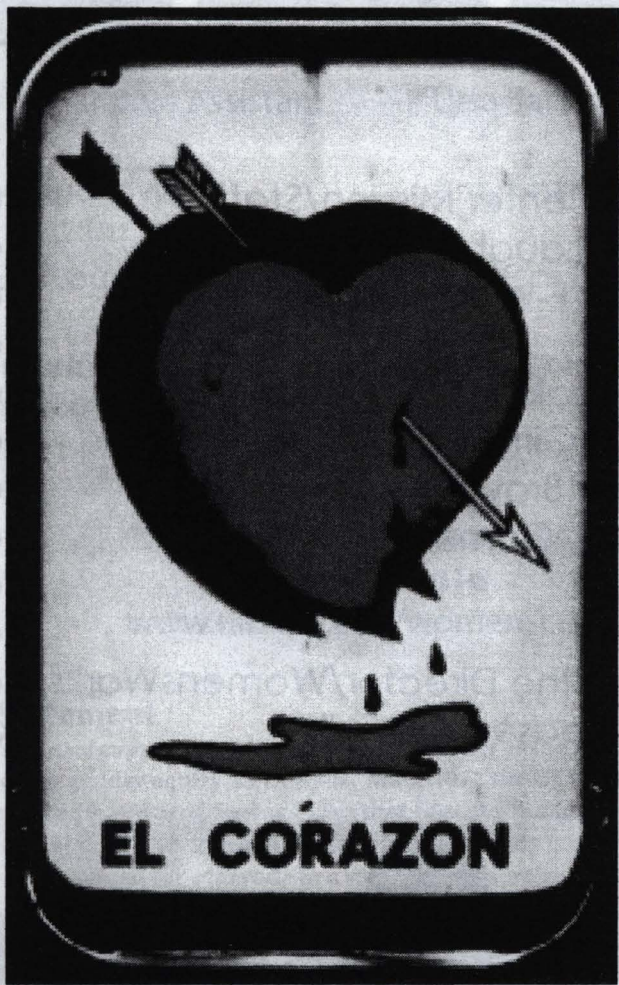


volume two
2005 october/november issue



**University
of Idaho**

women's center

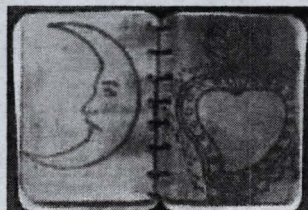


zine

(a.k.a. the newsletter)



this ain't your mama's sippin' zine



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Mission Statement

The Women's Center supports students, faculty, and staff at the University of Idaho in reaching gender equity on campus. Since 1972 the UI Women's Center has offered programs, services, and activities that educate, financially support, and help solve real problems to reach equity. Because equity is about all people, our services are provided for everyone in a safe and supportive environment.

Why a Women's Center?

Women's Centers exist because gender equity has still not been reached in any country around the world. Women still earn less than their male peers, and women of color face an even larger pay gap. Women earn fewer graduate degrees than men and hold only about 26% of tenured faculty positions on American campuses. Violence targeted against women is rampant in America, with more than half a million women reporting assaults by intimate partners and four women dying each day as a result of domestic violence. We still have lots of work to do!

*Film Series

Come in twice a month for a free afternoon film.

All films start at 3:30 pm in the Women's Center Lounge with free food!

Wednesday, October 19th @ 3:30pm

DOUBLE DARE is a double-barreled, action-packed documentary about the struggles of two stuntwomen in male-dominated Tinseltown to stay working, stay thin, and stay sane.

Thursday, November 3rd @ 3:30pm

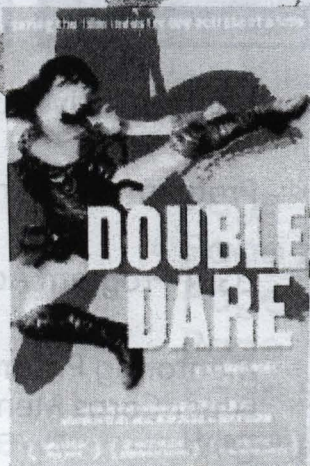
VERA DRAKE is an abortionist who finds her beliefs and practices clash with the mores of 1950s Britain--a conflict that leads to tragedy for her family.

