

volume one
2005 August/September issue



WOMEN'S CENTER ZINE

(A.K.A. THE NEWSLETTER)

Bigger, Better, Bolder, Bustier



Universit
of Idaho

volume one
2005 August/September issue



WOMEN'S

CENTER

ZINE



FLIPPIN'
SWEET
LUCKY!

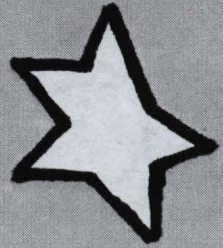
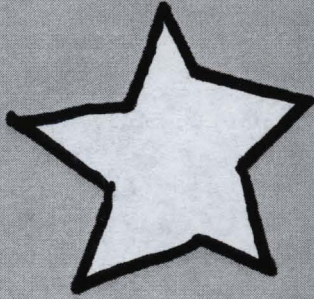


(A.K.A. THE NEWSLETTER)

Bigger, Better, Bolder, Bustier

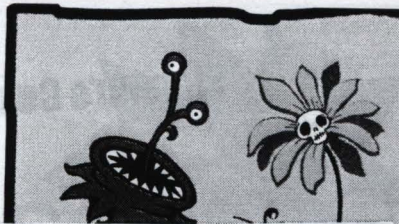
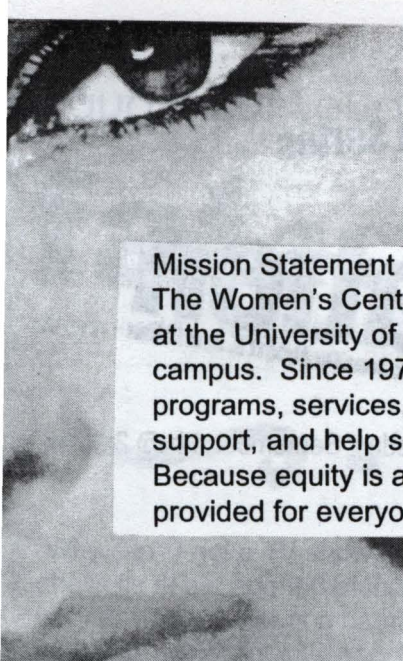


University
of Idaho



Contents

Women's Center Mission	Page 1
Film Series	Page 2
Laugh Out Loud	Page 3
Mentoring	Page 8
Books and Magazines	Page 9
Fat Corner	Page 10
Ask Amy	Page 11
Wanna Help Out	Page 12
Brown Bag Programs	Page 4
F-Word Radio Program	Page 5
Groups to Join	Page 6/7
Seconds Please / I'm Full	Last Page



Mission Statement

The Women's Center supports students, faculty, and staff at the University of Idaho in reaching gender equity on campus. Since 1972 the UI Women's Center has offered programs, services, and activities that educate, financially support, and help solve real problems to reach equity. Because equity is about all people, our services are provided for everyone in a safe and supportive environment.



Why a Women's Center?

Women's Centers exist because gender equity has still not been reached in any country around the world. Women still earn less than their male peers, and women of color face an even larger pay gap. Women earn fewer graduate degrees than men and hold only about 26% of tenured faculty positions on American campuses. Violence targeted against women is rampant in America with more than half million women reporting assaults by intimate partners and four women dying each day as a result of domestic violence.



We still have lots of work to do!

Why a Women's Center Zine/Newsletter?

Gees, you are just full of questions. Why don't you just sit back, relax, and enjoy the info we give you. I promise there will be no exam.

