



University of Idaho

Women's Center

208-885-6616

Corner of Idaho and Line Streets

April-May 1995

SEXUAL ASSAULT AWARENESS MONTH

April is Sexual Assault Awareness Month and April 17-23 is Sexual Assault Awareness Week at the University of Idaho. The Women's Center is cosponsoring events and programs throughout campus with the ASUI Safety Task Force and GAR, Greeks Against Rape. The Purple Ribbon campaign, speakers, a mock trial, public forums and an interactive awareness program will be some of the activities taking place during the week. See the programs insert for the special noon programs taking place in the Women's Center Lounge and look for the flyers and announcements for the week's activities or call the Women's Center, 885-6616, for more information.

ATHENA MEETINGS

The **Thursday, March 30th** meeting of Athena will be held in the UI Library Classroom 212. The meeting will begin at 5:15 p.m. Staff, faculty, students and administrators are welcome to attend the meeting which will feature a panel discussing *Depression: Identifying & Understanding an Illness*. Dr. Carolyn Wyatt, psychologist, will lead the discussion by describing clinical depression. Athena members, Judy Jack and Donna Holmes will discuss their own experiences and the impact on home, work and family. Information about the Employee Assistance Program will also be available. The **final Athena meeting** of the year will take place on **Monday, May 1st** at the Beanery in downtown Moscow. The agenda will include voting for next year's officers, year-end committee reports and end of year business.

DIAMOND JUBILEE: Women's Right To Vote

The National Women's History Project has produced a 75th Suffrage Anniversary Party Kit for classroom and program use. The kit includes a commemorative poster, and the 16-page *Women Win the Vote* gazette that includes biographies of the suffragists and the history of the women's suffrage movement. There is also an optional 25 minute video, "The Women Get the Vote". For these items or a 48 page women's history catalog of materials, contact the National Women's History Project, 7738 Bell Road, Dept. S, Windsor, CA 95492, or 707-838-6000.

SAFETY BEEPERS AVAILABLE AT LIBRARY

The ASUI Safety Task Force is beginning their pilot project to provide safety beepers for students leaving the library after dark. Ten beepers, made by PAAL, are available from the Reserve Desk and are subject to the same check-out and regulations as other 24 hour reserve material. Laura West, Public Relations Coordinator for the Task Force and its founder and past chair, is hoping to provide beepers for living groups, computer labs and night class locations in the near future. She has received great support from local businesses who are purchasing the beepers for the project. "It is very exciting to see the cooperation between the community, ASUI and the university on this important project," commented Ms. West.

1995 BORAH SYMPOSIUM

POPULATION: PEACE AND CONFLICT

The topic for this year's Borah Symposium continues the discussions of the UN Population Conference in Cairo during the summer of 1994. The Borah Symposium Committee will bring to the University of Idaho on April 12 & 13, 1995 eight scholars and activists from many facets of the population issue. These experts from a variety of fields will discuss the environmental, social, economic and political challenges associated with rapid world growth, the relationship between population pressures and conflict and possible solutions for positive change. Much of the controversy in Cairo stemmed from the role women can and will play in population growth or control. Who makes legislative and medical decisions concerning reproduction? Will women have access to information and resources to make informed and healthy reproduction choices? These and other questions will be considered in university classrooms and in the symposium. The symposiums are free and open to the public and will take place in the Administration Auditorium at 7:00 PM on both Wed., April 12 and Thurs., April 13.

WOMEN'S WHITEWATER RAFT TRIP

UI Enrichment is still accepting registration for the April 28-30 raft trip with veteran guide Terri Rengstorff. Call 208-885-6486 for information.

STOP...LOOK...LISTEN:

An Experiential Sexual Assault Education Program

The Women's Center is now offering this innovative and acclaimed co-educational program designed to help college students openly and candidly discuss male/female relationships, alcohol use, health issues, positive sexual communication and sexual assault. Gwen Snow, Sexual Assault Education Coordinator and Missy Wilson, Women's Center Social Work Intern have been working with students from Greeks Against Rape to present this pilot program on campus. The response has been enthusiastic. The interactive nature of the program which encourages communication and participation is its greatest appeal.

During the course of the program, students explore personal values, understand perspectives of opposite sex peers, learn facts about sexual assault, alcohol and sexually transmitted diseases, discuss sexual stereotypes and the implications of these stereotypes, practice communication skills and discuss sexual relationship issues, creatively develop sexual assault awareness raising programs and learn appropriate steps for helping an assault victim.