Wednesday, November 16th @ 3:30pm

WHEN ABORTION WAS ILLEGAL: THE UNTOLD STORIES. Set against a historical and social backdrop, this video presents a portrait of the times prior to 1973, when profound social stigma surrounded both abortion and unwed motherhood.

Thursday, December 8th @ 3:30pm

HOUSE OF FLYING DAGGERS A romantic warrior breaks a beautiful member of a rebel army out of prison to help her rejoin her fellows, but things are not what they seem.



*Laugh Out Loud Series

You'll have something to laugh about once a month, guaranteed.

Wednesday, October 26th @ 3:30 pm

DAILY SHOW INDECISION OF 2004 is a hilarious time capsule of the follies and foibles of the 2004 presidential election.

Thursday, November 11th @ 3:30 pm

Political Cartooning: what is so funny, why there are so few women cartoonists, and how to become one.

Wednesday, December 14 @ 3:30pm

SAVING GRACE is a joint effort that will have you rolling in the aisle.



*This is a tentative schedule of events and is subject to change.

Brown Bag Series

it's actually not a lunch,
but more of a snacky dinner

Planned Parenthood and Reproductive Rights

Wednesday, November 11th @ 5:00 pm in the Women's Center Lounge
Lena Cassa and Kari Miller from Planned Parenthood talk about the center and our reproductive rights.

F-WORD RADIO PROGRAM

Feminizzle Monday's 3:30 pm to 6:00 pm

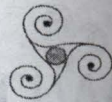
The F word is a Women's Center radio program dedicated to feminists and gender equity through music and discussion.

Our show is about different issues affecting women in our community, both nationally and internationally. We will share interviews from special guests of the Women's Center, information about different groups, and read articles from newspapers, newsletters and magazines. And keeping true to the KUOI 89.3 free form radio, we will introduce listeners to new women musicians and play the ones we might have forgotten all about.



KUOI'S InCue
NEWSLETTER IS
COMING
OUT SOON, SO
CHECK OUT ALL
THE LATEST IN SHOWS
AND MUSIC NEWS!

Women's Center Mentoring Program

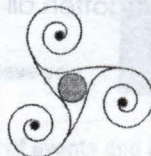
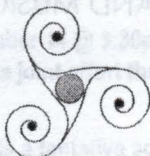


The Women's Center is happy to announce that it is reestablishing the Women's Mentoring Program. My name is Jennifer Haylett and I will be coordinating the program for the 2005-2006 school year. I am very excited to get this program started and would like to share my vision with you.

The Women's Mentoring Program will connect undergraduate level women one-on-one with a more experienced student (senior or grad. level), faculty or staff member in order to help them foster relationships of personal, professional and academic advice and guidance. I cannot stress the importance of forming these types of relationships! I recently graduated from the University of Idaho and throughout my undergrad, I was mentored extensively by two professors in my department. These relationships helped me immensely in developing my identity, sense of self, academic goals and professional timeline. My mentoring experiences completely changed my life and made my college years the most enjoyable years of my life thus far! No exaggeration! This is why I got involved in the Women's Mentoring Program. I want to share the mentoring experience with fellow women in college.

Mentoring has been around for a long time, but usually benefits men more than women. This is due to the fact that most mentoring is informal and top-tier positions in the work world are held predominantly by men, and since people tend to mentor people who are similar to them (in race, class, gender, etc.), women miss out on a lot of informal mentoring opportunities. The Women's Mentoring program works to provide women with this invaluable opportunity through a mentoring model with a little twist. Instead of creating a traditional mentoring program, which emphasizes one-on-one relationships, the Women's Mentoring Program will work to create a network model. Network models prioritize collectivity and an eclectic mix of mentoring sources. Women in the program will be connected one-on-one with a mentor, but they will also be invited to participate in the plethora of Women's Center activities (film series, brown bags, laugh out loud). In addition, I will function as an intermediary to help the whole show run smoothly and to set up informal luncheons for all mentors and mentees to attend.

