



University of Idaho Women's Center

corner of Idaho and Line streets 885-6616

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The Women's Center Newsletter is published six times during the academic year. It includes announcements and information about the many services and programs offered by the Center to the University and Moscow communities, as well as items of general interest about women's issues. If you have announcements or information you would like included in subsequent issues, please let us know. Suggestions for changes, improvements, or additional items are welcome.

Women's Center Hours
8 a.m.-5 p.m. Monday-Friday

*Before you finish
eating breakfast this
morning, you've
depended on more
than half the world.
This is the way our
universe is structured...
We aren't going to have
peace until we
recognize this basic
fact of the interrelated
structure of all reality.
Martin Luther King, Jr.*



Women's Center programs educate, enrich and entertain. Bring your lunch and join us! Unless otherwise specified, programs begin at 12:30 in the Women's Center lounge and are open to the public. If you have any suggestions for future programs, please call or stop by.

January 13, 15, 19, 20, 21, 22 and 23

MARTIN LUTHER KING, JR. HOLIDAY CELEBRATIONS: See back page for schedule of events.

January 24
Wednesday

DATE RAPE - A Video Program on Sexual Responsibility: A rape occurs every 7 minutes; 80% of rapes are committed by a person who knows the victim. In fact, half of rapes occur on dates. Respecting the opinions, rights, and decisions of other human beings is a major theme in this video tape program.

January 30
Tuesday

COUNSELING CENTER WEEK

DEALING WITH ADDICTION: Moving from Self-Abuse to Self-Care Beth Waddel and Marilyn Murray, U of I Counseling Psychologists will discuss people in relationships with mood altering substances or processes. This discussion will focus on how to determine if an "addiction" is self-abusive and how to move from abuse to self-care.

January 31
Wednesday

DEALING WITH ADDICTION: Moving from Self-Abuse to Self-Care (continued) Beth Waddel and Marilyn Murray, U of I Counseling Psychologists will continue the discussion on dealing with addiction.

February 6
Tuesday

A JOURNEY TO KENYA: Josephine Thitu Maundu, a UI bacteriology student from Kenya will share slides, music, clothing and every day life about her home country. She will discuss the history and culture and explore difference that she perceives between our two countries. She will answer questions and may dance.

February 13
Tuesday

SUSAN B. ANTHONY BIRTHDAY AND VALENTINE'S DAY POTLUCK. To continue a time-honored tradition, the Women's Center will again host a potluck in honor of this early suffragist born on February 15, 1820. We will supply the cake and punch, you bring the food. *Come and have a piece of Susan B's 170th birthday cake.*

February 14
Wednesday

MAY ARKWRIGHT HUTTON: "Battle-Axe of the Coeur d'Alenes" To collaborate with the Idaho Centennial Celebration, UI History Professor Katherine Aiken's annual presentation on a woman of note will focus on an Idaho woman. From 1886 until her death in 1915, May Hutton lived in the Wallace mining district of Northern Idaho (and later Spokane) working in the political, suffrage and economic arena. She ran for the Idaho Legislature in 1904 and in 1912 she was the first woman delegate to a Democratic National Convention.

February 20
Tuesday

FIDDLING MUSIC FROM THE HEART: Mabel Vogt, former Idaho State Fiddle Champion, First runner-up for the National Grand Championship, judge for the national contests in Weiser, and Women's Division winner for several years, will play old time fiddle pieces that are her favorites. She will be accompanied by a guitarist and will discuss her back ground, the history of the music and answer questions. Should be a fun and entertaining program.

February 27
Tuesday

COUNSELING CENTER WEEK

SEXUALITY IN THE NINETIES: U of I Counseling Psychologists, Marilyn and Ted Murray will discuss aspects of individual and relationship sexuality. Highlighted topics include responsibility, ownership, growth, communication, play, and life-long commitment. Questions and comments are encouraged. If you have them but don't want to ask in a group setting, please send them to the Murray's at the Counseling Center or give them to the Women's Center staff.

February 28
Wednesday

SEXUALITY IN THE NINETIES: discussion will resume from previous day.

WE KNOW THE TYPE ON THE NEWSLETTER IS SMALL. WE HAVE RECORDED IT ON TAPE FOR THOSE WHO HAVE A SIGHT IMPAIRMENT. LET US KNOW IF YOU WANT TO USE THE TAPE AND WE WILL SEND IT TO YOU.

NEED ACADEMIC-ASSISTANCE? *Student Support Services* can help! This federally funded program helps students graduate from college, by providing academic services tailored to meet individual needs. Academic advising and management, individualized tutoring, guided study groups, career advising & personal support are only a few of the services offered. To qualify for this program, students must be either financially limited, physically or learning disabled, or first generation (neither parent has received a 4 year college degree). If you are eligible, & feel that you could benefit from this comprehensive academic assistance program, contact the Student Support Services office for an appointment. Student Support Services is located in Phinney Hall 302, 885-6746.