The program, developed by the National Interfraternity Council, is designed for 20-100 people. The program and length of the program can be adjusted to the size and needs of the group. Designed much like a circuit training course, STOP...LOOK...LISTEN has different discussion stations, with each station focusing on one issue. Once students complete as many stations as possible in the recommended time period, the students regroup to discuss their experiences, facts learned, and the challenging issues that came out of the discussion stations.

The program is available free of charge to classes, living groups, organizations and schools. Please contact the Women's Center, 208-885-6616 for more information and to book a time and date for the program.



CAMPUS SECURITY ACT SETS NEW GUIDELINES FOR REPORTING CAMPUS CRIMES

Under the Campus Security Act, colleges and universities must provide information concerning campus crime. But how crimes are defined has been a source of continuing debate. The Dept. of Education has determined that the definition includes all crimes reported to campus officials, including those "who have significant responsibility for student and campus activities." Assaults reported to rape crisis advisors and other counselors must be included in the yearly statistics. To protect victim confidentiality advisors and counselors do not have to report such crimes at the time they occur nor must they provide details about the incidents. *Excerpted: About Women On Campus, Winter, 1995*



CRIME BILL MAKES GENDER-BASED VIOLENT CRIMES A CIVIL RIGHTS VIOLATION

The Crime Bill of 1994 passed by the Congress contained several provisions of interest to women. The bill included most of the provisions of the Violence Against Women Act, which, among other things redefined violent crimes based on gender so that they may now be considered a civil rights violation. Women will be able to file civil suits in federal court in cases of violent crimes motivated by gender bias and will no longer be dependent on prosecutors who choose which cases will be prosecuted in criminal court. The bill also provides funds to combat sexual assault and sexual abuse, including training for police officers, judges and prosecutors about sex-biased crimes and for a national hot-line for victims of domestic violence. *Excerpted: About Women On Campus, Winter, 1995.*

Sexual Assault Awareness Month

April 1995 Noon Programs

Women's Center programs are open to all members of the community. We invite you to bring a friend, some lunch and join us! Programs begin at 12:30 p.m. in the Women's Center Lounge unless indicated otherwise.

Sexual Assault Awareness, Violence Against Women Prevention

APRIL 4

Tuesday

ONCE CAN HURT A LIFETIME BY MARILYN VAN DERBUR The video illustrates in a sensitive and powerful manner how sexual assault and abuse affect people and their relationships with others. The video is intended for young people who have been victims of abuse and assault, their families and friends and professional health care and social service providers.

APRIL 5

Wednesday

WARNING: THE MEDIA MAY BE HAZARDOUS TO YOUR HEALTH Ann J. Simonton, former model and on going activist for change in the way the media represents women, narrates this powerful video which illustrates how violence against women and children is affirmed and created in media images. Produced by Media Watch, the video exposes the dangers for a society that glamorizes violence, fear and hatred between the sexes.

APRIL 11

Tuesday

KERALA: THE EMERALD COAST OF INDIA Munna, a Computer Science graduate student is from the state of Kerala on the southwest coast of India. A lush green tropical paradise, Kerala is a mosaic of different cultural streams representing the diversity of the Indian subcontinent. The women in Kerala enjoy a higher status educationally, financially and socially than the average Indian woman. Join us in discovering this fascinating region.

APRIL 12

Wednesday

WOMEN'S ROLE IN THE HOLISTIC POPULATION PERSPECTIVE Ms. Julie Silber-Urquilla, Director of the West Coast Office for Zero Population Growth, is one of the invited speakers for the 1995 Borah Symposium at the University of Idaho. We have asked her to comment on what perspectives women are bringing to the discussion and what leadership roles women can take in public policy making.

Sexual Assault Awareness Week

APRIL 18

Tuesday

RECOVERING FROM SEXUAL ABUSE AND ASSAULT Martha Kitzrow, Licensed Psychologist at the UI Student Counseling Center, will provide an overview of recovery strategies for women and men who have been victims of sexual abuse and assault. The program will also address how family and friends can be aware and sensitive to the healing process.

APRIL 19

Wednesday

LEARNING TO RECEIVE APPROPRIATE TOUCH Margo Kay, Certified Massage Therapist with Palouse Therapy Associates in Moscow, will discuss how people who have a history of violent touch or who suffer from touch deprivation, particularly associated with sexual assault or abuse, can reconnect and learn to receive and accept appropriate touch.