If you are interested in the program, there is still space available. The applications are located in the Women's Center and are due by Oct. 14th. Also, I am in the Center all day so if you want to stop by and chat, I would be happy to talk with you about the program. I look forward to being involved in the program and empowering women. Education is a strong tool for social change! *Jennifer Haylett/885.6616/jhaylett@sub.uidaho.edu



DIY PROJECT!

Make a Card...It's a project that was done in a Women's Studies Course. It's to help profs and friends with the word "guys."

1. Copy this letter, cut it out, and glue it to colorful piece of cardstock.

Hey, You Guys!

Imagine someone walking up to a group of males students and saying, "Hey, girls, are you ready for class?" We doubt they'd be amused! That's why, as a woman, I don't like being called "one of the guys" or the words "freshman," "chairman," and "mankind."

Get over it, some people say. Those words are generic. They apply to everyone. If this is the case, how come the so-called generics are always male?

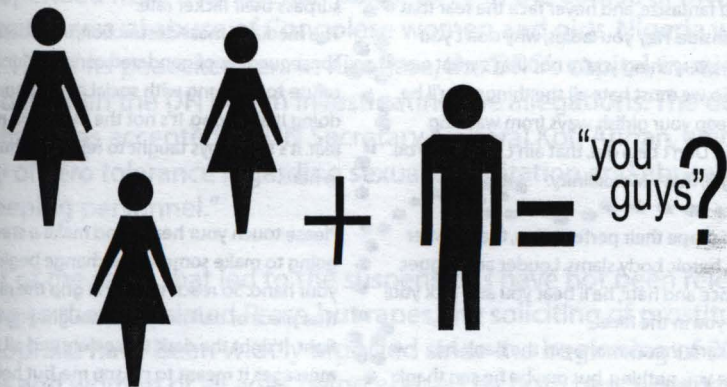
What if the generics ended in "white?" Freshwhite, chairwhite, and "hey, you whiteys!" Would people of color like being called "one of the whites?" I don't think so.

The terms "guys" makes me feel invisible by lumping me in with men. Let's quit doing that. When you're talking to a group of students, the sex of your student doesn't really matter, so why not replace "you guys" with "you all," "folks," or "y'all." Or simply say, "students." That would include all of us.

I know you care about teaching and I look forward to seeing the change in your language.

Thanks for your help.

2. On the other side of the cardstock, decorate it with a visual message like the one below.



3. Don't just limit your card making abilities to this; speak out with other card creations. Maybe make a Thank You card for someone who is mindful of their words and the folks around them.

Don't Be A Girl

a poem by Don Lazzarini, Violence Prevention Office

Could be your father, husband, brother, son—a
boyfriend, acquaintance, a son-of-a gun.

A daily struggle, you won't understand, these
messages I get...on how to be a man.

So forgive me, as I try to share the hopelessness,
that permeates the air, it isn't fair, it doesn't have to
be, it's just the truth, it's what you need to see. A
little boy, before the age of five, knows the
differences between a girl and guy, you girls are
something he's afraid to be.

Don't be a girl, that's what you should not be. Don't
be a girl, that's Masculinity.

This boy's reminded most everyday, around his
family and when he tries to play, to be aggressive,
to be strong and loud, demand attention, stand out
in a crowd. Don't you be crying, get up off your
butt, don't be a sissy or you can't hang with us. You
need a dress? Is that a tear I see? You ain't no man,
you got to squat to pee. Don't be girl, that ain't no
way to be. Don't be a girl, that's Masculinity.

