

UI Women's Center

University of Idaho
Women's Center
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Celebrating Over 30 Years at UI

The Women's Center plans to have a fabulous party with old friends and new friends, reflecting on where we've been and where we'd like to go.

With its first program in the fall of 1972, the University of Idaho Women's Center is one of the oldest in the nation. Its future was confirmed by the signing of the "Conciliation Agreement" by the university administration and members of the UI Women's Caucus on May 8, 1974. The Women's Center has been an integral part of campus life now for over three decades.

Last summer a group began meeting to plan ways to celebrate the rich history of the Women's Center, honor those who helped with its formation, and raise funds to strengthen the Center even further. This committee is still in the brainstorming stage, but the plans are to have a series of events next spring that you will not want to miss.



This group could always use more ideas and bodies, so if you would like to be involved in these historical events, contact Kari at the Women's Center. And, if your life has been changed by the people and programs at the Women's Center and you are able to make a financial donation to underwrite these events or support the future programs of the center, also please let Kari know.



We hope to have a terrific party, with speakers and invited guests who represent those who helped found the Center, who helped in the continued growth of the Center, and who use the Center now and in the future. The UI

Women's Center needs to be recognized for flourishing for so many years. Please consider not only celebrating, but also contributing your time, ideas, and financial support to allow the Center to continue.

Stay tuned as plans emerge. I am confident that you will want to be a part of it.

-Kay Keskinen
visitor of the Women's Center since 1972

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Thoughts from the Director

By Kari Galloway

Harvest Greetings from your friends at the Women's Center! We are anxious to get all of our news out to you and let you know what events are coming up. We've been very busy since school started and apologize if any of you have missed important events. We have done a fair amount of programming already, but rest assured there's plenty more to come!

First, let me explain why you are not receiving this newsletter until October. We have been taking several long, hard looks at our budget (not unlike other departments on campus and probably many of you) and decided that it made better monetary sense to put the newsletter out only once a semester. It will save us a bundle and that is money that the staff thinks could be better spent on programming and outreach services.

Many of you have signed up to receive the newsletter online and that will also help save money. Unfortunately, because we are only putting the newsletter out once a semester, it will be larger and consequently the file quite cumbersome. We don't want to clog up your email, especially if you have an "older model" computer. Since we have the newsletter on our website, we've included the link for you to get your copy online. Let us know if you prefer us to send it directly, no matter how large the file and for those of you still receiving the "hard" copy, just say the word and we'll put you on our e-list instead.

Speaking of e-list, we now have a list-serve for those of you wishing to get periodic reminders of upcoming Women's Center events. We do try to keep the schedule on our website updated, but for those who need stronger nudging, you can sign up for updates at <http://www.lists.uidaho.edu/mailman/listinfo/wcenter-list>. We promise not to clog your inbox with junk and you can unsubscribe if you become disgruntled. Our plan is to send not more than one message a week, but probably less than that in reality!

We're very excited about having so many work study students with us this semester, as well as interns. This means we can accomplish more good things and we are all learning so much from each other. Our permanent staffing situation is always somewhat fluid so having extra folks around really helps fill the gaps, both in office help and programming. I continue to feel so lucky to be doing this work, not only with all of them, but with Jill, Emily and Lori as well. We may move some mountains yet!

As always, stop in and chat, drop by for a program, send us a note, share your ideas or suggest areas of improvement. We love to hear from you.

Check Out the Women's Center Library, *the new revised edition.*

We received some great books last spring from many generous members of the campus and community. Books that weren't added directly to our library collection were sold at our book sale last March. Proceeds from that sale are used to add new selections and update our library. The book drive was so successful, that we had to install extra shelves to accommodate all the new additions. Let us know if there is a special book you would like to see in our library.

Mentoring Women at the University of Idaho

The Women's Community Coalition, a newly formed student organization, is excited to introduce "Mentoring Women at the University of Idaho." Mentoring will involve students, staff, faculty and members of the community. Upper level undergraduates and graduate students may participate in peer mentoring.

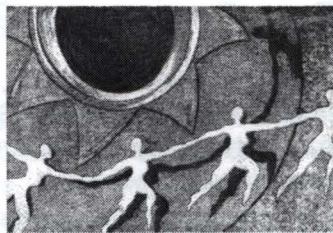
The goal of the mentoring program is to establish a positive and trusting relationship between a student and a more experienced woman who has a desire to help the mentee succeed in college, career and life.

All people should be able to pursue their dreams and have the opportunity to compete for careers based on their individual ability, talent and hard work. The mentoring program is intended to encourage women to follow their dreams by providing them with information, encouraging their potential, and enhancing their self-confidence.

The Women's Community Coalition is currently looking for women interested in having a mentor or becoming a mentor. Please contact the Women's Community Coalition at wcc@stuorgs.uidaho.edu or the Women's Center at 885-6616 for more information.

