30 p.m., Mon-Fri, Central Time.

ON THE QUEST FOR EQUAL RIGHTS: "Women's rights are not equally asserted, but collectively asserted. Although they are individual rights, it's a political movement, a social movement, of women collectively asserting their rights. Rights are not that which the government is forbidden from interfering with. Rights are that which government must actively and aggressively affirmatively act to make happen, especially for people who are socially deprived."

SEXUAL HARASSMENT: Upset, angry, rattled, ashamed, embarrassed, alone, helpless, alienated, cheap, and violated are some of the words women use to describe their feelings after experiencing sexual harassment in the workplace. Sound familiar? These are the feelings of the rape survivor.

As it is for the rape survivor, physical problems such as fainting spells, back problems, as well as the usual headaches, nausea, sleeplessness, and food problems tend to plague women who have been sexually harassed. The triggering emotions behind these physical manifestations seems to be fear and anger.

Harassers, like batterers, attempt to keep women in line and gain power over them by keeping them in a constant state of fear...fear of being approached, or walking between desks or through doorways and being stripped of their dignity.

Another major problem for women who have been sexually harassed is the emotional difficulty they have when applying for another job. Feeling they can no longer trust any male, many women eliminate their use of makeup and begin wearing shapeless clothes to try to become less attractive on the job. These women believe the myth that it is their fault; Women are told again and again, falsely, that they have brought the attacks on themselves. Frequently, they are afraid to confide in their partner, afraid of not finding support, of being accused of flirting, or even worse, of becoming alienated from their partner.

Women who stand up for themselves or make an official report are told that they are troublemakers.

When a woman decides to go to court and obtains an attorney, she is told that she is starting a war, and is asked if she can live under the additional stress of innuendo and publicity. No wonder most women just change jobs and hope for the best--next time. (Excerpt from Survival for Women Newsletter)

SEPTEMBER/OCTOBER 1988 NETWORKING CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4	5 LABOR DAY	6	7	8	9 NTS BROWN BAG 11:30 TO 1:30	10
11	12 ATHENA 6:00 pm (Sweet Ave House)	13 WOMEN'S CENTER PROGRAM 12:30	14 WOMEN'S CENTER PROGRAM 12:30 AAUW 6:30/7:30 Cavanaugh's	15	16 NTS BROWN BAG 11:30 to 1:30	17
18	19 Life Without Diets -WSU- CUB212 8:00 to 3:30 pm	20 WOMEN'S CENTER PROGRAM 12:30	21 WOMEN'S CENTER PROGRAM 12:30	22	23 NTS BROWN BAG 11:30 to 1:30	24
25	26	27 WOMEN'S CENTER PROGRAM 12:30	28 WOMEN'S CENTER PROGRAM 12:30	29	30 NTS BROWN BAG 11:30 to 1:30	<u>OCT</u> 1
2	3	4 ATHENA 6:00 pm (Place tba)	5 WOMEN'S CENTER PROGRAM 12:30	6	7 NTS BROWN BAG 11:30 to 1:30	8

For more information about these events, see this newsletter or call the Women's Center, 885-6616

When the Law Fails: Protecting Sexually Abused

Children: Gulfport, Mississippi is the center of a major struggle concerning the rights of children to be free from physical and sexual abuse. On one side is virtually the entire judicial and law enforcement apparatus of the state. On the other is attorney Garnett Harrison and the recently organized group, Mothers Against Raping Children (MARC). Harrison represented two women. Dorrie Singley and Leslie Newsom, who suspected that their ex-husbands were abusing their children during visitations. Singley's 5 year old daughter, was found by the New Orleans Children's Hospital to have vaginal scarring that could only have been the result of sexual abuse. Newsom's two children, aged 4 and 2 1/2, were both found to have been abused by the father according to the opinions of a pediatrician and psychologist. In both cases, the court vested custody in the children's fathers. The only abuse the judge found was Ms. Newsom taking her children to psychologists and doctors so often. Both women chose to protect their children by hiding them from the fathers. While in hiding, Singley died of a brain aneurism, because, it is believed, she was afraid to go to a doctor for fear that her daughter would be found and given to the father. Newsom was arrested and held in jail for 42 days for contempt of court. Finally she revealed the whereabouts of her children and got a new lawyer. The children are now with their father. Twenty people who assisted have been subpoenaed to appear. Harrison and her staff believe they will be indicted, along with the others and she is expecting disbarment procedures to commence. Despite all that has happened, MARC, Harrison, and her staff have no regrets for what they did and have pledged to continue to fight. They are absolutely convinced they did the right thing, as are the experts who examined the children. Nevertheless,

the judicial system seems to be determined to punish those who placed the well being of three young children above the dictates of the judge. (from the PA. Coalition Against Domestic Violence)

Incest Injury & Discovery: FACT: Within the next decade, 28 million children will be sexually abused; 25 million of the victims will be girls. FACT: Half of the victims of sexual abuse are under age 11. FACT: 28% of 1200 college age women had sex with an adult before age 13, but only 6% of the incidents had been reported. FACT: The American Psychological Association estimates that in cases of incest involving young girls, 25% involve fathers and daughters, 25% involve step-fathers and step-daughters, and the remaining 50% involve adoptive fathers, grandfathers, brothers, half-brothers, uncles and cousins. FACT: Experts have observed that many incest victims repress the memory of the incest in order to cope with repeated abuse. Blocking the memory of the abuse is a coping mechanism that allows the victim to survive by controlling thoughts and feelings to the point where there is no recognition of victimization. FACT: Because many adult victims have blocked the memory of abuse, they have no idea of what happened to them as children. Recall of the abuse may be triggered in adulthood by therapy or other events. FACT: A strong relationship was observed between frankly violent or sadistic abuse experiences and the resort to massive repression as a defense. Nine of 12 women who suffered overtly violent abuse reported that they had been amnesic for these experiences for a prolonged period of time. FACT: "Prosecution and conviction occur in only a small percentage of incest cases..." (from NOW Legal Defense & Education Fund flyer)

Family and Medical Leave Legislation: The House version is scheduled for a floor vote on September 14th. If you wish a voice write your Rep.!

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