



# UNIVERSITY OF IDAHO

## WOMEN'S CENTER



Corner of Idaho and Line Streets

885-6616

**STAFF:**  
Betsy Thomas  
Director

Leslie Gregory-Garnett  
Receptionist/Interviewer

Kim Bouchard  
Education Programming

Gwen Snow  
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The Women's Center Newsletter is published six times during the academic year. It includes announcements and information about the many services and programs offered by the Center to the University and regional communities, as well as items of general interest about women's issues. If you have announcements or information you would like included in subsequent issues please let us know. Suggestions for changes, improvements, or additional items are welcome.

Women's Center Hours:  
8 am - 5 pm Monday-Friday

*I long for an earthquake or a volcano to shake the world out of its lethargy into facing these monstrous atrocities.*

Margaret Sanger, 1931

*Women's Center programs are open to all members of the community. We invite you to bring your lunch and join us! Programs begin at 12:30 in the Women's Center lounge. If you are interested in presenting a program or have any suggestions for future programs please call 885-6616 or stop by the Women's Center. We welcome your ideas.*

### OCTOBER PROGRAMS 1993

**OCTOBER 5**

Tuesday

**GETTING HELP ON CAMPUS IS EASY AND ANONYMOUS:** The director of the Student Counseling Center will present the final program in our campus information series. Dr. Jim Morris will describe the individual and group counseling services available for students and their families.

**OCTOBER 6**

Wednesday

**DOMESTIC VIOLENCE AWARENESS MONTH: AN OVERVIEW.** October has been designated as the month to increase our awareness of the many issues and developments surrounding domestic violence today. Betsy Thomas and Gwen Snow will lead off the discussion that will take place in the Women's Center throughout October. They will discuss current perspectives and actions.

**OCTOBER 12**

Tuesday

**WHISPERS AND SCREAMS: OUR MANY VOICES** The second Tuesday of each month will be dedicated to an open reading for writers, singers, storytellers and whisperers to share our voices through reading, singing and saying our lives. Everyone is welcome to share and/or listen.

**OCTOBER 13**

Wednesday

**BECOMING SOCIALIZED TO VIOLENCE:** Gina Babcock, Professor of Sociology at the U of I, will discuss how the socialization of women and men contributes to recurring and growing patterns of violence in contemporary culture.

**OCTOBER 19**

Tuesday

**BREAST CANCER: THE NEW EPIDEMIC** October is also Breast Cancer Awareness Month. In recognition of the urgency and spread of this cancer the Women's Center has invited Nan Miguel from Pullman Community Hospital to share her expertise of the current research, detection techniques and treatment options.

**OCTOBER 20**

Wednesday

**THE RIGHT TO FREEDOM FROM VIOLENCE:** Recent court determinations concerning sentencing for people who have killed their abusers have called into question the way that domestic violence cases are prosecuted and sentenced. This and other legal issues will be discussed by Craig Mosman, attorney and Region II Representative for the Idaho Council on Domestic Violence.

**OCTOBER 26**

Tuesday

**ALTERNATIVES TO VIOLENCE OF THE PALOUSE** is an organization of dedicated staff and volunteers who work to insure that victims of violence have resources and support services available whenever they need them. Newly appointed director Jackie Grimesey and staff from ATVP will discuss working with victims and the local resources and options available. A reception for Ms. Grimesey will immediately follow the presentation. Everyone welcome.

**OCTOBER 27**

Wednesday

**ADVOCATES FOR DOMESTIC VIOLENCE VICTIMS:** The Council on Domestic Violence was established by the state of Idaho to deter, prevent and reduce domestic violence. Celia Heady, Executive Director and Irene Masterson, will discuss current legislation, the state wide programs and resources, and plans for future actions on a state and national level.

WE KNOW THE TYPE ON THE NEWSLETTER IS SMALL. WE HAVE RECORDED IT ON AUDIO TAPE FOR THOSE WHO HAVE A SIGHT IMPAIRMENT. LET US KNOW IF YOU WANT TO BORROW THE TAPE AND WE WILL SEND IT TO YOU. WHEEL CHAIR AND BABY STROLLER ACCESS IS VIA THE TUTORING AND ACADEMIC ASSISTANCE PROGRAM IN THE NORTH END OF THE WOMEN'S CENTER BUILDING.

## OCTOBER DOUBLY IMPORTANT FOR WOMEN:

October is both Domestic Violence Awareness and Breast Cancer Awareness Month. The noon programs on Wednesdays, Oct. 6, 13, 20, & 27 and Tuesday Oct. 26 will be part of a month long discussion of the issues surrounding Domestic Violence. We encourage members of the university and regional community to join us from 12:30 to 1:20 p.m. during this month and contribute to an ongoing discussion of this crucial national issue. For more details contact the Women's Center, 5-6616.