WomensWorks

A Holiday Art Fair of Quality Gifts Made by Women



Etching by Rebecca R. Rod

Friday, November 14: 11:00 a.m. - 6:00 p.m.
Saturday, November 15: 10:00 a.m. - 4:00 p.m.
University of Idaho Student Union Ballroom

Join us for our 9th Annual WomensWorks Holiday Bazaar. Fill your day with delicious food and a variety of fine art made by wonderful women.

Lift your spirits. Step back and breathe. Relax from the holiday hub bub. Your senses will be tantalized with the sights, sounds and smells of the holiday festivities at WomensWorks. Guest musicians will perform throughout the day, playing holiday favorites and other musical selections. Enjoy your favorite holiday drinks, like spiced cider, homemade hot cocoa, and warm tea. You will also be able to dine on international cuisine while you shop.

You will find unique original artwork including baskets, paintings, hand-painted glass, dolls, gourmet sauces and spices, jewelry, marbled paper products, wreaths, quilts, ceramics, sock monkeys, beeswax candles and much, much more.

So come, enjoy this unique holiday art fair, knowing that you are supporting the Women's Center.

There is still vendor space available. Contact the Women's Center at (208)885-6616 or wcenter@uidaho.edu by November 1, if you are interested.

Safe Zone Project Supports GLBT Students, Faculty and Staff

Many of you already know that there has been a movement afoot on campus for some time to establish a Safe Zone project at UI. Hundreds of college campuses around the country have been declared Safe Zones as a way to show support for gay, lesbian, bisexual and transgender (GLBT) students, staff and faculty. The program helps GLBT people identify and locate allies. Allies are friends and supporters of the GLBT community and they can serve as a resource for referrals. Allies can be defined as individuals who may or may not self-identify as members of the GLBT community.

When someone volunteers to become part of the Safe Zone, they will be required to attend a one and a half hour training that explains the need for the program, clarifies the role of an ally and describes how the project works. At the end of the training, participants will receive a poster declaring their office or department a safe and supportive environment. The Safe

Zone sends an important message of understanding, nonjudgement and knowledge of GLBT persons' needs and concerns. It is symbolic of willingness and a commitment to provide an atmosphere of unqualified assistance.

Beginning this fall there are four student interns working hard on the project. They are doing research, getting the website up, participating in the first "train the trainers" and will begin recruiting interested individuals and departments soon. If you are willing to declare your space on campus welcome to people of **all** sexual orientations and as a place that **does not permit** homophobic language or behavior, please contact safezone@uidaho.edu or call 885-6616.

The Safe Zone is a joint project of the Juntura Committee, The Gay Straight Alliance, Women's Center, Counseling and Testing Center, Office of Diversity and Human Rights, Dean of Students, Office of Multicultural Affairs and Student Support Services.

Art is why I get up
in the morning.
- Ani Difranco

Jennifer Rod Exhibits Work at Center's Gallery

In collaboration with the Moscow chapter of Women's Caucus for Art (WCA), the UI Women's Center hosts a rotating art exhibit featuring a local artist and her work.

Currently on display, are works in steel by Jennifer Rod. Jennifer lives in Moscow and has taught drawing, design and painting at UI and other area schools.

Her "off the wall" art is cut with a plasma arc from steel and/or stainless steel. The forms are fleshed out with a grinder; some get enamel accent color and all are preserved with a clear lacquer.

Natural Health Series

Our monthly open forums on natural health continue with Gayle Eversole, DHom, PhD, MH, CRNP. The discussions have been lively and we're learning a lot! We meet in the Women's Center Lounge on the first Thursday of the month at 2 p.m.

In November, join us for a conversation on Vibrational Medicine with Gayle discussing how healing is affected by the 'right vibration,' the 'right frequency,' the 'right resonance.'

"Health is a subtle level of harmonious activity within the human organism, and re-activating it by whatever means is thus the key to healing. In this way symptoms, far from being directly combated, are simply made superfluous" from *Harmony is the Healer* by Ingrid S. von Rohr.

The December topic focuses on building a healthy immune system. The rush of finals, stress of the holidays and winter break are looming. All of these things have a major impact on immune health. Come and learn what you can do to rejuvenate and keep your immune system in top shape.

Rec Programs: The True "Nature" of Women?

Join me, Diana Proemm, UI Women's Center Outdoor Programs Specialist, and other adventurous women for outdoor recreational activities.

The first thing we planned this semester was a hike on October 11, to explore our backyard playground on Moscow mountain. There were eight of us who hiked on the crisp Saturday morning. It was a great time!

I also plan to set up other programs involving outdoor related activities, such as mountain bike rides. I have worked with the Outdoor Program this fall to set up Women's Climbing Night at the Student Recreation Center. Every Monday night, from 6pm-9pm, women instructors will teach the Basics Clinic to women at the climbing wall. There is also open climbing on Monday nights, for everyone with

beginning skills to advanced skills.

