



## WOMEN'S CENTER

208-885-6616

East of Commons Construction

Vol. 27, No. 2

October 1998

# October is Breast Cancer and Domestic Violence Awareness Month

With the arrival of fall and cooler weather comes the focus on two critical issues this month. Breast Cancer and Domestic Violence are both the focus of national awareness campaigns during the month of October.

The American Cancer Society reports that one of every nine women in the U.S. will develop breast cancer by age 85. They also report that the best protection against breast cancer is to detect it at its earliest stage and treat it promptly. There are three steps to early detection:

- ⇒ Have regular mammograms.
- See your doctor for regular breast exams.
- Practice monthly breast self-exam.

Please make the time to take these precautions! Encourage the important people in your life to do the same.

Domestic Violence is a difficult issue to deal with. It is important to take advantage of opportunities like this awareness month, to make more people aware of the signs of Domestic Violence, the cycle of violence, and the services that are available to those in need.

In our community, the Alternatives to Violence of the Palouse (ATVP) offers free and confidential services to adults and children. They can be reached at 332-HELP or 883-HELP. ATVP is committed to changing the reality of statistics like the following:

- Every 15 seconds in the United States a woman is beaten, usually by her male partner. (Gether & Rosenbaum, 1990.)
- ☐ In 1992, 29% of all female murder victims were slain by their husbands or boyfriends. (Federal Bureau of Investigation, 1993.)
- Between 15% to 25% of pregnant women are battered. (National Coalition Against Domestic Violence, 1993.)

Please contact ATVP with any questions regarding Domestic Violence and available services.

#### Health Tips from Auntie Bee

The editor invited me to join the aunt farm. My name, Auntie Bee, is commonly linked with my "anti-B" crusade—Hepatitis B, that is. Hepatitis B is a serious virus that causes inflammation of the liver. You may become infected with Hepatitis B through infected blood or body fluids. Some common ways of getting Hepatitis B include:

- sexual contact
- repeatedly sharing an infected persons toothbrush, razor or earrings
- cuts and scrapes during contact sports
- occasionally by body piercing and tattooing.

Long-term consequences of Hepatitis B include the risk of chronic infection (which means you could become a carrier and pass it on to other people), chronic liver disease, and even liver cancer.

Hepatitis B is preventable. There is a vaccine for it which entails a series of three shots given over a six-month period. The vaccine is available at Student Health Services. Visit Student Health if you have questions or concerns.

To your health,

Auntie Bee

#### Call for Papers : Gender Studies Symposium

Faculty, students, and community organizations are invited to submit proposals for presentation at the Eighteenth Annual Lewis & Clark College Gender Studies Symposium, held at Lewis & Clark College in Portland, Oregon, March 10-12, 1999. The theme of this symposium is "Examining the Issues: Gender, Poverty, and Health."

Keynote speakers will be Dazon Dixon, founder of SisterLove, first and largest women's AIDS organization in the Southeast; Michael Kimmel, Professor of Sociology, SUNY, Stonybrook, author of "Manhood in America: A Cultural History;" and Betty Jean Steinshouer, actor, in her original dramatic performance "Comfort Me With Apples: Homeless Characters Throughout Literature."

Address proposals to Elaine Maveety, Gender Studies Symposium Coordinator, Campus Box 35, Lewis & Clark College, 0615 SW Palatine Hill Rd. Portland, OR, 97219.

Deadline for submission of proposals is October 30, 1998.

If you have more questions, contact Elaine Maveety at (503)768-7381, (e-mail maveety@lclark.edu).

Thanks to Kay Keskinan for providing this information.

#### A Farewell to Susan

Susan Palmer has blessed this column space for the past three years with her wisdom, intellect, and thought-provoking articles. And now, as she moves on to new adventures in the Sociology Department at Walla Walla Community College, we are finding it impossible to replicate Susan's always scholarly and engaging style of writing. We will, however, continue to strive to give our loyal and interested readers valuable information on important topics and issues. In that same vein, we look forward to continuing the tradition of providing the campus and community with a wide variety of programming and awareness campaigns.

With heavy hearts, we wish Susan all the best in Walla Walla. She has been such an integral part of the Student Affairs, academic, and Moscow communities during the past several years. We will miss her!

#### No Rest for the Wicked

Dear Sisters,
To everything,
Vern, Vern, Vern,
There is a season,
Vern, Vern, Vern.

