



# University of Idaho Women's Center

corner of Idaho and Line streets 885-6616

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The Women's Center Newsletter is published six times during the academic year. It includes announcements and information about the many services and programs offered by the Center to the University and Moscow communities, as well as items of general interest about women's issues. If you have announcements or information you would like included in subsequent issues, please let us know. Suggestions for changes, improvements, or additional items are welcome.

**Women's Center Hours**  
8 a.m.-5 p.m. Monday-Friday

*"I gain strength, courage and confidence by every experience in which I must stop and look fear in the face...*

*I say to myself, I've lived through this and can take the next thing that comes along...*

*We must do the things we think we cannot do."*

*Eleanor Roosevelt, 1884-1962*

**Women's Center Hours**  
8 a.m.-5 p.m. Monday-Friday

## APRIL/MAY PROGRAMS 1989

*Women's Center programs educate, enrich and entertain. Bring your lunch and join us! Unless otherwise specified, programs begin at 12:30 in the Women's Center lounge and are open to the public. If you have any suggestions for future programs, please call or stop by.*

April 5th, Wednesday

**TAKE CHARGE: DON'T WAIT FOR A KNIGHT IN SHINING ARMOR:** *Amber Thiemens*, a local Black Belt Kokondo Karate instructor, will demonstrate how to take charge in and control nuisance and life-threatening situations. Kokondo Karate is not a "sport" karate; it's strictly self defense and does not require power or strength. Thiemens will also address the psychology of the attacker and what the person attacked can do verbally.

April 11, Tuesday

**AAUW: Who Are We and why?** The American Association of University Women is one of the largest and oldest national organizations working for the advancement of women. It also offers through its educational fund more scholarships for women (mostly for graduate students) than any other organizations. Local members, including Opal Gerwig, Market & Advertising Manager for North Country Publishing, Joan Racki, and Sue Scott, Co-owner of Moscow winery, will explain what the organization stands for and why they belong.

April 12, Wednesday

**ISSUES OF THE YEAR:** *Sue Hovey*, member of the National Executive Board of the National Education Association and a Moscow resident will discuss the issues of 1989 & 1990 which are of particular concern to women and children. Because of her position at the National level and her frequent trips to Washington, D.C., Hovey has access to information about congressional activity, Supreme court cases, and current issues that we often don't hear about until much later and Hovey will discuss the current court challenge to the Roe vs. Wade decision, the ABC Child Care bill, parental leave, and other issues. A "don't miss" program.

April 18, Tuesday

**PANDORA'S BOTTLE: WOMEN'S HIDDEN ALCOHOLISM:** A film and discussion about alcoholism. Alcoholism is an incurable, progressive, genetic disease. Learn more about the little-known symptoms and dangers. Jane Pritchett, whose mother died of alcoholism at 39 when Jane was 11, will lead the discussion

April 19, Wednesday

**DUAL CAREER PARTNERSHIP:** *Marilyn Murray and Ted Murray* will share how they have constructed and maintained their dual career marriage. They will talk about negotiating the ground rules, the prevention of possible problems, and suggest pragmatic solutions to those problems that inevitably arise despite all the best planning. Both the Murrays have EdD's and are Counseling Psychologists at the Student Counseling Center.

April 26, Wednesday

**"THERE'S NO SUCH THING AS WOMEN'S WORK",** A 30 minute video produced by the Women's Bureau of the Department of Labor. We have not reviewed this but the Women's Bureau deliver good work, so we expect this to be well done.

May 3, Wednesday

**GOOD-BYE FOR THE SUMMER AND GOOD LUCK TO THE GRADUATING SENIORS "FINGER FOOD" POTLUCK:** Take this last opportunity for one last potluck before finals week and before so many depart for the summer. Bring a box of crackers, or cheese, or fruit, or carrot sticks, any finger food to share with others and say good-bye, hello, or congratulations. We'll start eating around noon.

WE KNOW THE TYPE ON THE NEWSLETTER IS SMALL. WE HAVE RECORDED IT ON AUDIO TAPE FOR THOSE WHO HAVE A SIGHT IMPAIRMENT. LET US KNOW IF YOU WANT TO BORROW THE TAPE AND WE WILL SEND IT TO YOU.