Women's Center Film Series

the Corporation

a film by Mark Achbar, Jennifer Abbott & Joel Bakan

Thursday, September 8th @ 3:30pm

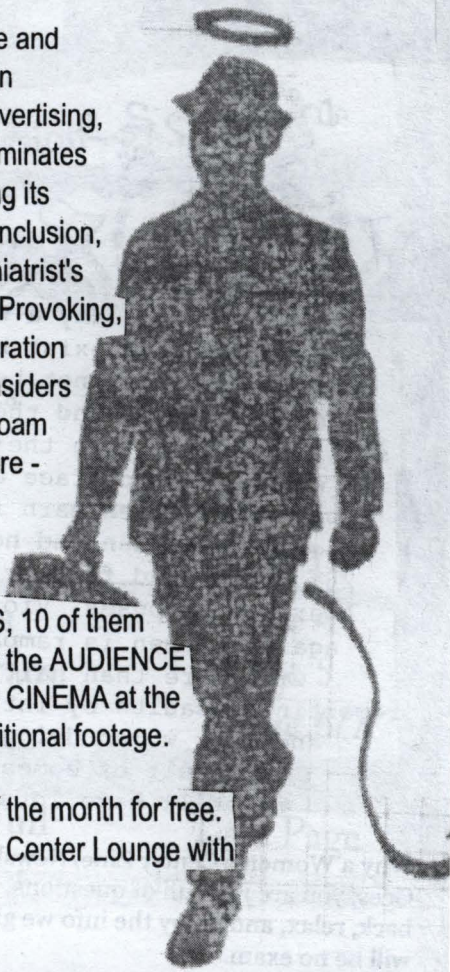
Our first movie of the semester is called
THE CORPORATION a film by
Mark Achbar, Jennifer Abbott & Joel Bakan

THE CORPORATION explores the nature and spectacular rise of the dominant institution of our time. Footage from pop culture, advertising, TV news, and corporate propaganda, illuminates the "corporation's" grip on our lives. Taking its legal status as a "person" to its logical conclusion, the film puts the corporation on the psychiatrist's couch to ask "What kind of person is it?" Provoking, witty, sweepingly informative, **The Corporation** includes forty interviews with corporate insiders and critics - including Milton Friedman, Noam Chomsky, Naomi Klein, and Michael Moore - plus true confessions, case studies and strategies for change.

Winner of 24 INTERNATIONAL AWARDS, 10 of them AUDIENCE CHOICE AWARDS including the AUDIENCE AWARD for DOCUMENTARY in WORLD CINEMA at the 2004 SUNDANCE FILM FESTIVAL. additional footage.

Come for an afternoon film 2 days out of the month for free.
All films start at 3:30 pm in the Women's Center Lounge with free food!

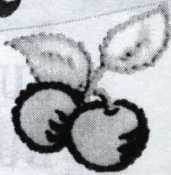
Page 2



Laugh Out Loud Series

fatactress

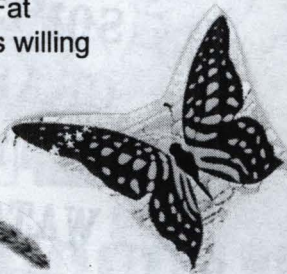
Wednesday, August 31st @ 3:30pm



"Why can't I get a TV show first and then lose weight," she yells at her agent (balancing her cell phone against her ear while she eats a hamburger). It doesn't work that way, her agent tells her. "It does work that way for guys," she sputters, pointing to actors James Gandolfini and John Goodman. "Do you think they said to Marlon Brando, 'Hey Marlon, you're a little bit too f*cking fat to do Apocalypse'?"

Everything Alley says feels right—including the angry delivery. But what's most interesting about this outburst on sexism in Hollywood is that Alley does have her own TV show—a much hyped one, at that. What she illustrates is not the impossibility of a fat woman having a career in Hollywood, but rather the centrality of weight to a woman's cultural identity. A fat woman can carry a hit show, but only if it's a show about her size. Fat Actress is a cash cow—so long as the actress is willing to act the part.

Orenstein, C. (2005, Summer). The Dialect of Fat. Ms., 46,47.



Start your school year off with a good sense of humor. Come laugh at our series in the Women's Center Lounge. In Sept. we will pay homage to SNL's Gilda Radner.

Page 3

BROWN BAG SERIES

**AUTHORS SHARE THEIR BOOKS,
BUSINESS WOMEN SHARE THEIR
STRATEGIES,
LEARN HOW TO SLAM POETRY,
LEARN HOW TO WALK IN SOMEONE
ELSE'S SHOES,
LEARN HOW NOT TO GET S.A.D.**

**IT'S A CHANCE TO LEARN
SOMETHING NEW WITHOUT A
GRADING SYSTEM OR AN EXAM
AT THE END.
WATCH FOR DATES AND TIMES
EVERY MONTH.**

KUOI 89.3 FM

The F word is a Women's Center radio program dedicated to feminists and gender equity through music and discussion.