**NEW BOOKS AT THE WOMEN'S CENTER LIBRARY:** The Library has been enhanced by recent additions to the collection that were donated through the generous contributions of friends of the Women Center. The following titles are currently available for reference and circulation:

"The Education of Little Tree: A Cherokee Boyhood of the 1930's" by Forrest Carter.

"The Elements of Nonsexist Usage: A Guide to Inclusive Spoken and Written English" by Val Dumond.

"Healing Your Sexual Self" by Janet Woititz.

"Helping Your Child Recover from Sexual Abuse" by Caren Adams and Jenifer Fay.

"Outgrowing the Pain Together: A Book For Spouses and Partners of Adults Abused As Children" by Eliana Gil, Ph.D.

"Paperdolls: Healing from Sexual Abuse in Mormon Neighborhoods" by April Daniels and Carol Scott.

"Recovering From Rape: Practical Advice on Overcoming the Trauma and Coping with Police, Hospitals, and Court- for Survivors of Sexual Assault and for Their Families, Lovers, and Friends" by Linda E. Ledray, RN, Ph.D.

"They Used To Call Me Snow White...But I Drifted: Women's Strategic Use of Humor" by Regina Barreca.

"When Your Child Has Been Molested: A Parent's Guide to Healing and Recovery" by Kathryn B. Hagans and Joyce Case.

"The Woman's Comfort Book: A Self-Nurturing Guide for Restoring Balance in Your Life" by Jennifer Louden.

"Women on Top: How Real Life Has Changed Women's Sexual Fantasies" by Nancy Friday.

**WELCOME TO NEW ATVP DIRECTOR:** Alternatives to Violence on the Palouse has recently appointed Jackie Grimesey as the new director of their program. Ms. Grimesey will be speaking on Oct. 26 for the noon program and immediately following her presentation, at 1:30pm, there will be a reception for her at the Women's Center. We welcome all members of the University and regional community to meet or re-acquaint themselves with Jackie and the staff and board members of ATVP.

**HIV/AIDS TESTING** is now available by appointment at Planned Parenthood of Spokane and Whitman Counties in Pullman. The testing is done anonymously. The telephone number of the Pullman Clinic is 334-1525.

## NEW MEDICAL SPECIALTY: WOMEN'S HEALTH

Dr. Adriane Fugh-Berman, a general practitioner in Washington tells the story of her first day in medical school a few years ago when the lab instructor told the students to cut off the female cadaver's breasts and discard them. She now asks how many of her fellow students took away the message that, despite the epidemic of breast cancer, women's breasts had no medical significance.

Incidents like these have convinced many women doctors like Dr. Fugh-Berman that medicine has a profound male bias and women's health needs are being ignored. Their answer is a new medical specialty dedicated to women's health. The new specialty would be concerned with women's total health needs with special attention to health issues that affect women, like osteoporosis, the menstrual cycle, and breast cancer which have received surprisingly little research in relation to the numbers which are affected. "It's the culmination of the whole women's health movement." said Alice Dan, organizer of a conference on the topic last year. "It is also a measure of women's coming of age in the medical profession."

Over the last two years a group led by Dr. Lila A. Wallis, a professor at Cornell University and past president of the American Medical Women's Association, has developed a curriculum organized around the life stages of women. For each stage the curriculum covers not only the standard topics like physiology but also sexuality, mental health, violence and abuse. "We thought about dividing up the curriculum by organ system, by disease, by medical specialty, but life stages made the most sense," said Dr. Wallis. "What we hope for is that women patients will seek out physicians with this advanced training and that by voting with their pocket books they will bring out the need for this specialty."

Excerpted from *The New York Times*

## OCTOBER ATHENA SOCIAL, DINNER & MEETING:

Tuesday, Oct. 12 ATHENA will hold its monthly social in the Morin Room of Wallace Complex. The social will begin at 6:00pm with the dinner following at 6:30. At 7:00pm the featured speaker, Provost Thomas Bell, will address the dilemma for university women faculty of nurturing and advising as teachers vs. the university priority for research. An opportunity for discussion will follow. For more information and reservations please contact Gail De Santis, Vice President, 885-6050.