## **DOMESTIC VIOLENCE HITS HOME-**

-Every 18 seconds a woman in this country is beaten by her husband, ex-husband or boyfriend.

-60 percent of all married women will experience battering at some time in their lives.

-Battering is the single greatest cause of injury to women; more than rapes, muggings and automobile accidents combined.

-At least one-third of all men who beat their wives also beat their children.

Local statistics are no better. The local program, Alternatives to Violence of the Palouse (ATVP) reports that they had a \*150% increase from 1987 to 1988 in the number of women and children served; 1989 is showing much the same. In 1987 they served 62 battered women and 158 in 1988. That does not count the number of sexual assault victims (23 in 1987 and 58 in 1988) or the children of these women.

Domestic abuse costs businesses an estimated \$5 billion annually in absenteeism and hundreds of millions of dollars in abuse-related medical bills.

If these facts startle you, you're not alone. You also may be surprised to know that battering happens in every neighborhood, to women of every age, race, soci-economic background and religion.

Domestic violence is a major problem in our society. The first step is admitting it exists, the next step is doing something about it. If you or someone you know is being beaten remember that help is available.

Alternatives to Violence of the Palouse has a confidential twenty-four hour crisis line, 883-HELP or 332-HELP. They also have a shelter available for women (and their children) who have been beaten and/or sexually assaulted. The month of April contains both Rape Awareness Week and Victim's Rights Week so SUPPORT YOUR LOCAL SHELTER.

The National Coalition Against Domestic Violence hotline is 1-800-333-SAFE.

**ATHENA:** Athena, An Association Supporting the Interests of Faculty and Other Professional Women at the University of Idaho, is an organization that promotes professional women's concerns at the University. The next meeting will be on April 19th. We will meet in the Sweet Avenue House (located diagonally across from the Music Building). The gathering begin at 6:00 p.m. for socializing, catered dinner at 6:30 p.m. and the meeting at 7:30 p.m. It is quite acceptable to bring your own food for dietary, nutritional or whatever reasons instead of purchasing the catered dinner. Child care is available. If you did not receive a meeting announcement, call Joanne Reece to make a reservation for dinner or child care and call the Women's Center to place your name on the mailing list.

## **UNITED NATIONS REPORT: 1980**

Women constitute half of the world's population, perform nearly two-thirds of its work hours, receive one-tenth of the world's income, and own less than one-hundredth of the world's property.

## **COLLEGE WOMEN STUDENT LEADERS CONFERENCE**

The Fifth National Conference for College Women Student Leaders will be held June 1-3, 1989 at the George Washington University in Washington, D.C.

"Leadership for Today and Tomorrow" is the theme of the Conference. Over 350 women student leaders from around the country will meet to explore their leadership styles, develop their leadership skills, and discuss issues related to women, both on their campuses and beyond.

Should you have any questions regarding the Conference, feel free to contact the Coordinating Sponsor: NAWDAC, 1325 18th St., N.W., Suite 210, Washington, D.C. 20036; (202) 659-9330.

## **NON-VIOLENT MARCH FOR HUMAN RIGHTS:**

**CINNAR**, Citizens for Nonviolent Action Against Racism, is sponsoring a march on April 22 to demonstrate that the people of the Northwest will not accept the violence or ideology that white supremacist groups wish to impose on Northwest communities. The march will start at Rosauers on Apple Way and proceed north along Highway 95 for seven miles. It will come within yards of the turnoff to the Aryan Nations Compound. Marchers will be transported by vehicle back to CDA. The organizers of the march state that its purpose is to demonstrate community commitment, throughout the Northwest, to human rights, and to foster solidarity among concerned citizens, not to confront the supremacists. The Women's Center is only providing this as information and is not taking a stand on this march one way or the other. If you wish more details we will tell you the names of local contacts if you call us.

## **ACTION FOR WOMEN'S EQUALITY/WOMEN'S LIVES:**

National NOW and several hundred other national organizations are sponsoring a March in Washington D.C. on April 9 to demonstrate the massive support there is for keeping abortions safe and legal. Pullman NOW and the Associated Women Students at WSU are sponsoring an evening of music, fun, and letter writing to coordinate with the national activities. The event will be Tuesday, April 4 from 7:30 to 10:00. It will be held in Butch's Den of the WSU CUB. Featured musicians will be Robin Flower and Libby McLeuren. Free to the public, donations accepted.