I admit it—when I read Helen's confession (and Congressman Dan Burton's) in The New York Times, I laughed. It's not that I find sin all that funny—well, sometimes I do—it's that I was one of the guilty thousands of people who helped to force a congressional computer meltdown by trying to log onto the servers that house the Starr report. And why? Because I'm a concerned citizen? Because enquiring minds want to know? No. I read the Starr report because, though I might not live in a glass house, I do have a couple of very large picture windows. In common with most of the Starr report's readers, each sleazy, toe-curling revelation has just made me that much happier that a battalion of lawyers with an unlimited budget isn't looking into how I've spent my time since the onset of puberty.

My prediction, ladies, is that in the days and weeks ahead, we'll be treated to the spectacle of more adulterers than you can shake a stick at, all crawling out of the woodwork with handy, pre-fabricated explanations as to how and why their sexual peccadilloes are NOTHING AT ALL LIKE BILL CLINTON'S. And some of them are now charged with determining whether or not to draw up articles of impeachment. When Newt Gingrich opens proceedings on the floor of the House, he'll look like the Pope in Yankee Stadium.

It all reminds me of a joke my friend, Sister Geraldine, told me many years ago. Jesus stood before the crowd that had gathered to stone an adulterous woman. "Stop," he said. "Let him among you who is without sin cast the first stone." The crowd grew hushed and ashamed, but then suddenly, a stone came winging past and cracked the woman smack dab on the forehead.

And Jesus said, "Doggone it, Mom!"

Jie Zelablishment

I confess.

Iam.

Auntie Establishment

P.S. For all of you psychologists out there, let me just say that the Starr report proves once and for all that Freud was right—sometimes a cigar is just a cigar.

### Savory Moments with Auntie Pasto

Greetings My Culinary Cousins,

As I write, you may be preparing for some chilly October evenings by splitting and stacking wood to fire up your wood stove this autumn. The recipe below is intended to cook on top of your wood stove, but works just as well in a conventional oven. I often serve this with couscous or rice, and fresh steamed broccoli. Enjoy.

To share your family recipes with Auntie Pasto, write to: Auntie Pasto, c/o Women's Center, University of Idaho, Moscow, Idaho 83844-1064. You can find Auntie Pasto's recipe box on the web. Surf to the UI Women's Center Home Page <a href="http://www.uidaho.edu/~wcenter/">http://www.uidaho.edu/~wcenter/</a>.

#### **Honey Penny Chicken**

4 tablespoons margarine

2 teaspoons garlic salt

1 teaspoon curry powder

1 tablespoon Pommery mustard (optional)

1-3 pound chicken, cut in serving pieces

1 cup honey

1 teaspoon ground pepper

½ cup Dijon mustard

paprika

Heat all ingredients, except paprika and chicken, in pan on stovetop. Pour a small amount in pot to cover bottom before adding chicken. Add chicken and pour remaining sauce over chicken. Generously sprinkle with paprika. Cover and cook on wood stovetop for 1 hour or in conventional oven at 375°. Serves four to six.





CALENDAR OF EVENTS AND BROWN-BAG LUNCH PROGRAMS

Free! Public Welcome 12:30 p.m.

Women's Center Lounge

October 1998

Oct 2 Friday evening

FROM THE STREETS OF SHAKESPEARE TO THE COURT OF ELIZABETH TAMES ALAN, actress, historian, and fashion history teacher, first appears in an authentic lower-middle-class Elizabethan costume and talks about the life, times, fabrics, and dyes of the period. Later, she changes into an authentic, 62-piece Elizabethan court costume with full makeup. As she dresses, she describes each piece of clothing and its significance. Tames studied theater and history at Willamette University in Oregon, and theater at the American Conservatory Theater in San Francisco and Dell Arte School in California. She has worked as an instructor in Elizabethan dialect and culture. Whether your interest is women's studies, history, Shakespearean theater, textiles, or art, you will want to participate in this hands-on cultural experience! Brink Faculty Lounge, 5:30 p.m.

Oct 7 Wednesday THIRD WAVE FEMINISM: TSUNAMI OR SURF SPLASH? DEBBIE STORRS, UI Sociology Department, will join third wave feminist, LUCI DUROCHER, UI student and founder of campus Riot Grrrls, to discuss the underpinnings of this emerging feminism. Luci will explain the evolution of zines, baby doll dress attire, grrrl power, body image issues, and why her generation finds it difficult to connect with "academic feminism." Riot Grrrls diverges to some degree from the more generalized third wave feminism—the latter having embraced controversial figures like Roiphe and Paglia. Although there are threads that connect each wave of feminism, there are also distinct social, historical, and strategic differences that Storrs will identify. Women's Center Lounge, 12:30 p.m.

Oct 10 Saturday morning

STRIDE FOR GOLD This is the 14th Annual Vandal Stride for Gold—an important annual event to raise money for all University of Idaho women's athletic programs. The funds are used for recruitment, team travel, and equipment. Over the previous thirteen years over \$450,000 has been raised, and this year's fundraising goal is \$55,000 to take it over the half million dollar mark. Support women's athletics by making a generous contribution to this worthy event. For more information call 885-2692.