Another exciting event coming up soon is a slide show on Alaska. I will present the slide show on Monday, November 10th in the Commons Clearwater Room at 7 pm. There will be slides of wildlife, scenery and activities happening all around the state. It is going to be a fabulous time! Hope to see you there.

This coming winter there will be a couple of weekend getaway trips with Alpine and Nordic skiing. If you have any ideas or programs you would like to see take place, please let me know and we can make it happen. Keep your eyes peeled for upcoming programs and events. Hope to see you in the backcountry soon! Please contact Diana at proe7519@uidaho.edu, or 885-6616 for more information.

How Did a Whale End Up on the Side of a Mountain?

Find out more at upcoming slide show featuring arctic rowing adventures

Jill Fredston has traveled more than 22,000 miles of the Arctic and sub-Arctic — backwards. With her oceangoing rowing shell and her husband, Doug Fesler, in a small boat of his own, she has disappeared every summer for years, exploring the rugged coastlines of Alaska, Canada, Greenland, Spitsbergen, and Norway. As Fredston writes, these trips are "neither a vacation nor an escape; they are a way of life."

Her book, *Rowing to Latitude: Journeys Along the Arctic's Edge* won the 2002 National Outdoor Book Award for Literature. It is a lyrical, vivid celebration of these northern journeys and a passionate testimonial to the extraordinary grace and fragility of wild places, the power of companionship, the harsh but liberating reality of risk, and the lure of discovery.

Fredston will be in Moscow to give a slide show at the Silver-Gold Galena Room in the SUB (Student Union Building) on Thursday, November 20th at 7 pm. Her talk will put you nose to nose with polar bears and leave you wondering how a whale ended up suspended from the side of a mountain.

"In Her Shoes" Educates About Domestic Violence

October is National Domestic Violence Awareness Month, a time in which we should take a moment to consider what we can do as individuals to help eradicate the domestic violence that affects our communities.

"In Her Shoes" is a program that was developed by the Washington State Coalition Against Domestic Violence as an interactive tool that builds empathy and understanding for victims and survivors of domestic violence. Participants relive the real life experiences of battered women from Washington State. There are eight stories told through this simulation that incorporate various experiences representing the many complexities involved in seeking support. The simulation shows that we all, as a community, have a role in stopping domestic violence.

During October, Alternatives to Violence of the Palouse (ATVP), the Women's Center and the Violence Against Women on Campus Program sponsored "In Her Shoes." It was a very powerful and moving experience for many of the participants. There is a possibility of more programs in the future. For more information, please call the Women's Center (885-6616).

Come Together: Departmental Collaboration

In order to foster better collaboration and information sharing, several campus organizations began meeting last spring to coordinate programming efforts. Some of the areas represented have included ASUI Commons and Student Union, Office of Diversity and Human Rights, Office of Multicultural Affairs, International Programs Office, CAMP, Wellness Programs Office, Office of New Student Services and the Women's Center.

We meet once a month and review our planning calendars and identify potential programs for collaboration. We know that often one of us will get an opportunity to bring a speaker or program to campus that is beyond the means of our individual department, but by pooling resources we may be able to pull it off. We have coordinated several upcoming events that we're very excited about and hope you won't miss!

Beyond the Reach of Time & Change

Exhibition of Photos

by Frank Rinehart and Aldoph Muhr

The Women's Center co-sponsors this exhibit, with other campus organizations during Native American Heritage Month. This new exhibition produced from the Frank A. Rinehart Photography collection owned by Haskell Indian Nations University in Lawrence, KS will be on display in the Commons Reflection Gallery November 1-21.

Widely distributed and well known both nationally and internationally, the Rinehart/Muhr photographs depict one of the best photographic documentations of Indian leaders at the turn of the century. Curator of the exhibit, Bobbi Rahder, writes, "...many of the photos in this display are not the objectified, distanced, anthropological photos the public is used to seeing. Their photos are truly portraits that reflect the people photographed as individual personalities. Most of the people in these portraits are looking directly at the camera, engaging the viewer in a dialog with the past, urging people of today to hear their stories."

Project Face to Face

A Wall of Life Stories to Learn From and Live With

Project Face to Face gives a face and a voice to people living with AIDS. They are no longer invisible.

The idea for this project was conceived by Jason Dilley, a volunteer at San Francisco General Hospital, as a means not only to educate the general public and dispel widespread myths and fears about the disease, but as a determined expression of hope in the face of a situation often perceived as fundamentally hopeless. A group of professionals was invited to work on the project--artists and others who saw an urgent need: to have persons with AIDS speak for themselves, rather than to have someone else--a sociologist, doctor or politician--speak for them. And to speak not just on issues of dying, but of the reality of living and working day to day with a commonly ostracizing illness. The resulting exhibition is comprised of finely detailed plaster face castings and viewer-activated recorded oral histories. The Women's Center co-sponsors this exhibit to remember World AIDS Day. Commons Reflection Gallery December 1-12.