APRIL 21

Friday

BREAKING CYCLES OF VIOLENCE, ENDING CYCLES OF SILENCE A panel of survivors of sexual assault and abuse will discuss their individual process towards recovery and healing. This special program will take place at 12:30 p.m. in the Lounge of the Women's Center.

April-May 1995 Noon Programs

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Earth Day Program

APRIL 25

Tuesday

BEYOND BORDERS: WILDLANDS OF THE NORTHERN ROCKIES Filmed on location, this video takes a first hand look at the current issues and explores possible solutions for future policy making of public wildlands. Sue Westervelt, member of the Alliance for the Wild Rockies, will lead the discussion immediately following the video.

APRIL 26

Wednesday

LEGISLATION '95: AN OVERVIEW OF THE 1995 IDAHO LEGISLATIVE SESSION Senator Gary Schroeder(R) of Moscow will provide an overview of the legislation that was introduced or passed this session and how it affects employees and students at the University of Idaho. Bring your questions and find out the implications of the new administration's budget. The Women's Center will make available summaries of the legislation prior to this program.

MAY 2

Tuesday

CULTURAL SENSITIVITY: A VIDEO BY AND FOR THE UI COMMUNITY Students from the multicultural organizations on campus recently completed the filming of a video dealing with minority relations at the UI. The video deals with issues such as life in the residence halls, problems with professors and administration and adjusting to a predominantly white university. A panel of students will lead the discussion part of the presentation. Everyone welcome.

MAY 3

Wednesday

TRIBAL WISDOM AND THE MODERN WORLD: THE SHOCK OF THE OTHER This first program of the Millennium series is hosted by anthropologist David Maybury-Lewis. He visits central Brazil to find a balance between cultural diversity and the desire to be like one another and to unravel the mystery of the Mascho-Piro.

MAY 9

Tuesday

SACRED CIRCLE: A Documentary Cohosted By Bev Doolittle and Marcellus Bear Heart Williams The nationally acclaimed print artist, Bev Doolittle, and holy man of the Muscogee Creek Nation, Marcellus Bear Heart Williams, look at the delicate thread that connects all living things on our earth. The video takes us on a journey through Yellowstone to the western Great Lakes and to the eagle sanctuaries of the colonial South. A requested program from the Women's Center video library.

MAY 10

Wednesday

TELLING OUR STORIES & END OF YEAR FINGER FOOD POTLUCK The last program of the year is an opportunity to share food and stories. Everyone is welcome to bring their favorite writings, readings, tales of adventure and woe along with their favorite snack food. It is also an opportunity to say good-bye to friends who are graduating or moving on. All members of the university and larger community are cordially invited to our final program of the '94-95 academic year.

GOOD-BYE FOR THE SUMMER

The Women's Center Staff wishes to thank all the presenters, guests, artists, volunteers, friends and supporters who have generously contributed to an exciting and successful year. We hope everyone has a restful and rejuvenating summer and we look forward to seeing many of you in August. Our special farewells to those of you who are graduating, changing jobs and moving on. We will miss you.

UNIVERSITY POLICY

The Office for Civil Rights suggests universities treat sexual assault as a form of sexual harassment with all the requirements attached to educational institutions under Title IX. The university must maintain a learning and work environment for students and employees that is fair, humane, and responsible. All forms of sexual harassment, including rape, interferes with the educational process and with the productivity of the faculty and staff; thus it is inimical to the university. Like other forms of discrimination, sexual harassment violates federal and state laws and the policies of the board of regents of the University of Idaho. It is therefore, the policy of the University of Idaho to condemn sexual harassment.

The Student Code of Conduct also states in Article III, Section 2, "Harassment, hazing, detention, threats, intimidation, coercion, physical abuse, or similar actions, undertaken knowingly, are violations of this code."

(Taken from the Student Handbook, pgs. 8 and 18. Additional information on pg. 37).

WOMEN'S CENTER PERSPECTIVE

The key to rape prevention is a commitment to fostering a safe environment by increasing independence, confidence, assertiveness and self-esteem, thus providing an increased level of communication and a greater understanding of the extent of sexual assault in the environment. Warning women to restrict their activities, not to go out alone at night and to avoid certain places does not contribute to rape prevention. Rather it contributes to the dynamics of fear, passivity and vulnerability which make too many women easy victims for an assailant.