Our show is about different issues effecting women in our community, nationally, and internationally. We will share interviews from special guests of the Women's Center, information about different groups, and read articles from newspapers, newsletters and magazines. And keeping true to the KUOI 89.3 free form radio we will introduce listeners to new women musicians and play the ones they might have forgotten all about.



F-WORD RADIO PROGRAM

Feminizzle Monday's 3:30 pm to 6:00 pm

GROUUPS

Women's Outdoor Program

It's a chance to get outdoors. This year go back-packing, kayaking, do a ropes course, and possibly trek through Nepal. Also at the Student Rec. Center there is a free Women's Climbing Night Wednesdays at 9 pm for women interested in climbing. Contact Bailey Arlit at arli3270@uidaho.edu with any questions about the Women's Outdoor Program or Women's Climbing Night

Non-Traditional Students meet weekly at the Women's Center plus monthly non-trad student luncheons in the WC lounge. Join this new student-led group. Their goal is to find ways to support non-trads and to mentor each other. Don't know if you're a non-traditional student - come find out!

WOCA (Women of Color Alliance) This statewide organization serves all women in Idaho, particularly women of color. Watch for info about the WOCA - UI Chapter. www.wocaonline.org

Safe Zone is a project to raise awareness and support for GLBT students, faculty, and staff. Members of Safe Zone respond to requests by individuals, living groups, faculty-classes, campus offices, for training in being allies and advocates.

Women's Dissertation Writing Group is a new group meeting regularly at the Women's Center this fall 2005. The intent is to support women working on the dissertation process

For more information www.uidaho.edu/womenscenter

TO JOIN

FLAME: Feminist Led Activist Movement to Empower, a student-led group that promotes gender equity and develops programs to stop violence against women. FLAME meets Thursdays, 5 P.M., in the Women's Center. For more information or to join, contact Cassie Searle at sear5469@uidaho.edu or Cassie Thompson at thom0696@uidaho.edu.

Women's Caucus for Art is a local group of women artists. The Women's Center hosts regular art showings in the Women's Center with openings for individual artists.

BITF (The Body Image Task Force) takes on issues of body image, eating disorders, and women's image in film and the media.

Women's Mentoring Program is being revitalized by an AmeriCorps member this year. We will offer mentor training, mentee assistance and joint receptions at the women's center for all participants.

Gay Straight Alliance, a student-led group to promote awareness and education for gay and lesbian students, allies, and families. This group is working on a safe zone project at the UI and distributes information about hate crimes laws and enforcement in Idaho. Contact alliance@uidaho.edu for more information.

Book Review

Cunt By Inga Muscio

An ancient title of respect for women, the word "cunt" long ago veered off this noble path. Inga Muscio traces the road from honor to expletive, giving women the motivation and tools to claim **"cunt" as a positive and powerful force** in their lives. In this fully revised edition, she explores, with candidness and humor, such traditional feminist issues as birth control, sexuality, jealousy between women, and prostitution with a fresh attitude for a new generation of women. Sending out a call for every woman to be the Cuntlovin' Ruler of Her Sexual Universe, Muscio stands convention on its head by embracing all things cunt-related. This edition is fully revised with updated resources, a new foreword from sexual pioneer Betty Dodson, and a new afterword by the author.

"Bright, sharp, empowering, long-lasting, useful, sexy..."

—San Francisco Chronicle

"... Cunt provides fertile ground for psychological growth."

—San Francisco Bay Guardian

"Cunt does for feminism what smoothies did for high-fiber diets —it reinvents the oft-indigestible into something sweet and delicious."—Bust Magazine

Cunt is a four letter word.

M a g a z i n e s

- Bust: For Women with Something To Get Off Their Chests
Bitch: Feminist Response to Pop Culture
iris: iris is a nonprofit publication sponsored by the University of Virginia Women's Center and the Studies in Women and Gender Program and staffed by UVA student interns.
Ms.: More Than a Magazine - A Movement

Come to the Women's Center Library to check out the latest books and magazines.