Meditation Club

We're excited about a new group that is beginning on campus for participants to practice Zen Buddhist Meditation methods. The first meeting was on Monday, October 27th at 4 p.m. in the Women's Center library. Interested beginners or current practitioners are welcome to join. For more information, contact Shu-Li Wang at wang0799@uidaho.edu or Kari (who is serving as advisor to the group) at the Women's Center at 885-6616.

Women's Fitness Forum

by Nancy Chaney,
Race Director

Palouse Road Runners, the regional runners' club, has organized the Women's Run/Walk for 12 years. Last May for the first time, the event included a Women's Fitness Forum to encourage women and girls to become more active, eat well, be safe, have fun, build friendships, etc. This added element was favorably received, and there are plans to make it bigger and better next year.

PRR is laying the groundwork for the 2004 Women's Run/Walk & Wellness Forum now, and would like to coordinate a meeting of interested exhibitors and sponsors in November. We hope that you and your associates will want to be involved! Please mark your calendars for Wed. Nov. 19, 7:00-9:00 p.m. for the first meeting to discuss plans for the 2004 Women's Wellness Forum. Gritman Hospital has generously offered its Conference Center for that meeting.

The UI Women's Center is honored to have been the recipient of the proceeds from last spring's Palouse Road Runners' Women's Run. We appreciate their support and recognition, and look forward to collaborating with the PRR on future events.

Wonderful Work Study

What Women Want

Wednesday,
November 19
4:00 pm

Come to voice and discuss values, passions, concerns and/or struggles.

Call the Women's Center for more information.
885-6616.
(Venue to be announced.)

Diana Proemm. The last eight years I have lived, worked, and played in Alaska, an outdoor playground Mecca. . I currently hold an Associates Degree in Commercial Photography, and plan to obtain my Bachelor's degree at the University of Idaho beginning this fall as a full time student.

Jessica Kniola. I am a psychology major in my last semester at the University of Idaho, and come from the small town Odessa, Washington. I am currently working on compiling a scholarship resource for students to access at the women's center, which will include a listing of available scholarships as well as tips on applying for and receiving scholarships.

Emilie Link. I'm a sophomore at the University of Idaho. I am from Garden Valley, Idaho. My interest in working at the Women's Center originated from my desire to become more involved on campus. I wanted to learn about some of the different things the Women's Center was involved with and I love working with all the women here.

Cheri DeFord, Mt. Hope, WA, Senior in Public Communication would like to work with the Greek Community.

Interns at the Center

Introducing Elizabeth...

My name is Elizabeth Morrow and I am very excited to be joining the team at the U of I Women's Center. I am a counseling student from the Australian College of Applied Psychology who is spending 2003 in Moscow. My time at the Women's Center (you will be able to find me there 1½ days a week: Monday mornings and all day Thursdays) forms the fieldwork component of my studies.

Some of the ideas and projects I am working on:

- **Body Image Task Force:** set up a Body Image program for female students.
- **A body image peer support group** that runs from **9:30 am** to 11am, every **Thursday** morning at the **Women's Center**. The hour and a half will provide students who want to talk with a time to chat and enjoy peer support.
- On Wednesday, November 19 at 4pm (venue yet to be decided), I plan to hold a forum called '**What Women Want**'. Please come to **voice and discuss values, concerns, passions, and/or struggles** - big and small - of women today. You could talk about: how much you want to be able to walk into any store and find clothes in your size, how you want to change the lives of those in third world countries, how you want to be a woman that 'has it all'. This is YOUR forum, so come and tell us what you want and why you want it. You are also welcome to simply come and listen to the diverse and monumental desires of ordinary women today. If you are interested in speaking about any issue that is of importance to you, please email me at: lizgdc@hotmail.com

I look forward to meeting many of you throughout the semester. If you have any ideas you would like to discuss, or if you simply need to talk, come see me on Monday mornings or anytime on Thursdays at the Women's Center.

Introducing Rebekah...

Hi, I'm Rebekah Michaelsen. This semester, I'm at the Women's Center working an internship through the psychology department. I'm a senior majoring in psychology, and hoping to get into a graduate program for social work. Kari has gratefully given me the title of Family and Children Research and Development Coordinator for my internship. So, you ask what does that mean? Well, basically I'm assessing the University of Idaho's campus on the resources that are provided and need to be provided for student parents and their families. I hope to be able to educate the campus community about these resources through outreach presentations, as well as developing a Campus Services Resource Guide for them.

For the past two semesters, I have worked in the psychology department as a research assistant for Dr. Steve Meire. At the same time I have been volunteering for the domestic violence and sexual assault program, Alternatives to Violence of the Palouse, as an advocate. In the future I hope to work with women and their families.