The perspective of the Rape Education Program is that sexual assault is a social problem, the causes of which are cultural, economic and social rather than biological. Ending sexual assault requires the involvement of each of us who creates our culture, not just those who are its victims.

Date and Acquaintance Rape are common occurrences. Some men use their power, sometimes unintentionally, to coerce a woman to have sex. Some women find it difficult to be assertive and sometimes may unintentionally encourage unwanted behavior. Communication can be a powerful tool in establishing and maintaining boundaries in relationships. Where to meet, what to do, when and how to be intimate should be shared decisions. Understanding one's own desires and needs and discussion with prospective partners or dates may reduce unnecessary or unintended consequences for everyone involved. Submission is not the same as consent. Anyone has the right to say no at any time. Respect the decision of the person you're with; take responsibility for your own behavior.

Avoidance measures can greatly reduce the risk of being attacked, but they are not 100 percent effective. What can you do if you are attacked? Recent studies show that a woman who responds immediately and assertively will be twice as likely to ward off an attack. Still, while assertion may aggravate the situation, submission does not guarantee that violence will not occur. Women have deterred assailants in a variety of ways. Talking and thinking about what you might do if you are attacked increase your chances for successfully defending yourself. If one method doesn't work, try another and another; often women have had to try several tactics before escaping.



RESOURCE LIST FOR SEXUAL ASSAULT

ALTERNATIVES TO VIOLENCE OF THE PALOUSE

BUSINESS OFFICE 332-0552
24 HOUR CRISIS LINE 883-HELP
UI WOMEN'S CENTER 885-6616

BETSY THOMAS, DIRECTOR
(THIRD PARTY REPORTS AVAILABLE)

UI STUDENT COUNSELING CENTER 885-6716
UI STUDENT ADVISORY SERVICES 885-6757

UI STUDENT HEALTH SERVICES 885-6693
GRITMAN MEDICAL CENTER 882-4511
MOSCOW POLICE 882-5551

There are many sexual assault, rape and domestic violence programs throughout the state and region. For more information call your local police for the program nearest you.

THE UI WOMEN'S CENTER HAS PAMPHLETS, BOOKLETS, BOOKS, VIDEOS AND TRAINED STAFF TO ASSIST VICTIMS, SURVIVORS, FRIENDS, FAMILIES, FACULTY AND STAFF. CONFIDENTIALITY IS ENSURED.

THE WOMEN'S CENTER NEWSLETTER is published six times during the academic year. It includes announcements and information about the many services and programs offered by the Center to the University and regional communities. There are also items of general interest about women's and men's issues. If you have announcements or information that you would like included in subsequent issues, please let us know. Suggestions for changes, improvements or additional items are always welcome. Disability Access is on the North end of the building through the TAAC. A taped copy of the newsletter is available on request for the visually impaired.

WOMEN'S CENTER STAFF:

Director	BETSY THOMAS
Office Staff	PAM HARTWELL-BEAL
Education Programmer	KIMBERLEY BOUCHARD
Sexual Assault Program Coordinator	GWEN SNOW
Work Study Staff	ADRIAN LEE, LISA MOORE, LORI JOHNSON

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OFFICE HOURS: 8:00 AM-5:00 P.M., Monday-Friday

CONFERENCES & PAPERS

**LEWIS & CLARK COLLEGE 14TH ANNUAL
GENDER STUDIES SYMPOSIUM**

APRIL 9-12, PORTLAND, OR "Exploring Myths-Sex, Stories, Football & Feminism" is the title of this year's conference. For more information and registration materials contact Dr. Jane Hunter, Director, Gender Studies Symposium, Campus Box 41, Lewis & Clark College, Portland, OR 97219, 503- 768-7000. The UI Women's Center has an informational flyer about the symposium.

THE NEW MEDICINE:

Shifting Paradigms in the Healing Arts

A Symposium exploring new directions in wellness and medicine will be held March 31 through April 2 at the University of Idaho. The purpose of the conference will be to explore integrating conventional Western medicine with a wide variety of complementary healing practices. The 'new medicine' transforms the idea of health from 'absence of disease' to 'real wellness'. Internationally recognized speakers and workshops are scheduled for all three days. For information and registration call the conference organizers: Alliance for Conscious Healing Explorations, 208-877-1699 or Dr. Will Corell, 509-838-5800.

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