It's hard to like what you should not be, can men
respect femininity? All our lives, on a killing spree, to
eliminate the feminine, that tries to live in me. It's
no surprise, our boys are socialized, to try and place
these girls on the other side. Where can we look,
and talk and fantasize, and never face the fear that
tears us up inside. Hey you ladies, why don't you
understand, every thing you're not that's what we
call a man. So we must hate all the things you'll be,
and try to keep your girlish ways from washing
off...you see. Don't be a girl, that ain't no way to be.
Don't be a girl, that's Masculinity.

Mass media shape their perfect man, the wrestler
on steroids, heroic body slams. Louder and bigger,
more violence and hate, he'll beat you and kick you,
and smash you in the face.

He doesn't care, there's money in the bank, he
doesn't owe you nothing, but maybe he can thank
the media, for all they say and do to bring their
mass destruction into a home or two. Where are all
these boys, try hard to be man, don't tell me this is
natural, we got to take a stand.

Don't be a girl, that ain't no way to be. Don't be a
girl, that's Masculinity.

It's getting weird, some of the things I see, painting
up the little girls and calling them sexy, they want
the look, you know that Britney Spears, a little too
much hoochie, that makes me start to fear, people
will blame the girls for how they dress. It's Britney
and the media that started all this mess. It's not just
boys that're on a killing spree, the media wants
objects...that's girls to you and me.

But they don't care, they think they're such a treat,
it's natural to turn these girls into a piece of meat.
This kind of hate, it don't stay on the screen, it
tracks down real women, but you don't hear their
screams. Don't be a girl, that ain't no way to be.

Don't be a girl, that's Masculinity.

You all came here to take back the night, but
darkness ain't your problem, so let me shed some
light on what must change, what we can start to
do to try and stop this violence that's killing me
and you. We got to teach our little boys to see we
value their emotions and sensitivity. These things
are human, gifts that live inside, we've got to let
boys integrate their loving peaceful minds. You got
to stop the media assault, that changes boys
forever-- it's simply not their fault. Their brains can't
tell the real from the fake, when media and video
surpass their flicker rate.

The media of mass destruction, intended
consequences of gendered construction. Get mad
refuse to go along with social education that's
doing it all wrong. It's not the night you need to
fear. It's little boys taught to reject the humanness
in here.

Please touch your hearts and make a stand. We're
going to make some social change beginning with
your hand. So reach it up, and grip the night, hold
that piece of darkness you thought you had to
fight. It's not the dark, it's society and all the ugly
messages it meant to poison me, but here I am,
father, husband, son--there are many out there like
me, I'm not the only one. Call me a girl, that's good
4 me, the only thing we need to change is
Masculinity. So walk the night, take back the day,
the hope is in our passion we have found a better
way. Call me a girl, that's good 4 me, the only thing
we need to change is Masculinity.

Take Back the Night is designed to bring awareness and empowerment to individuals and to inspire action to end gender-based violence.

Join students from the UI Women's Center, campus, and community members in reclaiming the night from violence against women.

TAKE BACK THE NIGHT

Thursday, November 3rd

Meet @ 6:30 pm in front of Library.

FLAME will provide picket signs and candles to march with, or folks can bring their own. FLAME and BEAR will also be selling luminaries to Greek houses and Campus Residences to place along the trail to show their support.

Feminist News Wire

UN Peacekeepers Suspended from Police Force after Sex Abuse Allegations.

Eleven Nigerian police officers who were part of a United Nations (UN) peacekeeping mission in the Democratic Republic of Congo (DRC) have been suspended from the Nigerian police force in the course of investigations into the sexual abuse of Congolese women and girls. Nigeria withdrew all 120 of its peacekeepers in Kinshasa, the DRC's capital, in mid-September when the UN began investigating the allegations. The decision to withdraw was accepted by UN Secretary-General Kofi Annan, who cited "a policy of zero tolerance regarding sexual exploitation and abuse ... by peacekeeping personnel."