Women at the Center

Amy Lowe. I am a sophomore majoring in History with plans to teach high school and then pursue a career in law. I grew up in Billings, Montana where the cows and stars grossly outnumber people. I am a firm believer in education, and am passionately committed to educating my peers about the joys of safe sex through the UI Women's Center's Contraceptive Outreach program. I also feel very strongly about promoting the ideas of tolerance, diversity and equality.

Candy Ihm has lived in Moscow for the past 25 years. She is a nontraditional student going for her degree in Nursing, while trying to keep up with all the activities her 5 children are involved in. She is working with the Contraceptive Outreach program and she is also working on positive body image programming at the Women's Center.

Tammy Warren. This is my fourth year at the U of I, I am working on a Bachelors of Fine Art with focus on painting and interface design. This will be my second year working for the Women's Center. As my interests are working with websites I shall be helping to keep the WC's website up to date. I'm also a mother of two, a sophomore at the U of I and a high school senior. I'm a Idaho native raised in Moscow and volunteer for GLBT groups in our community.

*Speak your
mind, even if your
voice shakes*
- Maggie Kuhn

Women's Writing Group Will Focus on Self-exploration

Hi, my name is Romney. I recently completed a Liberal Arts BA degree at Goddard College, a non-traditional college in Vermont. My degree was based on more than fifteen years of work centered around my emotional healing process. In my senior study, I used my own expressive writing and poetry to illustrate my process of grappling with a harsh self-critical part of me and of moving towards greater self-acceptance. I also examined the cultural context for self-esteem issues in young women.

If there is interest, I would love to facilitate a women's writing group that would focus on self-exploration. I know that many situations and feelings can arise in a student's life that can feel overwhelming and confusing. This can also be a time of much self-examination and change. I experienced this as a student and would like to be there for others who need someone who will understand what they are going through. I have grown a lot through journal writing, free-writing, and other modes of self-expression. Writing in a group can be helpful and fun for people, whether they consider themselves to be writers or not. Please contact the Women's Center if you are interested in a group like this.

I will be reading some of my work at the Women's Center this fall. We are still working on the specifics. Please contact the Women's Center for more information.

FLAME: Spreading Like Wild Fire

Speaking out on women's issues and organizing activism is a staple of the UI campus group, FLAME. The *Feminist Led Activist Movement to Empower*, is back again this semester, gathering ideas and support for some great visions. Since its creation, two years ago, FLAME has been a big voice on campus for women's issues and a major actor in putting together projects on campus like the Vagina Monologues and Take Back the Night.

Raising awareness of gender issues and working for social change in our community are some of FLAME's broader goals, but there is also concentration on small group development through tasty potlucks with discussion and support. Meetings, held on Tuesdays and Thursdays at 6:00pm, in the Women's Center, are a time of discussion over current topics affecting us locally and globally and a time to plan projects that members want to carry out. Its members are empowered and working to empower others. FLAME has been planning Take Back the Night, which will happen on Thursday, October 30th at 6 pm. We will meet outside the library for a rally and march. Everyone is welcome!

If you are interested in gender issues or topics that effect women, and thus everyone, please join us. For more information e-mail flameui@yahoo.com. Flame on!

What Do You Stand For?

By Lori VanBuggenum

What do I stand for? Lately I have been asking myself that question. It seems that it is very easy to become caught up in the anti— energy. I'm anti-war, anti-corporation, anti-fascism, anti-sexist, anti-racist... This seems to be such a common pattern, not only for myself, but in the world at large. We often define things and ourselves by what they are not or by what we are against. This leads us down the path of seemingly knowing what we don't like or are opposed to, but questioning who we are, what we believe, and what we stand for. It often seems that it is easier to be a critic and harder to offer-up an alternative, a different vision.

I have been thinking lately about how important it is to reframe our thinking from coming from a place of negativism (anti—) to one of positivism (pro—). It is essential to ask ourselves what we stand for and what we believe in. Coming from a place of positive focus enables us to better know who we are and what we believe in. It puts us in a place of already visualizing and thinking about the alternatives. Instead of focusing on the problem, we are focusing on the alternatives and possible solutions.

There is security in knowing who we are and what we believe. It enables us to take a stance and be true to ourselves in the face of whatever comes our way. Being secure in ourselves, our bodies, our humanity, our sexuality, our spirituality, our strengths, and our passions provides us with a strong, solid foundation. It is from this solid foundation that we are able to affect change. What do you stand for?

Take Back the Night

Rally and March

Thursday, October 30th

6 pm

Meet outside the UI Library

Sponsored by FLAME, RHA, Violence Against Women on Campus Program and the Women's Center

Fabulous Feminist Films

Check out these upcoming foreign feminist films! They are part of the Fall 2003 Student Union Cinema series, brought to you by the Idaho Commons and the Student Union. Wednesday and Thursday evenings at 7:00pm and 9:30pm at the Borah Theater in the Student Union Building (SUB).