BIG NAMES NO INDICATOR OF BIG DOLLARS: Students often choose prestigious colleges or universities for a positive impact on future earnings. But according to a study at SUNY-Stony Brook, big names have little influence on future income potential. Factors with the biggest impact include majors in engineering or business, high GPA's and successful completion of extra math courses. Factors with little influence include a school's selectivity in admissions, its spending per student, and whether it's public or private. (National ON CAMPUS Report, Volume 17, Number 19, October, 1989)

COME CROSS-COUNTRY SKI WITH US!!! It's time for the annual Women's Center Cross Country Ski Weekend. Feb. 3rd and 4th in Elk River. We will leave Moscow the morning of the 3rd and return the afternoon of the 4th. Approximate cost for lodging is \$12 per person. This year we will be staying at the Old Post Office Inn and will have the entire Inn to ourselves. The Inn has a Finnish Sauna, a hot tub, several bathrooms and a kitchen. You may bring & prepare your own food (cooking equipment at by Inn) bring snacks and beverages. If more than 18 attend, some will have to bring sleeping bags, pillow. You may want to bring extra towels. Ski equipment can be rented from Huckleberry Heaven (826-3405) or Outdoor Rentals in the SUB (885-6170).

There will be a meeting of those wishing to attend this year's ski weekend on Thursday, January 25, at noon at the Women's Center. We will be discussing the final cost, departure time, who will drive, who will bring what, etc. We are working on a meal package and can let you know then what, if anything we have arranged. Mark the trip and the meeting on your calendar!! If you cannot attend the meeting but want to go on the ski trip, you just have to live with the decisions the group makes. It is not necessary to ski to enjoy this great weekend. There's a sauna hot tub and there will be table games (Trivial Pursuit & Pictionary) and of course lively conversation and a sharing time for all.

SEXUAL ASSAULT SUPPORT GROUP: This group will continue to meet weekly throughout second semester. If you or a friend have ever been sexually assaulted, as a child or as an adult, feel free to call and ask about joining this group.

DEMAND FOR NURSES MAY BE UP, BUT...their ability to get through school quickly is down, according to a report by the American Association of Colleges of Nursing. Nursing students are taking longer to graduate because they're less likely to receive financial aid - and more likely to work while attending school. (National ON CAMPUS Report, Vol.17, #19, Oct. 1989)

ATHENA, An Association Supporting the Interests of Faculty and Other Professional Women at the University of Idaho will not meet during the month of January. The February meeting will be Monday evening the 6th at the Sweet Avenue House. Socializing at 6:00, dinner at 6:30 and meeting at 7:30. For more information, to make a dinner reservation, to place your name on the mailing list call Vice-President Kay Keskinen at 5-6721. General information is also available at the Women's Center.

NON-TRADITIONAL STUDENTS: The annual social gathering for students who are not attending college immediately following high school will be held at the beginning of the semester on Monday, January 15, at the Sweet Avenue House from 3:00 to 4:30. Everyone is invited to attend, most particularly non-traditional students who are returning, administrators, faculty and staff. Let's all make this population feel welcome. We know and you know that they are no longer the minority in numbers, but we hear constantly that they feel neglected and forgotten.

The Monday afternoon movies, popcorn, and relaxation time will continue. Every Monday, starting January 29, from 3:00 to 5:00 join us for current or classic videos. You may even put in a request to see your favorite video at the Center.

Support groups will begin shortly after the first weeks of school. We have leaders for the women's groups as usual and this semester we also have leaders for a men's group. If you are interested please call us at 885-6616 to sign up or to ask questions.

THANK YOU'S FOR THE MARTIN LUTHER KING, JR. WORK: As before, much of the work behind the MLK, Jr. Celebration went on at the Women's Center. Since I have observed so much of this effort, I want to publicly thank (and hope you will, too) a few of those who have put in so much time and energy in planning another year's activities. Michelle Ward and Stephen Lyons were the Co-Chairs this year. In addition to the budget amount from the University, which never seems to stretch far enough, we received \$500.00 from ASUI and funding for the Monday night reception from Tri-State Distributors. Mark Patterson has made all the arrangements for the Friday night dance. The UI Sociology Club prepared the display in the UI Library. Nancy Ruff and Sue Hovey for coordinating the Children's Poster Exhibition. Bruce Wollenberg and Mark Finley for the Sunday Celebration. Susan Billin for annually being willing to play the special Carillon music. Gordon Braun for arranging and staffing Palouse Empire Mall table and video showings. The Northwest Coalition Against Malicious Harassment for sending us Bill Wassmuth. Miguel Almanza for coordinating the *Eyes on the Prize* showing. Linda Griffith and Beth Case at Productions and Design for the great poster design. Joanne Kirkwood for making the birthday cake. Sheila O'Brien and Cindy Lee for coordinating the Tuesday Speaking Out program, Dave Pena for coordinating the Monday panel. The students presenting on Monday and Tuesday. And most of all to MICHELLE WARD and CAROLINE KUEHNE who spent hours of time and seemingly unending energy and patience making certain that it would all come together in a way that encourages each of us to live daily what Dr. King taught and dreamed.