The facts of the cases that led to the suspensions have not been released, according to the Associated Press, but rapes, the soliciting of prostitutes, and pedophilia have been widely reported since the beginning of 2004, with girls and women of all ages being abused by both peacekeepers and civilians. In August 2005, the UN began an investigation of the allegations of sex abuse suffered by Congolese women and girls, according to the BBC, including those against the Nigerian policemen.

www.feminist.org/news

Brown Bear, Brown Bear, what do you see?

by James French



"[M]asculinity is an ethical construction: We construct it through our acts ... through the acts we commit that are 'male' things to do," and "So long as we continue to try to act in ways that keep us still 'men,' we are doomed to paralysis, guilt, self-hatred, inertia. So long as we try to act as men, in order to continue to be men, in order to do our bit in the social construction of the entity that is the sex class men, we doom women to injustice: the injustice that inheres in the very idea that there are two sexes [author's emphases]."

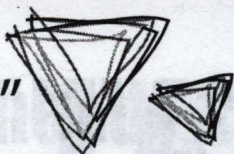
I have it in mind to answer the question "Why are you a [radical] feminist?" (or alternatively, "Why do you adhere to radical feminism?" if the questioner believes there's an ontological incompatibility with such a self-identification) with "Because if I wasn't, I would be a rapist," though admittedly for me this is overly simplistic. It becomes more and more clear to me that the essential construction of the self that I had publicly evinced purported to support – strength (seen in the funhouse mirrors of women's bodies), virility, androcentric erudition – inhere in what I might call rapism. As Valerie Russo and Don Lazzarini of the Dean of Students Office Violence Prevention Programs oft repeat (as a warning, I gather), rape and its conjugates are toxic words, a forbidden subject – as off limits as vagina before Eve Ensler; though it is such an accurate naming I feel since, in resonance with those advocating for the end of racism in America, to be born male in this patriarchy is to be grow up a rapist, the same way in which to be born white is grow up

a racist. Peggy McIntosh discusses the "invisible knapsack of privilege" that I carry as a card-carrying member of the neutral, objective, universal caste exculpated before the Others-as-shunt-ground of my society's guilt. Not that I sit in a personal reprieve as I make self-disparaging comments from my private privileged pedestal, yet indeed in stark moments of awakening – fleeting radical feminist consciousness – what else am I but at any spin of the roulette one of patriarchy's multifarious minions when I coast downstream, listless and inactive, supporting the tide of water in which I am buoyant from birth, in active conscious decision to not interfere? I begin to think that support for a system comes not so much from its fundamentalist elements (though dare I not err on minimizing their influence) but from mass tacit acceptance, listless compliance – in a rape culture; just as I am an American living in American culture, what am I but a rapist if I am not an activist against rape? Rapism inheres in my everyday silence at pedophile jokes, my strict code of non-interference in the humiliating and hateful acts of others, my shared jokes and high-fives at the expense of the women we as men, just put down or the "effeminate" queers against whom we've declared war and demarcated our boundaries, as men – snools of a feather. To be invited into the Women's Center is a chance to walk nigh-orthogonal to the patriarchy's edifice, sheathe and discard my looming threat-to-rape as claim-to-power, to live the imperative of refusing to be a man; and what humbling become me at the opportunity. The Personal is the Political: To act the man is to worship the perpetrator, one among many of an impetus for repudiation of manhood-solidarity and other false loyalties.

¹ Soltenberg, John. *Refusing to be a Man*. (1989). New York: Routledge, 2000. 163.

James French is a volunteer at the Women's Center and a part of the B.E.A.R. program.

"Come out, Come out!"



"Come out, come out, wherever you are!" is the old phrase we would call out when we played Hide and Seek on summer nights in our small town Iowa neighborhood. You all know the drill – one kid ("It") hides, while the rest of the gang closes their eyes and counts to ten, and then goes running off in search of "It." Ah, the good old days...