CHAOS Oct. 29th & 30th - 7:00 and 9:30 pm On their way to a dinner party, Perisian couple, Paul and Helene, witness the brutal beating of a woman on the streets. When she is left for dead, Helene wants to call the police, but Paul won't get involved. The next day Helene traces the woman to a hospital and begins helping with her rehabilitation. Eventually the woman shares her story with Helene and the two women plot a merciless revenge. Nominated: Best Actress, Best Film, Best Supporting Actress, Best Writing, Cesar Awards. *French with English subtitles Coline Serreau, director*

WHALE RIDER Nov 12th & 13th - 7:00 and 9:30 pm The legend is that Paikea rode on the back of a whale and led his people to New Zealand. Since that time tradition has decreed that the first-born male descendant will become chief of the tribe. Then Pai is born...and she is a girl. She grows up within a close-knit village that retains the tribe's traditional spiritual relationship with the sea and their warrior values. Although loved by all, Pai faces rejection from her grandfather who is brokenhearted that there is no grandson to carry on the line. But Pai is indeed blessed with the spiritual and leadership qualities of her ancestors and, in her own way, struggles in a male-dominated world to prove herself to her grandfather, the chief, and win his respect. Winner: Audience Award, Sundance Film Festival. Winner: Best Director, Best Film, Seattle Int'l Film Festival. *English & Maori Niki Caro, director*

The Historical Impact of the 'S' Word:

From One Generation to the Next.

The documentary, made by the Women of Color Alliance (WOCA), addresses from a personal point of view, what Native Women have been made to feel and continue to feel when they hear the "S" word (squaw) in reference to themselves and place names in Idaho.

Women's Center, 3:00 - 5:00 p.m.

Wednesday, November 12

Upcoming Local Women Authors Series

Julie R. Monroe

Moscow: Living and Learning on the Palouse, by local historian Julie R. Monroe, is the first comprehensive history of Moscow. With over 100 historic photographs, the book focuses on ordinary citizens and includes the observations and memories of people who had such pride in their hometown that they were compelled to write down their experiences and that of their families. It also contains numerous anecdotes that colorfully convey important episodes in the history of Moscow. Monroe will share a few of these anecdotes during a program at the **Women's Center on Wednesday, November, 5 at 1:00 p.m.**

Julie R. Monroe, when not working as a Library Assistant at the University of Idaho Law Library, is an independent historian specializing in the history of Latah County and the University of Idaho. Several of her articles have been published in the University's alumni magazine and in the journal of the Latah County Historical Society. She also coordinates special projects for Idaho's commemoration of the bicentennial of the Lewis and Clark Expedition and volunteers as an issue editor for the *Community News*, the newsletter of the Moscow Food Co-op.

Linda Lawrence Hunt

Linda Lawrence Hunt, author of The University of Idaho Press's bestseller, *Bold Spirit: Helga Estby's Forgotten Walk Across Victorian America*, will give a presentation at the **UI Law School Court Room, Thursday, November 6, at 7:00 pm.** "Bold Spirit" was selected by the American Booksellers Association as one of the top 10 University Press books for fall 2003.

The success of *Bold Spirit: Helga Estby's Forgotten Walk Across Victorian America* reflects the compelling story of two women who walked from Spokane to New York City in 1896, as well as the liveliness of its author Linda Hunt. An emeritus Whitworth College professor, Hunt has researched the story since 1984 when she first read Estby's great-great-grandson Doug Bahr's eighth-grade essay, "Grandma Walks from Coast to Coast." The saga led Hunt to ferret out details about the determined Victorian-era woman.

Body Image Peer Support Group

Thursdays 9:30 am-11 am
(beginning October 30)

Women's Center Library

Women of Color Alliance

The Women of Color Alliance is starting a new chapter at the University of Idaho. The organization strives to unite women of color in a strong, common bond. This can enable women to change destructive racial disharmony by actively leading our families and society in honoring our powerful cultural diversity and responding to humanity's call for love, respect, compassion, and service. We invite all women and men who are interested in becoming members.

The first WOCA meeting will be held on Tuesday, November 4th, at 5 p.m. at the Women's Center. We will be discussing future workshops offered by WOCA, such as "Grassroots Organizing" presented by Sonya Rosario, the founder of WOCA. For more information, contact Noemi Herrera at herr8413@uidaho.edu

Trick or Treat! A Super-Shero Celebration at the Center!

Come visit the Women's Center on Halloween for tricks and treats! You may be greeted by some of the world's greatest Super-sheroes!

Maybe you'll be inspired to don the get-up of your favorite super-shero or hero, too. We figure that there are so many of you super-sheroes and heroes out there that we should have a special day... in full shero-gear.

What kind of treats will you find at the Women's Center on Halloween? Well, of course there will be candy! And, as always, there will be free condoms.