JANUARY/FEBRUARY 1990 NETWORKING CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
Jan 15 Martin Luther King, Jr. Birthday	16 Registration	17 Classes Begin	18	19 MLK Community Dance: 7 pm Moscow Comm Center	20/21
22 Martin Luther King Jr. Events Begin	23 Women's Center Program -12:30-	24 Women's Center Program -12:30-	25	26 NTS Brown Bag 11:30-1:30	27/28
29 Film: 3-5pm	30 Women's Center Program -12:30-	31 Women's Center Program -12:00-	FEB 1	2 NTS Brown Bag 11:30-1:30	3/4 Women's Center Ski Trip
5 Film: 3-5pm *Athena 6:00 Sweet Ave	6 Women's Center Program -12:30-	7	8	9 NTS Brown Bag 11:30-1:30	10/11
12 Film: 3-5pm	13 Women's Center Program -12:30-	14 Women's Center Program -12:30- AAUW 6:30/7:30PM	15	16 NTS Brown Bag 11:30-1:30	17/18 Mardi Gras
19 UI Closed President's Day Holiday	20 Women's Center Program -12:30-	21	22	23 NTS Brown Bag 11:30-1:30	24/25 Jazz Festival
26	27 Women's Center Program -12:30-	28 Women's Center Program -12:30-	Mar 1	2 NTS Brown Bag 11:30-1:30	3/4

* Remember, during February the Athena luncheons will be on Mondays at 12:30 pm at the Blue Bucket.

For more information about these events, see this newsletter or call the Women's Center, 885-6616.

1990 MARTIN LUTHER KING, JR. CELEBRATION SCHEDULE: Once again the University and community is celebrating Dr. King's life and dream. The theme is "Celebrating Diversity". The officially designated date for the holiday is the third Monday in January, this year, January 15, 1990. Following are scheduled events which begin after Dr. King's actual birthday due to the late start of classes this year. Please join us, all events are open and free to everyone.

JANUARY 13 -- SATURDAY: Opening of the Children's Art/Poster Exhibition Purple Mall, 527 S. Main, Moscow, ID

JANUARY 19 -- FRIDAY

7:00 p.m.-12:00 a.m.: Community Dance, Moscow Community Center, 206 E. 3rd

JANUARY 21 -- SUNDAY

7:00 p.m. Inter-faith celebration at First United Methodist Church, 322 E. 3rd, Moscow; Speaker: Bill Wassmuth; Music: Spokane Calvary Baptist Choir

JANUARY 22 -- MONDAY

8:30 a.m. Color guard ceremony by *U of I Military Sci. Dept*, UI Admin. Lawn

9:30 a.m. **Eyes on the Prize** film series at UI Ag. Sci. Auditorium. (Hourly showings until 3:30 P.M.) Intro. & welcome by *Miguel Almanza*, UI Minority Student Advisor.

12:00 p.m. Special Carillon music by *Susan Billin*

Brief address to students by *Miguel Almanza*

12:30 p.m. **Racism: What Are We Talking About?** Ag. Sci. Auditorium

6:00 p.m. Gather in Friendship Square, Moscow, ID for candle light march

6:30 p.m. March to Borah theater, SUB

7:00 p.m. **Celebrating Diversity:** Opening ceremony music by *Nez Perce Drummers* and flagstaff ceremony

Keynote speaker: *Bill Wassmuth* (Introduction: *David Pena*, ASUI Pres.)

Reception to follow at *St. Augustine's Parish Center*

JANUARY 23 -- TUESDAY

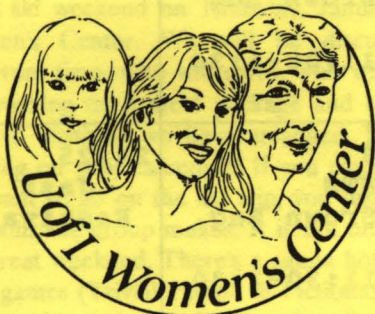
12:30 p.m. **Speaking Out:** Works by Minority Writers & Artists will be presented by *UI Students*, Collette Theatre

7:30 p.m. *Robert Zelner*, activist with Student Nonviolent Coordinating Committee (SNCC), SUB Ballroom (sponsored by ASUI Productions)

UNIVERSITY OF IDAHO LIBRARY DISPLAY in January sponsored by the UI Sociology Club & the Martin Luther King, Jr. Committee.



University of Idaho



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