## **WORLD HANDGUN STATISTICS**

### **IN 1986 HANDGUNS KILLED**

48 people in Japan / 2 in Canada

8 in Great Britain / 34 in Switzerland

58 in Israel / 21 in Sweden

42 in W. Germany / 10,728 in the U S



## APRIL/MAY 1989 NETWORKING CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
3	4 MUSIC 7:30 WSU CUB	5 WOMEN'S CENTER PROGRAM -12:30-	6	7 NTS BROWN BAG  11:30 1:30	1/2 8PM GAY PEOPLE APRIL FOOLS DAY DANCE SAT/1ST
- R A P E	A W A	R E N E	S S W E	E K -	8/9
10	11 WOMEN'S CENTER PROGRAM -12:30-	12 WOMEN'S CENTER PROGRAM -12:30-  AAUW 6:30-7:30 R I G H	13	14 NTS BROWN BAG  11:30-1:30	15/16
- V I C T	I M S	T S	W E E K-		
17	18 WOMEN'S CENTER PROGRAM -12:30-	19 WOMEN'S CENTER PROGRAM -12:30-  ATHENA 6-9PM AT SWEET AVE HOUSE	20	21 NTS BROWN BAG 11:30-1:30	22/23
24	25	26 WOMEN'S CENTER PROGRAM -12:30-	27	28 NTS BROWN BAG  11:30-1:30	29/30 MICHELLE WARD-8 PM CLASSICAL GUITAR RE- CITAL ON THE 29TH
MAY 1	2	3 WOMEN'S CENTER PROGRAM -12:30-	4	5 NTS BROWN BAG  11:30-1:30	6/7
8	9	10	11	12 NTS BROWN BAG  11:30-1:30	13
- - F	I N A	L S	W E E K	- -	

Remember every Wednesday at 12:30 is Athena lunch at the Blue Bucket & Wednesdays at 2:30 pm is Athena coffee at Satellite Sub on April.

For more information about these events, see this newsletter or call the Women's Center, 885-6616



## HAVE A GREAT SUMMER!

It is hard to believe that one more school year is almost completed. It seems we were just writing the September newsletter. Time flies when you're ... It has been a busy year for us at the Women's Center. We have had many, many wonderful noon-time programs, 42 to be exact, with audiences ranging from 5 to 46. We published a Moscow Child Care Directory because we had received so many calls requesting this information. We held a welcome social gathering at the beginning of both semesters for non-traditional students; our definition is any student who is not attending college immediately following high school. We will repeat this in fall and hope that you will attend to help welcome this growing student population. We also ran support groups for women students and community members. Second semester we ran a group for students who had been sexually assaulted or raped. One of the unhappy trends we saw this year was the increase of students reporting violence on campus. By the middle of March as I wrote this we have had 10 students come in for help because they had been sexually assaulted. We assisted an additional 3 women who were sexually assaulted at the request of county or state agencies, we helped the parents of 3 rape victims, gave guidance to friends of 5 rape victims, counseled 3 survivors of incest or the parents of incest victims, provided court advocacy or crisis help to 7 battered women, had 3 cases of professor/student "consensual" relationship pressures, and 1 student report of sex discrimination. In addition, we referred many people to

Alternatives to Violence. We would like to believe that this year's increase is a one time phenomenon, however, campuses across the nation are seeing the same increases so we fear this will last for several years. As a result we have increased the number of acquaintance rape presentations to the student living group. We have an active core of students who are giving these presentations with a professional back-up present and we are doing more training in late March and early April so we will be prepared for the fall when school starts again.

On a happier note, we are computerizing our information and referral directory which will make it easier to help individuals find the resources they want.

Our doors are open until May 26th and then closed for the months of June and July. Our telephones are answered in the summer months by Student Advisory Services who know how to handle the emergency calls.

Thank you, our friends, for supporting us through another successful year. We hope to see many of you at our April programs and the May potluck and in the fall. To those of you who are moving on to another place and another phase in your lives, don't forget to stop in and say hello when you are back visiting. We won't forget you, you have touched and enriched our lives in different ways; we have tried also to enrich yours. Happy Summer to you all!

Betsy Thomas & Staff

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