Bring your friends! Celebrate this fun dress up holiday! You will be welcome with or without your shero/hero gear! We know so many of you perform super-shero acts everyday of the year!

Greetings from Bangladesh

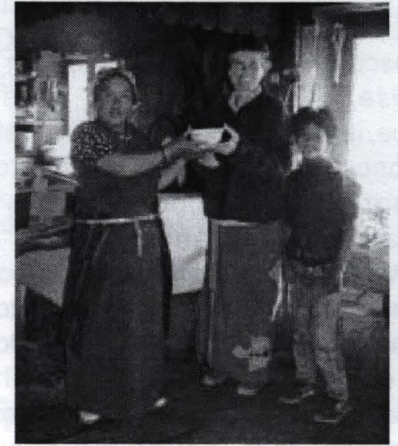
September 20, 2003

It was hot this summer! And, I mean hot. But, it has been a good summer for most Bangladeshis here as flooding was not severe and no heavy storms swept through the Bay of Bengal. I guess technically it is still monsoon season, but folks here say it is near the end.

I've had a good and busy summer. First, Phil was here from the end of May until the first of August and that was great. I did mope around after he left, but I can make it until December (I'll be in LA if any of you are in that neck of the woods--possible trip to Moscow in January.) Phil and I had fun trips, both in country and locally.

At work, I continue to be busy with interesting projects. The gender team I set up last spring has begun a gender audit of the mission (looking at how both women and men are targeted in all phases of project design and implementation, issues of hiring, promotion, and staffing, especially for Bangladeshi staff, etc.). We started with a survey and got a 94% return out of the 87 questionnaires we passed out – just completed last week.... The gender team is anxious to develop a strong gender action plan for the mission and to do some training of trainers. And, this is only one of my projects here!

I continue to get out of Dhaka as much as I can – I love getting out into the rural areas of Bangladesh. This past weekend I went to Cox's Bazaar. We were there to visit a rickets project that is using innovative methods to get families to learn about nutrition. We visited a local market, where I was the only woman in a crowd of probably 600 men and about 4 school girls. They were captivated... We also visited a school where I saw the first Bangladeshi teacher in a wheelchair. Many of the students in the school were also disabled. It was a neat school, funded by a French group in addition to USAID's small portion. The guy who



created this program for people with disabilities has cerebral palsy and is truly a bundle of energy and vision. He wants to create a center for research and development of programs to benefit handicapped people in Bangladesh. He is very inspiring.

One day of the trip we visited families on Moshkhali island who had children with rickets. We rode rickshaws all over the island which was very fun – except when the path we were on disappeared. This area of Bangladesh is culturally mixed so folks on the island are Hindu, Buddhist, Muslim and tribal people who are a mix of religions. We visited a Buddhist temple and a Hindu temple. The Bangla they speak is also quite different from Dhaka. This area is near to Burma/Myanmar and still has some remaining jungle cover on the small hills that surround the town of Cox's Bazaar. On one of the farms we visited, they frequently see elephants in the neighboring rice fields.

The fellowship is going great and I continue to learn a tremendous amount. I miss friends and family a lot – this is a long way from you all!!! I may be in Moscow in January and will return to Moscow next July. I hope you are doing well and things are going great for you. Take good care. Send me notes. I love hearing from you.

Jeannie

Editor's note: Jeannie Harvey is currently on fellowship with USAID in Bangladesh. She will be there until June 2004. You can contact her at jharvey@uidaho.edu.

Moscow League of Women Voters

The Moscow League of Women voters is non-partisan, issue oriented, and encourages citizens to play an informed and active role in government. It is open to both men and women, and welcomes students. Meetings are held on Wednesdays at 12:00 noon in the SUB Chiefs Room, unless otherwise noted.

Election Day is coming up soon in Moscow. Elections for city council members will be held on November 4th. The Moscow League of Women Voters is sponsoring a candidate forum at the Moscow High School on Wednesday, October 29th at 7 pm. This will be a great opportunity to learn more about the candidates and the issues they support.

Going to the polls can be intimidating for first-time voters, as well as those of us who may not be quite as informed on the issues, as we should be. We all want our votes to reflect an educated choice. This is your chance to become better informed on the issues that will affect your future.

Check out the League's website at <http://community.palouse.net/lwvm>

Events, Lectures, Discussions

Art, Films

Tue, Oct 28

Meet the Author. Andrea Vogt, author of *Common Courage: Bill Wassmuth, Human Rights and Small-Town Activism*, chronicles Wassmuth's fascinating life story—from Idaho farmboy to nationally known human rights activist. Women's Center, 2:00 pm.

Thurs, Oct 30

Muslim Woman Gets Nobel Peace Prize, What Does It Mean to Us In The West? Who is Nobel Peace Prize winner Shirin Ebadi? Come find out about the Iranian human rights activist and feminist lawyer, what she has done, and where she really comes from. Homa Assefi, a French and Spanish teacher for the Moscow School District and an Iranian American woman speaks about Ebadi's accomplishments, why she got the ultimate "prize" and what that might mean for women in the West. Women's Center, 12:30 pm.