These days, that phrase calls out to me a little differently, as I help make plans for National Coming Out Day events on our campus. Today I hear it as, "Come out, come out, WHO ever you are," and I think about all of us who have some stake in hiding a bit (or a lot) of who we are from the world.

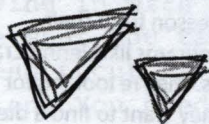
For instance, coming out as a Liberal right now can get you slammed pretty hard politically since Conservatives seem to currently have the upper hand. Or some folks who're Christians may not want to openly stand up right now in a religious climate where certain "Right" Christians seem to have the loudest voice. Or maybe you're a university administrator or teacher who feels you can't publicly support certain issues on your campus because of the climate in the state legislature that funds you. It can get pretty complicated these days, coming out of hiding in this grown-up world.

As Gay, Lesbian, Bisexual, and Transgender people, we think long and hard about what we risk in telling who we are. Parents, family members, or friends often cut us off from their love. Jobs can be lost, or even our home, depending on our living situation when we decide to come out. And our economic situation could take a total dive if we are dependent on others who don't support who we are.

But, at some point we are driven to do it. We may start by sticking out a toe, and if that's not stepped on, we take bigger step – or some of us may just jump out all at once. However we do it, we finally know we have to claim who we are in order to live an authentic life.

Please join us for National Coming Out Day events October 11 at the Commons! And watch for our PINK postings and in the Arg for details about the Coming Out Stories video October 13, and the special Kiva performance on Friday night, Oct. 14.

Rebecca Rod, GLBT Program Advisor, 885-6544,
rebecca@sub.uidaho.edu



Calendar of Events for Coming Out

October 10th & 11th "Tarnation" in SUB Borah Theater, 7 pm and 9:30 pm. A film about a young gay man in redneck territory.

October 11th National Coming Out Day!

Tabling in Commons Plaza with GSA Coming Out Door

10:30 am - 12 noon Surprise "Coming Out" performances at various locations, including Commons area

12 Noon >>> Signature Event with President Tim White <<< 12 Noon Dean Bruce Pitman and Andreen

Neukranz-Butler, Human Rights Office

October 13 Premier showing of video "Coming Out Stories" video, at the Women's Center Join us for the first Lavendar Lunch!

October 14 Coming Out Friday Event - Kiva Theater, 7 - 9 pm "Theater Performance," directed by Audrey Wax "Coming Out Stories" video, produced by Marsha Schoeffler Discussion and refreshments following

October 18 "Gays and God," Religion and Ethics video & discussion, 7 pm Facilitated by Sharon Kehoe, at the Campus Christian Center



FAT CORNER

Source: *Fat!So? Because you don't have to apologize for your size* by Marilyn Wann



The Search for the Cure

The following is a history of success: the financial success of prescription diet drug manufacturers, not the weight-loss success of their customers.

Keep this in mind: If any one so-called cure could actually turn fat people into thin people, then all the rest of these so-called cures would go out of business. The one true cure would make a lot of money for a little while, until all the fat people had disappeared. Then it, too, would go belly-up. That's not what happens. The very existence of all these weight-loss potions is proof that none of them work.

Also keep in mind that prescription drugs listed in this time line were sold in an eager public before their harmful, and even deadly side effects were known. Sometimes drugs are sold to us despite knowledge of their dangers. Drug companies' customers are actually paying for the privilege of being guinea pigs.

Modern makers of doctor-prescribed diet drugs aren't looking for a one-shot cure for fat. They've taken a lesson from their colleagues at diet programs like Jenny Craig and Weight Watchers. They're looking for repeat customers. They want to find a diet pill that keeps you coming back because that will yield long-term profits. Their dream pill produces a slight drop in weight (say, six pounds compared to placebo), a loss that only lasts as long as you take the drug. Sound familiar? One researcher gave it this spin: Fat is a chronic disease with no cure. So it needs ongoing treatment to prevent a

relapse. (Does this remind you at all of the folks who want to cure homosexuality?) To all of this I say, "Yeah, right." That's why, as Americans keep getting fatter on average, the death rate keeps dropping. Nothing is wrong with being fat. Everything is wrong making a profit from the oppression and self-hatred of fat and not-so-fat people.