All people should be able to pursue their dreams and have the opportunity to compete for careers based on their individual ability, talent and hard work. The mentoring program is intended to encourage women to follow their dreams by providing them with information, encouraging their potential, and enhancing their self-confidence.

The goal of the mentoring program is to establish a positive and trusting relationship between a student and a more experienced woman who has a desire to help the mentee succeed in college, career and life.

Mentoring will involve students, staff, faculty and members of the community. Upper level undergraduates and graduate students may participate in peer mentoring.

The Women's Center Mentoring Program is currently looking for women interested in having a mentor or becoming a mentor. For more information contact the Women's Center at wcenter@uidaho.edu or 885-6616.

Women's Center Mentoring Program

FAT CORNER

Source: *Fat!So? Because you don't have to apologize for your size* by Marilyn Wann.

Self Hate Crimes

When my personal trainer, Cinder Ernst hears someone at the gym say, "Ugh my thighs are gross," she walks up to them and says, "Hey! You just insulted your thighs. I want you to apologize to them." They laugh, but they do it.

"If you could hate your body into changing, every woman in America would look like a magazine cover. Hating your body is futile, but it's especially futile around me," Cinder warns.

Despite Cinder's vigilance, and despite the best efforts of fat activists to make the world safe for thighs, people continue to commit self hate crimes.

We let that nagging internal voice say things about our bodies that we would never, ever tolerate from anyone else.

How would you react if someone came up to you and announced, "Ugh. Your thighs are gross"? Surely your answer would not be, "Oh you're so right. Can you ever forgive me for having thighs at all?" Surely you would say, "How rude! Get lost, jerk!"

You also wouldn't let some stranger come along and starve you or make you take dangerous drugs. So why would you diet or take diet pills? You wouldn't let some stranger deny you access to swimming pools or ban you from the beach just because your

bathing suit uses more than eight square inches of fabric, so why do you deny yourself the pleasure of playing in the water? And if someone vowed to make you miserable every day of your life, unless you removed large parts of your body, you would consider that person incredibly cruel, wouldn't you? So why would you postpone your own happiness until you become thin? Stop being cruel to yourself!

Self-hate crimes are on the rise in this country. They're practically the national hobby. But you can arm yourself against them. Just ask yourself, "Would I take this kind of mistreatment from anyone else?" Or better yet, "Would I treat another human being the way I'm treating myself right now?" If the answer is no, then that's a clue that you're committing self-hatred. Instead, practice this revision of the Golden Rule: Do unto yourself as you would do unto others.

For more info on Fat! So? visit:
www.fatso.com

For more info on a Positive Body Image visit:
www.bodypositive.com

Life is too short for self-hatred and celery sticks!

Ask Ms. Sharp....Go Ahead...Ask

Dear Ms. Sharp,

I noticed that on Dad's Weekend they get to eat burgers, watch football, and consume alcoholic beverages. Yet, on Mom's Weekend we have the Spring Forward Fun Run. Why is it that moms have to run and dads get to party?

Signed,

I don't want to run anymore.



Dear IDWTRA,

Have you ever participated in a Spring Forward Fun Run? Okay so the idea of running isn't great but you certainly can walk or even stroll. It's about three miles if that.

We could do a Fun Run for dads...but have you put one of these puppies together? Whew, what hard work! The Kappa Kappa Gammas and the Women's Center coordinate the event every year and there is plenty of work. So instead of running you could always volunteer...how 'bout them apples? Rumor has it moms know how to party just as hard as dads.



Dear Ms. Sharp,

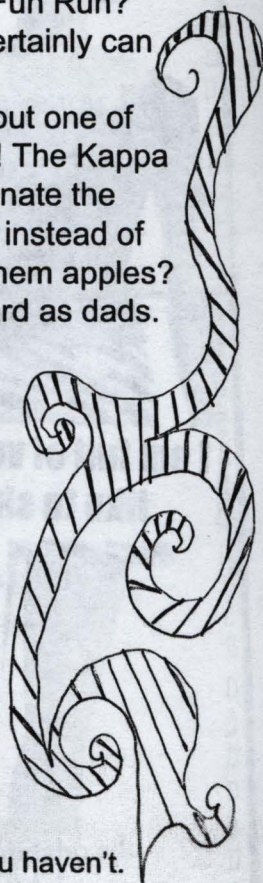
What is your favorite color?