Thurs, Oct 30

Take Back the Night Join FLAME, UI Women's Center, and the community in reclaiming the night from violence against women. Take Back the Night is designed to bring awareness and empowerment to individuals and to inspire action that works towards bring an end to violence against women. Meet outside the UI library at 6 pm.

Friday, Oct 31

Trick or Treat?!! On Halloween, we'll be celebrating all day with candy and other fun giveaways. We'll be dressed as sheroes. Come by in costume and get a "special" treat or maybe a trick!!

Fri, Oct 31 &
Sat, Nov 1

Tutxinmepu Pow-Wow. Grand Entry begins at 7:00 pm on Friday, and again at 12:00 pm and 7:00 pm on Saturday. Kibbie Dome.

November 1-21

"Beyond the Reach of Time & Change: The Rinehart/Muhr photographs depict one of the best photographic documentations of Indian leaders at the turn of the century. Commons Reflection Gallery.

Wed, Nov 5

Meet the Author. *Moscow: Living and Learning on the Palouse*, by local historian Julie R. Monroe, focuses on ordinary citizens and includes the observations and memories of people in Latah County's largest town. Monroe will share a few of these stories. Women's Center, 1:00 p.m.

Thurs, Nov 6

Natural Health Series. Our monthly open forums on natural health continue with Gayle Eversole, DHom, PhD, MH, CRNP. Join us for a conversation on Vibrational Medicine, with Gayle discussing how healing is affected by the 'right vibration', the 'right frequency', the 'right resonance'. Women's Center, 2 p.m.

Thurs, Nov 6

Meet the Author. Linda Lawrence Hunt, author of The University of Idaho Press's bestseller, *Bold Spirit: Helga Estby's Forgotten Walk Across Victorian America*, selected by the American Booksellers Association as one of the top 10 University Press books for fall 2003. UI Law School Court Room, 7:00 pm.

Mon, Nov 10

Alaska Slide Show. Join Diana Proemm at 7pm in the Commons Clearwater Room, as she presents slides on her experiences in Alaska, where she lived for the last eight years, before transferring to UI this fall. See related article on page 4.

Weds, Nov 12

Feminist Film Series. "The Historical Impact of the 'S' Word: From One Generation to the Next." The documentary, made by the Women of Color Alliance (WOCA), addresses from a personal point of view, what Native Women have been made to feel and continue to feel when they hear the "S" word (squaw) in reference to themselves and place names in Idaho. Women's Center, 3:00 - 5:00 p.m.

Fri, Nov 14 &
Sat, Nov 15

WomensWorks 2003. UI Women's Center 9th annual **Holiday Art Fair.** Hours are 11:00 a.m. - 6:00 p.m. on Friday, and 10:00 a.m. - 4:00 p.m. on Saturday. Student Union Ballroom.

Thurs, Nov 20

Arctic and Sub-Arctic Rowing Slide Show. Jill Fredston, author of the award-winning book, *Rowing to Latitude: Journeys Along the Arctic's Edge*, will present a slide show about her northern journeys. Silver-Gold Galena Room (SUB). 7 pm. See related article on page 4.

December 1-12

"Project Face to Face." An interactive multimedia exhibit that tells the story of people from all walks of life with a single common bond: AIDS. Commons Reflections Gallery.

Thurs, Dec 4

Natural Health Series. The rush of finals, stress of the holidays and winter break are looming. All of these things have a major impact on immune health. Come and learn what you can do to rejuvenate and keep your immune system in top shape with Gayle Eversole, DHom, PhD, MH, CRNP. Women's Center, 2 p.m.



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WOMEN'S CENTER

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Alternatives to
 Violence of the
 Palouse is 24-hour
 help for survivors of
 domestic or violence
 and sexual assault.

Call 883-HELP or
 332- HELP.

If you have announcements or information you would like to have included in future issues, please let us know. Suggestions for changes, improvements, or additional items are always welcome. A taped copy of the newsletter is available on request for the visually impaired.

Join our list-serve!

We are creating a list-serve for those of you who would like to get our newsletter online and/or receive e-mail updates about upcoming events or programs. This list will serve several purposes, not the least of which is saving us money on printing, paper and mailing.

In these times of budget crisis, we have to tighten our belts. We want to continue putting the Women's Center newsletter out quarterly. For those of you who do have access to e-mail, becoming a part of our list-serve will greatly aid us in this effort.

Please go to <http://www.lists.uidaho.edu/mailman/listinfo/wcenter-list> to sign up to receive e-mail updates. Also, current and past newsletters are available on our new website at www.webs.uidaho.edu/womenscenter.

The only thing worth
 globalizing is dissent.
 Arundhati Roy