These days, though, the "cure" doesn't even have to work; people will still buy it. The weight loss researchers now claim that people will see health improvements with only a 10 percent reduction in total body weight. They're just lowering the bar; the current crop of diet drugs only manages to produce a 10 percent reduction in weight. Being fat is no chronic disease. It's more like a chronic source of income for the diet industry. The bulge most likely to disappear is the one located in a fat person's wallet.

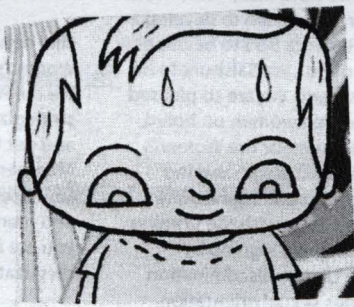
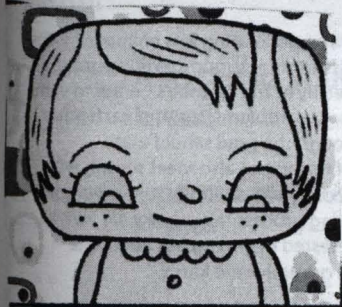
"Just Say No" to diet drugs. Say no to swallowing a little piece of self-hatred every day. Say no to being cut down to size by people who want you to feel bad about yourself.

Finally, please keep in mind: You can't put a price on pride. Fat pride is a whole lot cheaper than any of these alleged cures, and a million times more effective in increasing your happiness and even your health. Pride requires no prescription. It has no dangerous side effects and untold benefits.

[check out noplainjane.org](http://noplainjane.org)

Life is too short for self-hatred and celery sticks!

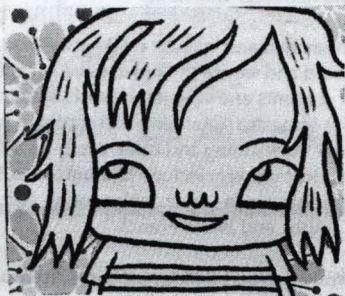
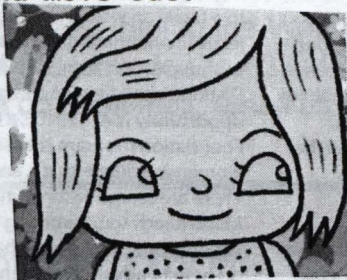
Ask Ms. Sharp...Go Ahead...Ask.



Dear Ms. Sharp,

I moved in with my boyfriend 6 months ago and we have been together for 3 years. And lately he has been acting like he doesn't care about me or my feelings. I just finished the book *He's Just Not That Into You*. Do I dump him and move out?

Signed,
Book Reader



BR,

I read the book too. In some cases *He's Just Not That Into You* can shed some light on a difficult situation and make it very cut and dried. After consulting with my little sister she said, "Moving in with someone is always tough at first. Because what you used to do that was romantic (like a date) doesn't cut it. What needs to be done is some communication. You need to let him know he has got to do more than just a dinner and a movie. He has to step up his game to let you know he still cares. And the road travels both ways...you have to do the same for him."

My little sister is a wise woman. Amen.

It's tough being a girl but even harder being a grown woman.

The dumbest question you can ask is the one you haven't.

Any Questions you want to post email askmssharp@hotmail.com

A Letter from the Director!