Oct 19 Monday SACAGAWEA SARA EDLIN-MARLOWE offers a lecture on the facts and fictions surrounding Sacagawea: her name, her "real" role on the journey with Lewis and Clark, the stories surrounding her later life, and the year of her death. The second half of the program is a compilation of journal entries and historical accounts dramatized as Edlin-Marlowe becomes Sacagawea. Edlin-Marlowe has had a lifetime interest in and admiration for Sacagawea that resulted in her creation of a unique living history presentation. Currently, Edlin-Marlowe is the Morning Edition host for Spokane's public radio station, KPBX and works as a news producer and reporter. This program is made possible by support from Boise Cascade Corporation and by funding from the Idaho Humanities Council, a state-based affiliate of the National Endowment for the Humanities. Student Union Building, Borah Theater, 12:30 p.m.

Oct 22-24 Thurs-Sat MY LEFT BREAST This play, by Obie Award-winning playwright Susan Miller, is tentatively scheduled to be performed at Shoup Hall's Arena Theater on the University of Idaho campus, during October's Breast Cancer Awareness Month. Directed by M.F.A. candidate PAMELA PALMER, with a debut performance by BARBARA ABBOTT, this one-act, one-woman play is a moving and humorous look at one woman's experience with breast cancer. Although performances will be Thursday through Saturday, October 22-24, a special Women's Center evening is planned for Thursday, October 22 with a reception following. To make reservations, call 885-6616. Shoup Hall's Arena Theater, 7:30 p.m.

Oct 23 Friday

FACES OF AMERICA This one-person dramatic presentation examines the multicultural faces of American society. Actress FRAN DE LEON takes on nine distinct ethnic identities during the course of the play; challenging stereotypes and expectations prevalent in our society. In this play, director and writer COLIN COX addresses the issue of multiculturalism through the Generation X point of view. "The entire script and performance deserve to have a standing ovation!" was the response of a Seattle, Washington student who attended the play. Another student marveled, "She showed me who I am.". Faces of America will be co-sponsored by Multicultural Affairs, the Women's Center, and other organizations. For more information, call 885-6616 or 885-7716. Administration Auditorium, 7:00 p.m.

Oct 28 Wednesday STANTON/ANTHONY VS. HOWE/HIGGINSON: THE POLITE BATTLE FOR NARRATIVE CONTROL OF THE WOMAN SUFFRAGE MOVEMENT The massive 2-volume History of Woman Suffrage edited in the 1880s by Susan B. Anthony and Elizabeth Cady Stanton claims to tell the whole story of the early days of the movement. But not everybody thought it did. GARY WILLIAMS continues to study the life of Julia Ward Howe following the publication of his book Hungry Heart: The Literary Emergence of Julia Ward Howe. At this program, Williams will explore tensions among several 19th-century campaigners for the vote for women. Women's Center Lounge, 12:30 p.m.

The Women's Center Newsletter is published six times during the academic year. It includes announcements and information about the many services and programs offered by the center to the university and regional communities. There are also items of general interest about women's and men's issues. If you have announcements or information to include in subsequent issues, please let us know. Suggestions for changes, improvements, or additional items are always welcome. Disability access is on the north end of the building through the TAAC. A taped copy of the newsletter is available on request for the visually impaired.

#### Women's Center

JILL ANDERSON	Office Coordinator
MARY LU FREANO .	Women's Resource Specialist
for Edu	cation Outreach, Gender Equity, and Research
VALERIE RUSSO	
for Sexual As	sault Prevention Education, and Crisis Services
Telephone	1-208-885-6616
Fax	1–208–885–6285
	wcenter@uidaho.edu
Home Page	http://www.uidaho.edu/~wcenter/
Office Hours	8:00 a m -5:00 n m Monday-Friday



address service requested

Susan Palmer, women's resource specialist at the University of Idaho Women's Center for the last three years, left the UI for a tenure track position as instructor of sociology at Walla Walla Community College. Her last day at UI was Oct. 2.

"Susan has been an influential leader within the center, and we will miss her perspective," said Hal Godwin, vice president for Student Affairs. "We wish her success in her career."

Mary Lu Freano, program adviser for Student Advisory Services, has been named to replace Palmer on an interim basis.

Freano has a master's degree in education administration from the UI. She has served as residence hall coordinator at San Diego StateUniversity, and spent three years with Residence Life in UI's University Residences.

"Mary Lu has a strong background in student affairs and has been successful in developing and presenting campus programs," said Bruce Pitman, dean of students.

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