Signed,

Just Curious

Dear JC,

It's blue. Thank you.



The dumbest question you can ask is the one you haven't.

Any Questions you want to post email askmssharp@hotmail.com

Letter from the Director

Join us for the new look and feel of the women's center. Our zine (a.k.a. newsletter) is only the beginning. Watch for our film series, regular brown bags, and a new Laugh Out Loud series. Remember that the Women's Center is yours so we love to hear from you – let us know how we are doing, what you like, what you don't like, what programs you want, who you'd like us to bring to campus....and on and on....Please talk to us.....email us.....(wcenter@uidaho.edu)

Stop by Mem Gym - Room 109 (that's us!) September 15 for our Open House - meet staff, student workers, volunteers, share good conversation and eat yummy food! We want to share our new look with you. You'll notice we have shifted the lounge around and made some changes to the library. We hope you like what we've done. The space is for you – for meetings, to study, to eat lunch, to read a magazine (we get Latina, Bust, Feminist Teacher, Bitch, Out, Essence, Newsweek and more!), chat with friends, use wireless or one of the available computers, watch a movie. Come on in for a spell!

Another new look is staffing. Shortly after school starts we will have a full time person to manage the office (yea!), we also created a position to do all programming related to GLBT issues (about time!), and we have a full time AmeriCorps member, Jenn HAYlett, who will work on the mentoring program. And, for those of you who don't know her, Amy Sharp, program advisor has brought creativity, ideas, energy, and lots of fun to the Women's Center! Thanks Amy!

We'll also include in each zine and on our web site a section related to international women's issues. After Amy and I watched Osama, a film about a young girl in Afghanistan who is forced to disguise herself as a boy to help her family, because they had no men to go out into the streets for food and work, we felt there was so much more we could do.

We still live in a world where women are the victims of horrendous violence in far greater numbers than men. Rape is being used, today, as a weapon of war in Darfur, Sudan and elsewhere. We want you to join us by learning about some of these issues and then finding ways to take action to end violence against women, to end female sex slavery, to end exploitation of women and girls. Together, we will learn how to push for girl's education, for fair trade and recognition of women's reproductive roles in addition to their roles in the work economy. Look for the column in each issue about International Women's Rights – you'll discover a different topic in each issue, find out if the Women's Center is showing a film about it or having a brown bag program on the topic. Then, you will find out how you can get involved or do more.

Stay tuned! See you soon!

Jeannie Harvey
Director
Women's Center



I am full of very useful information and would like to share it with my fellow sisters...

Write an article for the newsletter about a topic you care about – women and sports, relationship issues, Native American women, Latinas on campus, etc. This baby is published three times per semester.

Contact Amy Sharp at the Women's Center for more details: amysharp@uidaho.edu

page 12

I guess I just prefer to see the dark side of things. The glass is always half-empty. And cracked. And I just cut my lip on it. And chipped a
Janeane Garofalo

So you read your first issue of the Women's Center Zine (a.k.a The Newsletter) and you want more of this sweet stuff...

Add me to your email list.

Email:

Add me to your newsletter mailing list.

Name:

Address:

City:

State:

Zip:

We are excited to have you on board with us. Please tear this puppy out and mail to the Women's Center P.O. Box 441064 Moscow, Idaho 83844-1064. If you don't want to wait on snail mail email us at wcenter@uidaho.edu.

Take me off this crazy ride.

Remove me from your email list serve.

Email:

Remove me from your newsletter mailing list.

Name:

Address:

City:

State:

Zip:

Please email or mail us your info to: wcenter@uidaho.edu or Women's Center P.O. Box 441064 Moscow, Idaho 83844-1064. *Subject Remove.*

**University of Idaho
Women's Center
P.O. Box 441064
Moscow, ID 83844-1064**

**Stamp
Goes
Here**

Mailing Address Label

Memorial Gym Room 109, www.uidaho.edu/womenscenter, wcenter@uidaho.edu