The women's center finally has a full crew – and we are busy! This fall we have hired Jenn Haylett through the AmeriCorps program to develop a mentoring program, Rebecca Rod to be our new GLBT program advisor, and Lysa Salsbury to be our administrative assistant. We are so pleased to have these very talented women on board. Jenn is well into recruitment for the Women's Mentoring program and will begin making mentor-mentee matches soon. Thanks, Jenn! Rebecca started immediately with the Coming Out Day activities, including a signing by President White of the UI non-discrimination policy that now includes sexual orientation. Thank you, President White! After Coming Out Day, Rebecca will start the Safe Zone project activities for the year. Lysa jumped into budget training, budget systems and helping us visualize new ways of organizing center operations. We are so lucky to have Lysa, Jenn, and Rebecca. Thanks all!

Other staff and student workers are also on board and we are thrilled to have a great group of students and volunteers working at the center this semester. Amy Lowe will continue to help us with library, filing and other catch-up tasks. Student workers include Maribel Garza, Martha Venegas, Linda Lopez, Janice Lange, Nancy Campos, and James French.

WomensWorks holiday art fair is just around the corner and we are excited about this year's fair. Lots of returning artists as well as new ones have registered to participate this year. Stop by for holiday shopping: jewelry, pottery, fabrics, and more. Plus, enjoy live music and good food. Get the holiday spirit in gear with WomensWorks. November 11th from 11:00 am – 6:00 pm and

Nov 12th from 10:00 am – 5:00 pm in the SUB Ballroom. See you there!

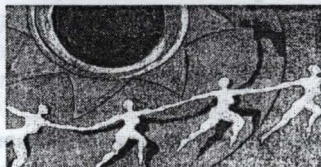
One new group generating lots of interest is the Women's Dissertation support/writing group. We meet weekly at the Women's Center to vent, strategize, solve problems, support each other and get through the grad school maze. Members of this group also meet socially with faculty over dinner to continue the strategizing and mentoring process. How lucky are we? If you are interested in finding out about the dissertation group, let me know.

We're also working on a couple of grants, one for the Diversity Initiatives Growth Grants or DIGG that supports a wide variety of programs and projects to support diversity on campus and in the community. One major theme this year is Women's Issues and we hope to offer a series of events from celebrating International Women's Day with Women's Studies Awareness activities to a focus on women at the Native American film festival, culminating in a special guest and program for the Virginia "Ginny" Wolf Distinguished Service Awards. The second grant opportunity is ADVANCE, a National Science Foundation program that seeks to advance women in science, math, and engineering fields. There are many reasons why the University of Idaho needs to be working on this type of support program. We do have a lot of work to do here to advance women toward equity.

Until next time.....make your work and life count to end violence, to make the world safer, to right injustices.....Thanks,
Jeannie

*The University of Idaho Women's Center cordially invites you to the
10th Annual*

WomensWorks



*a holiday art fair
of quality gifts made by women*

Friday, November 11,
11:00 a.m. - 6:00 p.m.

Saturday, November 12,
10:00 a.m. - 4:00 p.m.

University of Idaho
Student Union Ballroom

I am full of very useful information and would like to share it with my fellow sisters...

Write an article for the newsletter about a topic you care about – women and sports, relationship issues, Native American women, Latinas on campus, etc. This baby is published three times per semester. Contact Amy Sharp at the Women's Center for more details: amysharp@uidaho.edu

So you read your first issue of the Women's Center Zine (a.k.a The Newsletter) and you want more of this sweet stuff...

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
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We are excited to have you on board with us. Please tear this puppy out and mail to the Women's Center P.O. Box 441064 Moscow, Idaho 83844-1064. If you don't want to wait on snail mail, email us at wcenter@uidaho.edu.



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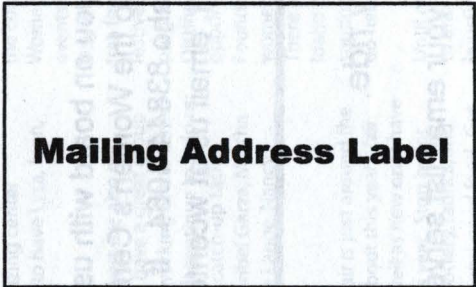
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