*Tears are a river that take you somewhere.  
Weeping creates a river around the boat that carries your soul-life.  
Tears lift your boat off the rocks, off dry ground,  
carrying it down river to someplace new, someplace better.*

There are oceans of tears women have never cried, for they have been trained to carry mother's and father's secrets, men's secrets, society's secret, and their own secrets, to the grave. A woman's crying has been considered quite dangerous, for it loosens the locks and bolts on the secrets she bears. But in truth, for the sake of a woman's wild soul, it is better to cry. For women, tears are the beginning of initiation into the Scar Clan, that timeless tribe of women of all colors, all nations, all languages, who down through the ages have lived through a great something and still stand proud.

From *Women Who Run With The Wolves* by Clarissa Pinkola Estes

## ARE YOU ABUSED? DOES THE PERSON YOU LOVE...

1. TRACK ALL YOUR TIME?
2. CONSTANTLY ACCUSE YOU OF BEING UNFAITHFUL?
3. DISCOURAGE YOUR RELATIONSHIPS WITH FAMILY AND FRIENDS.
4. PREVENT YOU FROM WORKING OR ATTENDING SCHOOL?
5. CRITICIZE YOU FOR LITTLE THINGS?
6. ANGER EASILY WHEN DRINKING OR ON DRUGS?
7. CONTROL ALL FINANCES AND FORCE YOU TO ACCOUNT FOR WHAT YOU SPEND?
8. HUMILIATE YOU IN FRONT OF OTHERS?
9. DESTROY PERSONAL PROPERTY OR SENTIMENTAL ITEMS?
10. HIT, PUNCH, SLAP, KICK OR BITE YOU OR YOUR CHILDREN?
11. THREATEN TO HURT YOU OR YOUR CHILDREN?
12. USE OR THREATEN TO USE A WEAPON AGAINST YOU?
13. FORCE YOU TO HAVE SEX AGAINST YOUR WILL?

If you find yourself saying yes to these questions, now is the time to find out what services exist in your community.

*From The Company of Women, Inc. PO Box 742  
Nyack, NY 10960-0742*

**ALTERNATIVES TO VIOLENCE ON THE PALOUSE 24-HOUR CRISIS LINES**  
**883-HELP(4357) 332-HELP(4357)**

*OTHER LOCAL AGENCIES AND CENTERS TO CALL FOR ASSISTANCE:*

**Latah County Social Services 882-8580**  
**Community Action Center of Whitman Co. 334-9147**  
**U of I Student Counselling Center 885-6716**  
**U of I Women's Center 885-6616**

**EMPOWERING WOMEN: ACHIEVING HUMAN RIGHTS IN THE 21st CENTURY-AN INTERNATIONAL CONFERENCE**

It is still possible to register and attend the Conference to be held in Coeur d'Alene, Idaho on October 29th through the 31st. Over 60 presenters are scheduled for the three day conference that focuses on the Right to Freedom from Violence, Right to Economic Security, Right to Self-Determination, and the final session on The Politics for Change: A Call to Action. A few of the internationally recognized presenters are Riane Eisler, author; Christina Crawford, writer and advocate for women's right to freedom from violence; Arvonne Fraser, head of the US. Delegation to the UN Commission on the Status of Women; Ada Deer, recently appointed head of the Bureau of Indian Affairs; and Abida Khanum, Pakistani poet and former head of Family Planning in Pakistan before her forced exile.

If you are interested in going for one day or the entire conference and would like to carpool with other Moscow-Pullman attendees you may call the Women's Center, 885-6616, and leave your name, telephone and dates so that others may contact and coordinate with you.

**TEACHING ENHANCEMENT BROWN BAG WORKSHOP SCHEDULED FOR WOMEN'S CENTER:**

On Thursday, Oct. 21 at 12:30pm in the Lounge of the Women's Center, Dr. Tom Bitterwolf will discuss the "Joys and Frustrations of Teaching 100-Level Courses". The brown bag lunch session is part of this fall semester's series of workshops sponsored by the Office of Teaching Enhancement. The series will cover a number of topics of concern to faculty and students. Other workshops in the series will be on Fridays, at 12:30 p.m. in the College of Education's Conference Room on the third floor. Oct. 1 Norm Pendergraft will present a workshop on "Games in the Classroom", on Friday, Oct. 8 Dr. Bruce Pitman will talk about "Changing Student Personalities", on Friday, Oct. 15 Carol Hahn will discuss the issue of "Sexual Harassment in the Classroom".

**OF CULTURAL INTEREST:** Stark/Raving Theater (Matt Smith and Ed Sampson) will perform "Little Men on the Feminist Landscape" as part of the Visual, Performing, and Literary Arts Committee of WSU. The performance will take place on Oct. 26 at 8:00pm in the Jones Theatre, Daggy Hall on the WSU campus.

University of Idaho  
Moscow, ID 83844-1064



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